

Food and More

Lesson Objectives

- The children will state that God provides us with food and clothes.
- The children will sing about how God cares for the birds and flowers.
- The children will do activities to reinforce the concept of God's individual love and care for all of his children.

Bible Story Text

Matthew 6:25-33,
Matthew 10:30-31a

Bible Truth

God takes care of me.
(Matthew 6:33)

Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

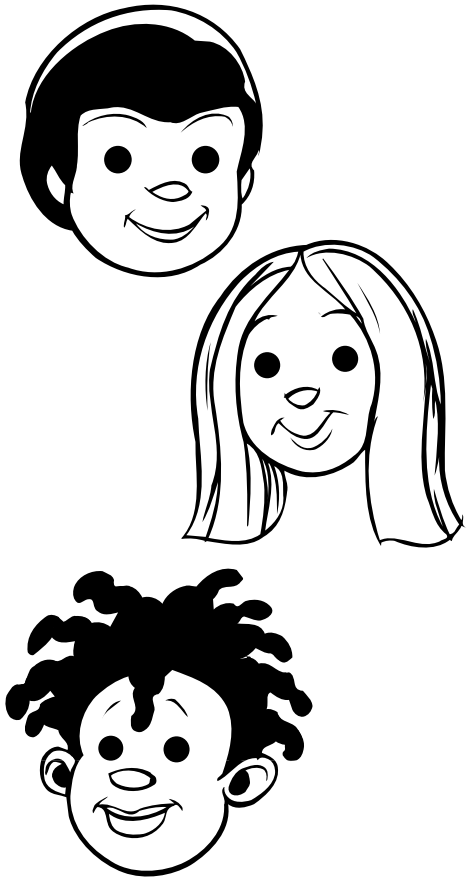
Centers:

Bible Story: Thank You

Life Application: Going on a Picnic

Craft: Food Glorious Food

NOTE: Be sure to allow sufficient time for a snack.



Food and More

Preclass Centers

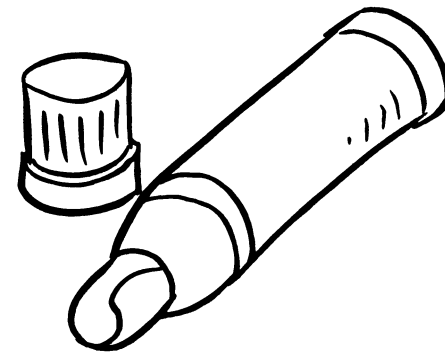
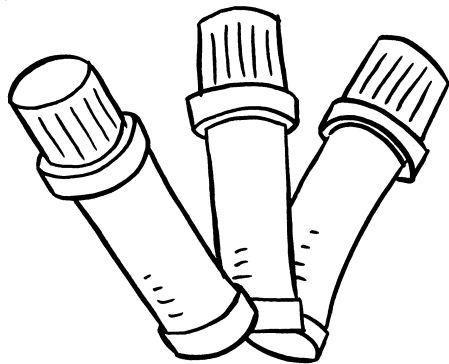
In the preclass centers children will use language, motor, and cognitive skills, learn to interact with peers and cooperate in small groups.

Select four centers to use this unit. Assign a teacher to set up and supervise each center with no more than six children.

Materials

IMPORTANT: Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.

- Housekeeping Center—2 washable dolls (of diverse ethnicity, e.g., black and white), play food, dishes and 2 small blankets
- Story Center—simple books with limited text (cardboard are the most sturdy and durable) and large pillows
- Block Center—set of large blocks, people, animal figures (plastic or wooden) and toy cars
- Puzzle Center—1 puzzle for each child (for twos each puzzle piece itself should be a complete familiar object, for threes most can complete a 20-piece puzzle). **NOTE:** A puzzle should have all the pieces. If a puzzle piece is lost, the entire puzzle should be thrown out.



Instructions

Guide the play in each center reinforcing the unit theme. Refer to the following example for help in directing play and asking relevant questions.

In the Housekeeping Center play with dress up clothes and pretend food. Ask the children: *Who gives you clothes? Who gives you food?* (family, God)

Teacher Tips

- You may want to try other centers such as transportation, large motor or manipulative.
- Wear comfortable clothes suitable for sitting on the floor.

Food and More

Thank You

The children will learn that God provides us with food and clothing.

Bible Story Text

Matthew 6:25-33, Matthew 10:30-31a

Materials

For each child:

- 1 piece of play food or empty food box
- 1 piece of clothing
- 1 plastic egg
- 1 pretend baby bird, to fit in the plastic egg

For the teacher:

- Bible
- artificial flowers
- plastic flower pot
- small piece of styrofoam, to hold flowers in pot
- bird's nest, from a craft store or made from sticks
- plastic Easter grass or floral moss
- yellow sun, made from yellow construction paper or poster board
- watering can

Preparation

1. Place the piece of styrofoam inside the flower pot and stick the flowers into it. Place plastic grass inside the pot to cover the Styrofoam.
2. Put a small bird inside each plastic egg and place them on the nest.

