

Jesus Cares for Me

Lesson Objectives

- The children will role play Jesus calming the storm.
- The children will sing about not being afraid.
- The children will say, "Jesus cares for me."

Bible Story Text

Mark 4:35-41

Bible Truth

Jesus cares for me.
(1 Peter 5:7)

Lesson Plan

Greeting and Registration

Preclass Activities

Welcome and Singing

Centers:

Bible Story: No Fear

Life Application: It's Okay Sarah!

Craft: Lights Out

NOTE: Be sure to allow sufficient time for a snack.



Jesus Cares for Me

Preclass Centers

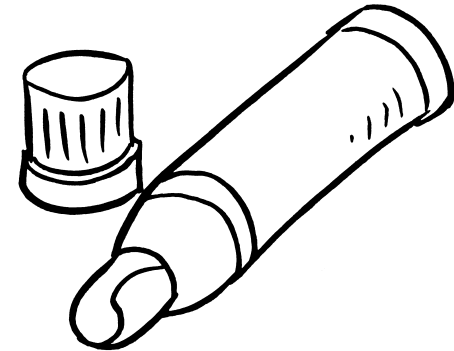
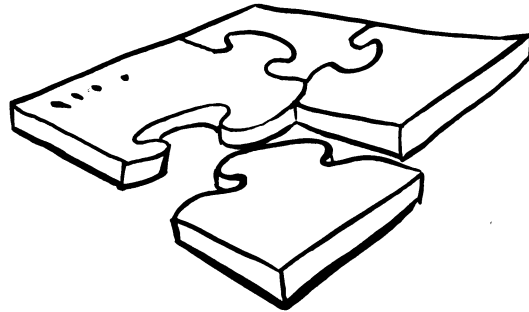
As the children arrive, guide them to a preclass center. Have no more than six children at each center.

Materials

Use the materials previously selected for this unit's preclass centers.

Preparation

1. Be sure to check the condition of the materials selected for this unit's preclass centers prior to set up. Replace any broken toys, or puzzles with missing pieces as necessary.
2. Set up the centers before the children come into the classroom.
3. Assign a teacher to each center and have the teachers stay in those centers until the singing begins.



Instructions

Guide the play in each center reinforcing the unit theme.

Teacher Tips

- **IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.
- Be involved in the group play and offer guidance as needed.
- Wear comfortable clothes suitable for sitting on the floor.
- Smile! Be childlike in heart and alert in mind.

Jesus Cares for Me

No Fear

The children will hear the story of Jesus calming the storm. They will understand that Jesus takes care of them just as he took care of his disciples.

Bible Story Text

Mark 4:35-41

Materials

For the teacher:

- Bible
- fan (for wind)
- water spray bottle (for rain)
- 1 large piece of poster board (to make thunder)
- yellow crepe paper strips (for lightning)
- large blue sheet or tablecloth (for the sea)
- large box or laundry basket (for the boat) have enough for all the children in the small group to be seated inside one
- sheet
- scarf

Preparation

1. Before the children arrive set up the Bible Story area as follows:
 - A. Plug in the fan and place it where the children won't be able to reach it.
 - B. Spread out the blue sheet on the floor as the sea. Crumple the fabric to represent waves.
 - C. Place the boxes on the sheet as boats.
 - D. Drape the sheet over your shoulder and tie it at your waist with the scarf.
2. Fill the spray bottle with water.

Be Quiet!

As the children come into the center invite them to step into one of the boats. *Hello! Come in and sit down in our boat. Let's pretend this is the boat Jesus was in with his disciples. You pretend to be the disciples, and I will pretend to be Jesus.*

Open the Bible. *One day Jesus and his disciples were out in the boat. Jesus was very tired and he lay down and went to sleep. While he was sleeping, a storm started.*

Have you ever felt the wind blow really hard in a storm? Turn on the fan, so it blows on the children. Do you feel the wind blowing?

Have you ever been outside and gotten all wet from the rain? Hold out your hand, and feel the rain. Spray their hands with water from the spray bottle. The Bible says it started to rain. Then it started thundering. Give a child the poster board to shake to make sounds of thunder. And then the lightning started. Give two children yellow streamers. Have them stand up and shake the streamers to look like lightning.

How do you think the disciples felt? Do you think they felt scared? Yes, they were very scared. Have you ever been scared of a storm when the rain and thunder are very loud? Do you think Jesus was scared? Do you know what he was doing? Lie down on the floor and pretend to be asleep. He was sound asleep! He was not afraid at all.

The disciples woke him up saying, "Jesus, wake up! We are afraid of the storm!" Jesus woke up and looked around. Do you think he was afraid? Stand up, and hold out your arms. He just stood up and said to the storm, "Quiet! Be still!" (Mark 4:39).

Do you know what happened when he said this? The wind stopped! Turn off the fan. The rain stopped! Put away the spray bottle. The thunder stopped. Put away the poster board. The lightning stopped, put away the streamers, and the waves settled down on the lake. Smooth out the sheet. And everyone was safe!

Do you think the disciples felt happy? Yes, they were very happy! Jesus has so much power! He can tell a storm to stop and it obeys him right away. The Bible says, "Jesus cares for me." Can you say that? Jesus cares for me! I don't ever have to be afraid! Jesus is so strong, he cares for me and he always protects me!
Sing "Must Be Jesus" from the Unit 20 Song Sheet.



Jesus Cares for Me

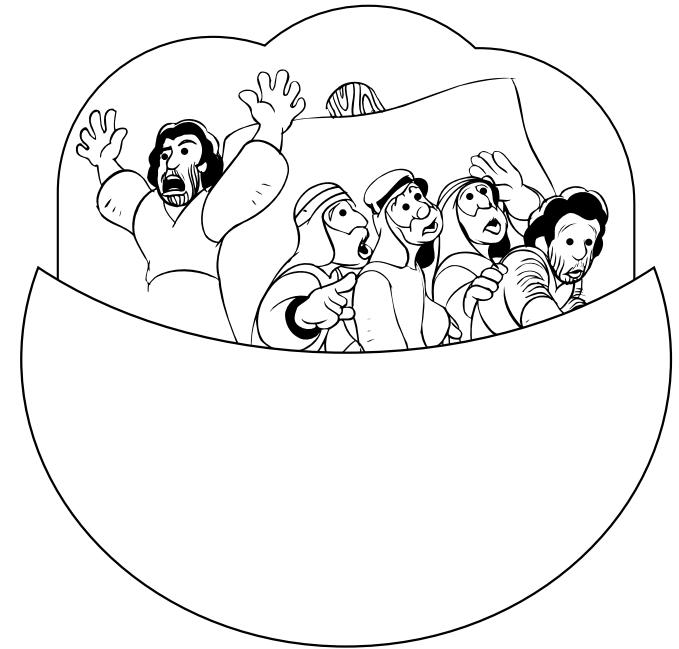