God Cares

Open the Bible. *Today we are going to talk about how God takes care of us. Do you know that God takes care of you? The Bible says that God takes care of us by giving us food to eat! Who likes to eat food? Laurie, what kind of food do you like to eat?* Give each child one piece of play food to hold. Have each child name what they are holding.

The Bible says, "God gives us food." God takes care of us by giving us good food to eat (Matthew 6:25). Put away the food items.

Give each child one piece of clothing. *The Bible says, "God gives us clothes." God takes care of us by giving us clothes to wear.*

Corbin, what clothes are you glad that God gave you? Let each child tell you what piece of clothing they are holding. Put away the clothing.

Show the children the flower pot with the flowers in it. *Aren't these flowers so pretty! The Bible says that God takes care of the flowers too. Did you know that? God made the flowers, and he takes care of them. Do you think flowers worry about what they are going to look like? No, because God makes them so pretty. Do flowers say to God, "I need some sun," or "I'm thirsty. Could you give me a drink?" No, they don't need to. The Bible says that God knows what the flowers need, and he makes sure they are taken care of! God says, "The flowers need sun today." Hold up the sun over the flowers. And he makes the sun come out. God says, "The flowers need a drink today." Pretend to pour water out of the watering can over the flowers. And he makes it rain. Let each child take a turn pretending to water the flowers. The Bible says that God takes care of the flowers and that we can be sure that he will always take care of us. God always knows what we need (Matthew 6:28-31). He even knows how many hairs are on our head! Do you know how many hairs are on your head? No, there are too many to count. But God knows exactly how many hairs each of us has (Matthew 10:30).*

Take out the nest with the eggs. *What are these? Look at how pretty they are. What do you think might be inside them? Let's look! Open an egg slowly and show the children the baby bird inside. Oh, look! A baby bird! Hold it in your hand and let each child pet it carefully with a finger. Who is going to take care of this baby bird? The Bible says that God will take care of it. He made the birds and he takes care of them! Do you think the baby bird has to say, "I am hungry! Feed me!" No! God gives the baby bird a mommy bird to feed the baby bird. Let each child open an egg and pretend to feed the bird. The Bible says if God takes care of the flowers and the birds, that you can be sure that he will always take care of you. You are much more important to God than flowers and birds! You are his precious child!*

NOTE: Save the flower pot, birds, eggs, and sun for the Unit 21 Lesson 2, Bible Story.

Food and More

Conclusion

Ask the children the following questions to review the story:

- Who gives us food? (God)
- Who gives us clothes? (God)
- What does God do to take care of the flowers?
(gives them sun, water)
- What does God do to take care of the birds? (gives them mom-
mies, gives them food)
- Will God always take care of you? (Yes!)

Sing "Thank You, Lord" from the Unit 21 Song Sheet.

Teacher Tips

- Use any additional props that will enhance the story.



Food and More

Going on a Picnic

The children will go on a picnic to reinforce the lesson that God gives us food.

Bible Truth

God takes care of me.
(Matthew 6:33)

Materials

For each child:

- 1 brown lunch bag
- ¼ banana or a peeled apple
- 1 small cup
- napkin

For the teacher:

- Bible
- 1 large bottle of water
- blanket, sheet or tablecloth
- picnic basket or large bag
- food wrap or sandwich bags

Preparation

1. Make a lunch bag for each child as follows:
 - A. Cut the fruit into a few pieces.
 - B. Put a napkin and a piece of fruit in each bag.
2. Put the appropriate number of bags into the picnic basket for each small group.

Instructions

Has anyone ever been on a picnic? Who likes picnics? Today we are going to go on a picnic right here in class! Have the children help you spread out the blanket on the floor.

We have a blanket to sit on. What do we need now for our picnic? We need some picnic food! Where do you think we will find our picnic food? Yes, in a picnic basket! Pick up the basket.

Let the children peek inside the basket. Look, lunches! We have a lunch for each one of you to eat! Let's all sit down on the blanket, and eat our lunches. How many lunches do we need? Count the children touching each child on their arm as you count them. Ask the children to count with you.

Take out each bag, counting them as you do. Give one bag to each child saying the child's name and counting as you hand them out. *We have 6 children, and we have 6 lunches! Let's have each one of you pick up a lunch, as I say your name. Number one is Cindy, number two is Jean, number three is Kent, etc.*

What is inside our bags? Have the children open their bags and name what is inside. What do we need to do before we eat? Tell God thank you! Let's pray. Dear God, thank you for our food and for our picnic! Thank you for always taking care of us. In Jesus' name we pray. Amen.

Have the children help you clean up all of the trash and throw it away.

Sometimes on picnics we eat peanut butter and jelly sandwiches. Who likes peanut butter and jelly? Let's sing a song about it. Sing the "Peanut Butter and Jelly Song" from the Unit 21 Song Sheet.

Who made peanuts to make peanut butter? God did! Who made fruit to make jelly? God did!

Bible Truth Activity

Open the Bible. *The Bible says, "God takes care of me." Can you say that? God takes care of me. God takes care of us by giving us food, just like we have here for our picnic!*

Conclusion

Let's talk to God. Dear God, thank you for loving us and caring for us all the time. Thank you for our picnic! We love you! In Jesus' name we pray. Amen.

Who are you going to tell about Bible class today? What are you going to tell them?

Teacher Tips

- **IMPORTANT:** Be sure that none of the children have allergies to any of the snacks you may serve during this activity. Ask the parents at registration if their child has any food intolerance or food allergies.



God takes care of me.



Food and More

Food Glorious Food

The children will make a placemat to remind them to be thankful to God for food.

Materials

For each child:

- 1 piece of bright-colored construction paper, 12" x 18"
- 1 paper plate
- 1 brass fastener
- ½ pipe cleaner
- 1 piece of fabric, 5" x 5"
- 1 small plastic bag
- 1 plastic fork
- 1 plastic spoon
- 1 plastic knife
- glue stick
- crayons

For the teacher:

- magazines and/or newspapers with pictures of food
- scissors
- ruler
- marker
- tape
- push pin (optional)

Preparation

1. Cut out four pictures of food from magazines for each child.
2. Placing the paper horizontally, write "God takes care of me." across the top of each piece of construction paper and "Thank you God for food." across the bottom.
3. Cut out a 5" x 5" napkin for each child from fabric.
4. Put a plastic fork, knife and spoon inside a small plastic bag for each child.
5. Cut ½ pipe cleaner for each child.
6. Make a model of the craft.

Instructions

1. Show the children the model of the craft. Read the words to them. *You are going to make a place setting to remind you where our good food comes from.*
2. Give each child a piece of construction paper and a plate. As you distribute the plates ask each child where food comes from.
3. Help each child to place the plate on the construction paper and then push a brass fastener through the center of the plate and the paper. Open the wings and tape them down on the other side of the paper.
4. Have the children color their place settings.
5. Have each child choose four pictures of food to glue onto the plate.
6. Give each child a plastic bag, with plasticware inside, and a cloth napkin. Help each child to wrap the fabric around the bag.
7. Wrap a piece of tape around the napkin to hold the plasticware inside.
8. Push both ends of the pipe cleaner up from the back of the construction paper to the front. See Figure A.
9. Have the children place their napkins in between the two pipe cleaner ends and then help them twist the ends together holding the napkin in place.
10. Write each child's name across the bottom of the papers.

Conclusion

Using the crafts as props, sing "Thank You, Lord" from the Unit 21 Song Sheet.

Teacher Tips

- Poke holes in the plates, and the pieces of construction paper with a push pin to make it easier to insert the brass fasteners and the pipe cleaners.
- Be sure to write in the edges of the paper so the plate will not cover the words.
- Cut the plastic bags down to a smaller size and tape them closed.
- Tape together two 9" x 12" pieces of construction paper to make one 12" x 18" piece of construction paper.

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craft

Food and More

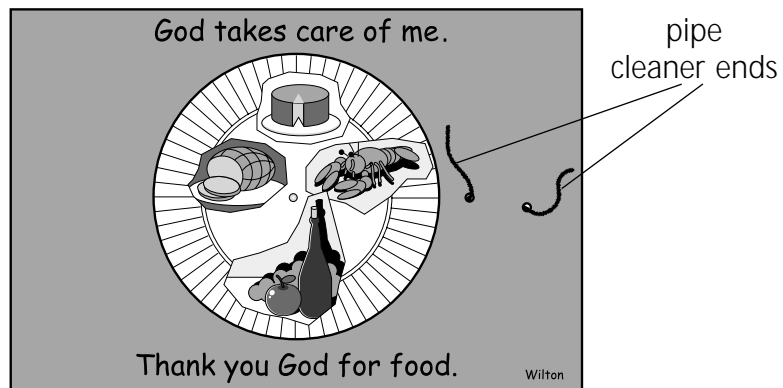
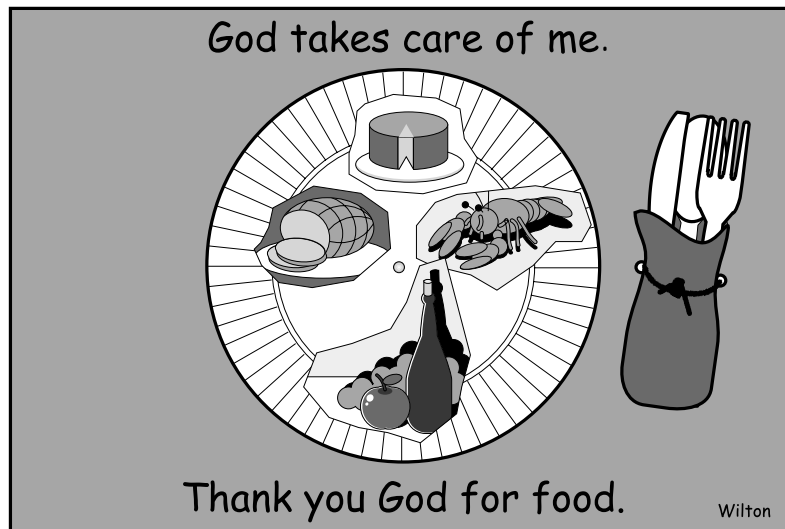


Figure A



Finished Craft





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Bible Truth

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Preclass Centers

In the preclass centers children will use language, motor, and cognitive skills, learn to interact with peers and cooperate in small groups.

Select four centers to use this unit.

Assign a teacher to set up and supervise each center with no more than six children.

Materials

IMPORTANT: Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.

- Housekeeping Center—2 washable dolls (of diverse ethnicity, e.g., black and white), play food, dishes and 2 small blankets

- Story Center—simple books with limited text (cardboard are the most sturdy and durable) and large pillows
- Block Center—set of large blocks, people, animal figures (plastic or wooden) and toy cars
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Instructions

Guide the play in each center reinforcing the unit theme. Refer to the following example for help in directing play and asking relevant questions.

Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

Centers:

Life Application: Every Hair on My Head

Bible Story: Thank You

Craft: God Cares

NOTE: Be sure to allow sufficient time for a snack.

In the Housekeeping Center play with dress-up clothes and pretend food. Ask the children: *Who gives you clothes? Who gives you food?* (family, God)

Teacher Tips

- You may want to try other centers such as transportation, large motor or manipulative.
- Wear comfortable clothes suitable for sitting on the floor.

Life

Application

Every Hair on My Head

The children will make a "hair graph" to explore the differences in each child's hair. This will also emphasize the concept that God knows every hair on their heads!

Bible Truth

God takes care of me.
(Matthew 6:33)

Materials

For each child:

- crayons (similar to hair colors)
- glue stick

For the teacher:

- Bible
- 1 large piece of white poster board
- black marker
- yard stick or ruler
- colored markers or crayons
- scissors
- glue stick
- hand mirror
- 1 piece of paper

Reproducible Pages:

- Page A, 1 copy for each child

Preparation

1. Make ten columns across the poster board and write across the top "'And even the very hairs of your head are all numbered.'" Matthew 10:30."
2. Using a copy of Reproducible Page A, color and cut out each picture.
3. Glue one picture at the top of each column on the poster board.

Instructions

1. Open the Bible. *The Bible says, "And even the very hairs of your head are all numbered. So don't be afraid" (Matthew 10:30-31a). Wow! Did you know the Bible said that? God even knows how many hairs are on your head.*
 2. Ask each child how many hairs they think are on their heads? Write each child's name and response on the piece of paper.
 3. Show the children the poster and talk about different types of hair: straight, curly, thin, thick, etc.
 4. Give the first child a copy of Reproducible Page A. Have the child look in the mirror and then choose which type of hair they have.
 5. Have the child color that picture.
 6. Repeat this with each child in the group.
 7. Cut out each child's picture and have the child help you choose which column on the poster board to glue it in.
 8. Write the child's name and the number of hairs on their head that they guessed, under the picture they colored.
 9. Sing the "Hair Song" from the Unit 21 Song Sheet.
- NOTE: Save the poster for the Unit 21 Lesson 2, Life Application.

Bible Truth Activity

Open the Bible. *The Bible says, "God takes care of me." Can you say that with me? God takes care of me. God even knows how many hairs are on your head! He loves you so much!*

Conclusion

Let's talk to God. Dear God, thank you for loving us and caring for us all the time. Thank you for even knowing how many hairs we have on our heads! We love you! In Jesus' name we pray. Amen.
Who are you going to tell about Bible class today? What are you going to tell them?

Teacher Tips

- Use your own drawings if you need different hair types for the chart.
- Display the poster at the Registration Table for the parents to see. They will love it!



Thank You

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Preparation

1. Place the piece of styrofoam inside the flower pot and stick the flowers into it. Place plastic grass inside the pot to cover the Styrofoam.
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God Cares

Open the Bible. *Today we are going to talk about how God takes care of us. Do you know that God takes care of you? The Bible says that God takes care of us by giving us food to eat! Who likes to eat food? Laurie, what kind of food do you like to eat?* Give each child one piece of play food to hold. Have each child name what they are holding.

The Bible says, "God gives us food." God takes care of us by giving us good food to eat (Matthew 6:25). Put away the food items.

Give each child one piece of clothing. *The Bible says, "God gives us clothes." God takes care of us by giving us clothes to wear.*

Corbin, what clothes are you glad that God gave you? Let each child tell you what piece of clothing they are holding. Put away the clothing.

Show the children the flower pot with the flowers in it. Aren't these flowers so pretty! The Bible says that God takes care of the flowers too. Did you know that? God made the flowers, and he takes care of them. Do you think flowers worry about what they are going to look like? No, because God makes them so pretty. Do flowers say to God, "I need some sun," or "I'm thirsty. Could you give me a drink?" No, they don't need to. The Bible says that God knows what the flowers need, and he makes sure they are taken care of! God says, "The flowers need sun today." Hold up the sun over the flowers. And he makes the sun come out. God says, "The flowers need a drink today." Pretend to pour water out of the watering can over the flowers. And he makes it rain. Let each child take a turn pretending to water the flowers. The Bible says that God takes care of the flowers and that we can be sure that he will always take care of us. God always knows what we need (Matthew 6:28-31). He even knows how many hairs are on our head! Do you know how many hairs are on your head? No, there are too many to count. But God knows exactly how many hairs each of us has (Matthew 10:30).

Take out the nest with the eggs. What are these? Look at how pretty they are. What do you think might be inside them? Let's look! Open an egg slowly and show the children the baby bird inside. Oh, look! A baby bird! Hold it in your hand and let each child pet it carefully with a finger. Who is going to take care of this baby bird? The Bible says that God will take care of it. He made the birds and he takes care of them! Do you think the baby bird has to say, "I am hungry! Feed me!" No! God gives the baby bird a mommy bird to feed the baby bird. Let each child open an egg and pretend to feed the bird. The Bible says if God takes care of the flowers and the birds, that you can be sure that he will always take care of you. You are much more important to God than flowers and birds! You are his precious child!

NOTE: Save the flower pot, birds, eggs, and sun for the Unit 21 Lesson 2, Bible Story.

Conclusion

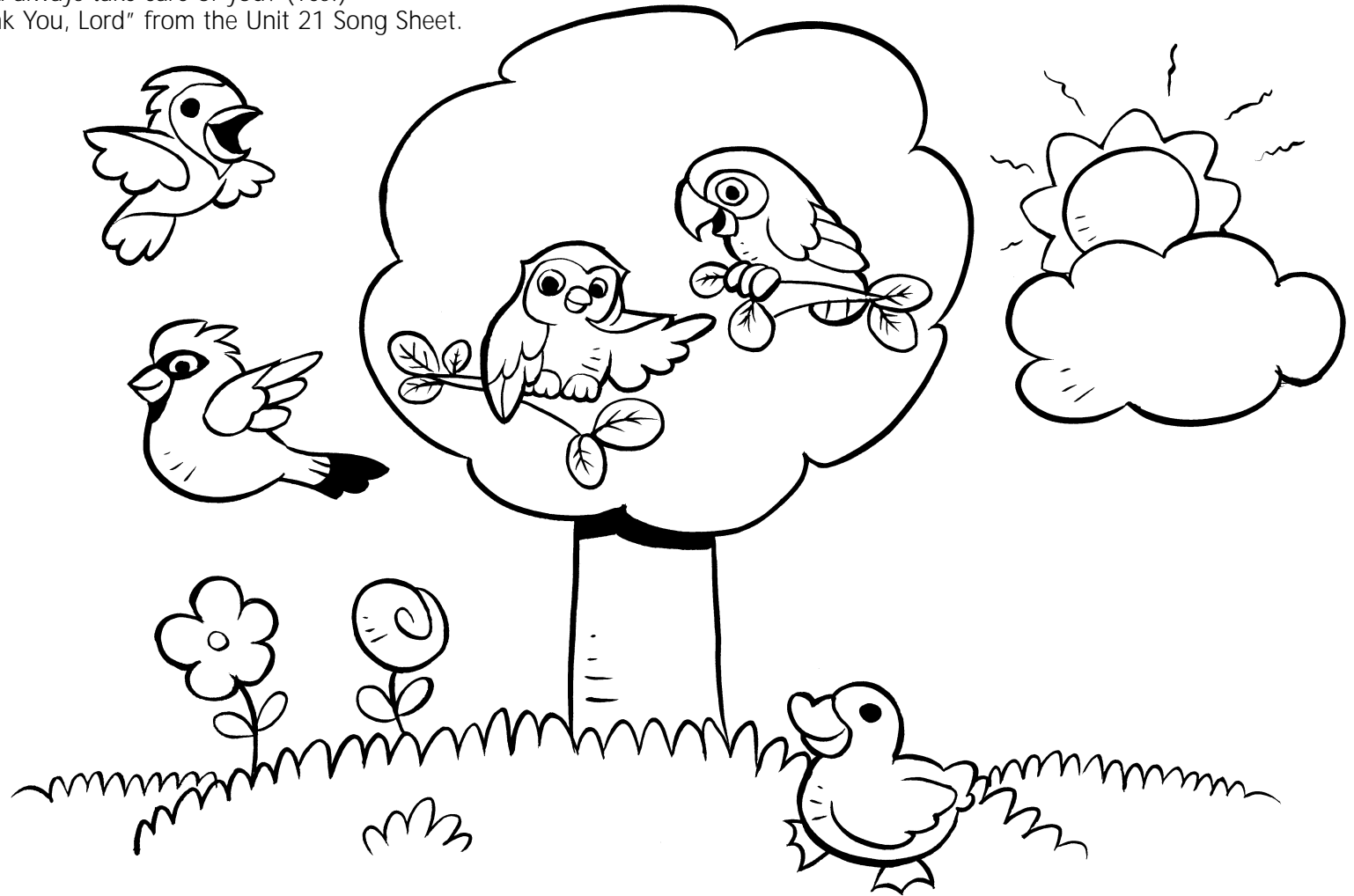
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- Who gives us food? (God)
- Who gives us clothes? (God)
- What does God do to take care of the flowers?
(gives them sun, water)
- What does God do to take care of the birds? (gives them mom-
mies, gives them food)
- Will God always take care of you? (Yes!)

Sing "Thank You, Lord" from the Unit 21 Song Sheet.

Teacher Tips

- Use any additional props that will enhance the story.



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God Cares

The children will make a house with windows and a door. They will open the door to reveal the different ways that God provides for our needs: food, clothes and a family.

Materials

For each child:

- 1 piece of bright-colored construction paper, 9" x 12"
- a second piece of bright-colored construction paper, 3" x 7½"
- a third piece of bright-colored construction paper, 6" x 6"
- glue stick
- crayons

For the teacher:

- scissors
- black marker

Reproducible Pages:

- Page B, 1 copy for the teacher
- Page C, 1 copy for each child

Preparation

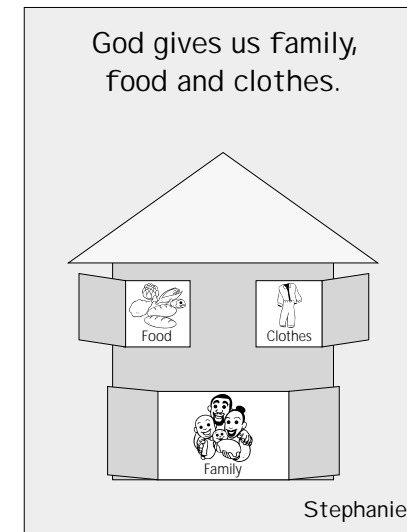
1. Cut out the house and roof stencils from the copy of Reproducible Page B.
2. Trace and cut out one roof from the 3" x 7½" piece of construction paper.
3. Make a "house" for each child as follows.
 - A. Cut out the windows and door from the stencil.
 - B. Trace and cut out one house for each child from a 6" x 6" piece of construction paper. NOTE: Trace and cut out the windows and door only on three sides so that they open and close. See Figure A.
4. Cut out the house interiors from the copies of Reproducible Page C.
5. Write "God gives us family, food and clothes." on the top of the 9" side of the construction paper.
6. Make a model of the craft following the instructions.

Instructions

1. Show the children the model of the craft. Read them the words and show the children the pictures behind the flaps. *God takes care of us! He cares for all of our needs. He gives us a family, food and clothes! We are going to make a picture now for you to take home to help remind you that God always takes care of you.*
2. Give each child a house interior to color.
3. Give each child a 9" x 12" piece of construction paper and help them to glue the interior onto the paper.
4. Give each child a house. Have them put glue on the back of the house and place it over the house interior. NOTE: Help the children to line up the pictures inside the windows and be sure that they don't put glue on the windows.
5. Help the children write their names on their crafts.

Conclusion

Who can find something God gives us? Let the children take turns opening a flap and showing one of their pictures. Sing "Thank You, Lord" from the Unit 21 Song Sheet, using the craft as a prop.



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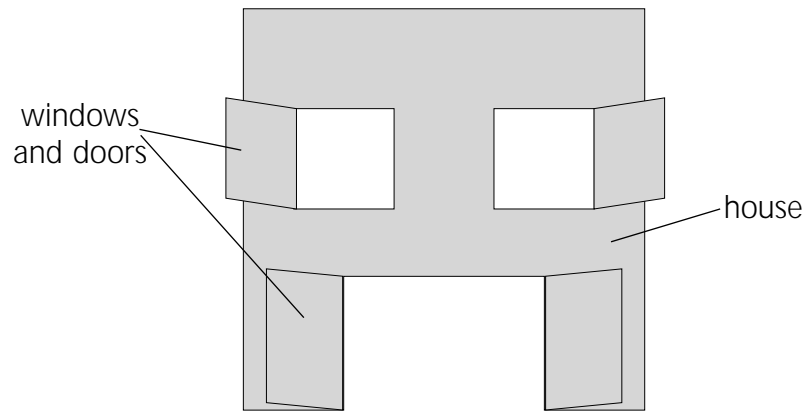
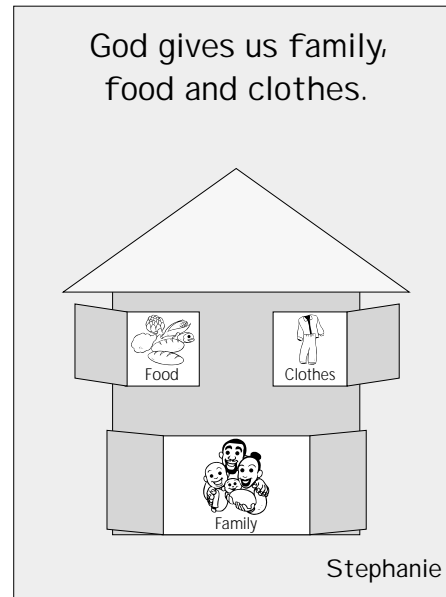


Figure A

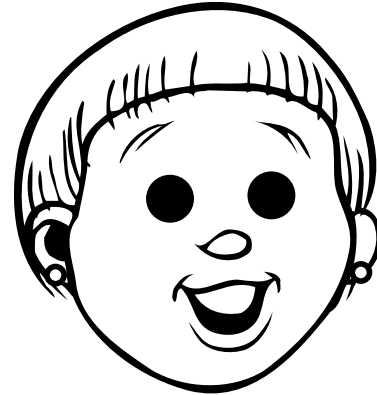
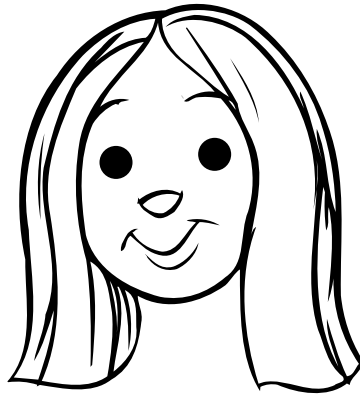
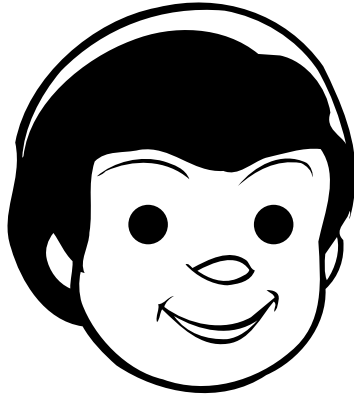
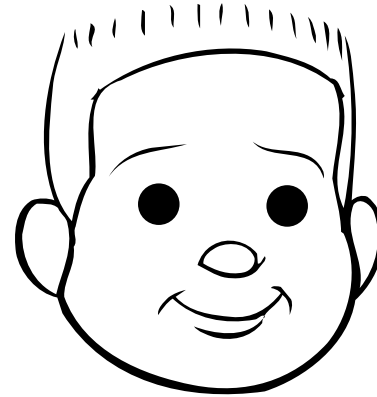
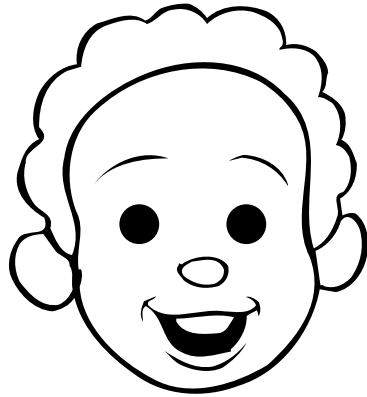
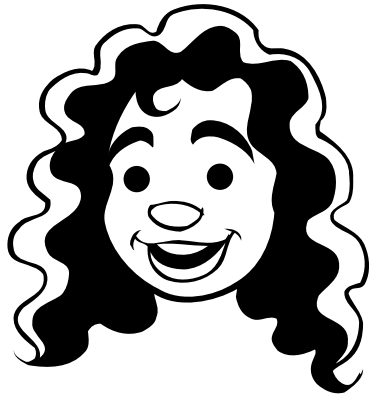


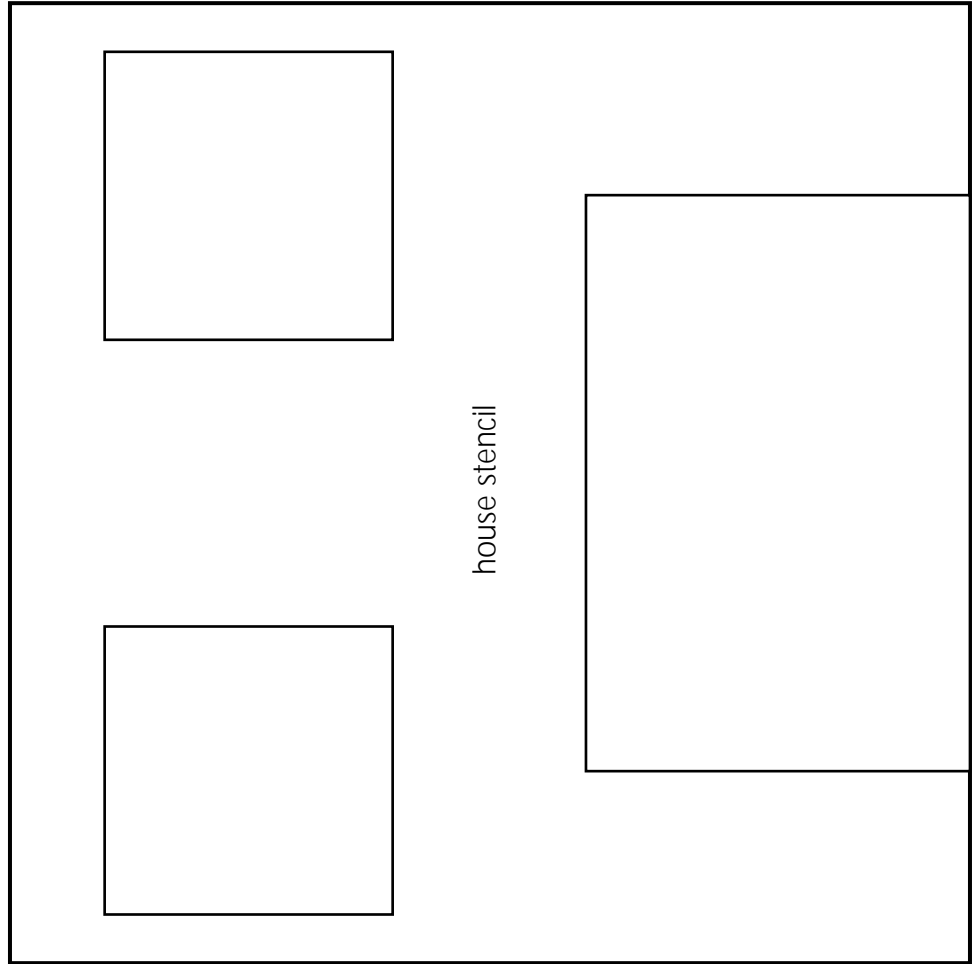
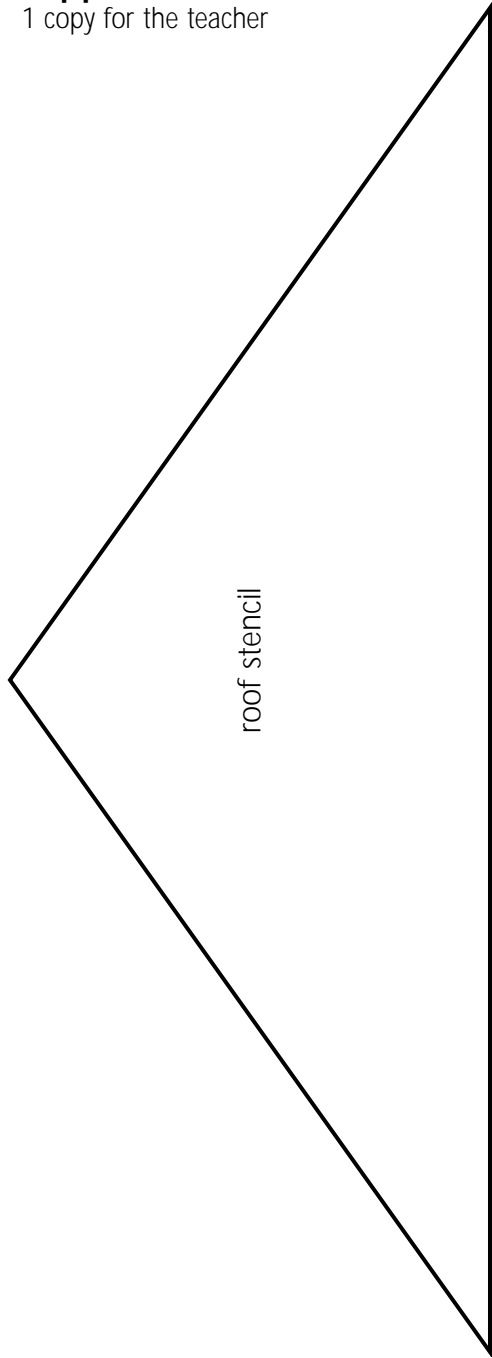
Finished Craft





Appreciate







Clothes
Food
Family

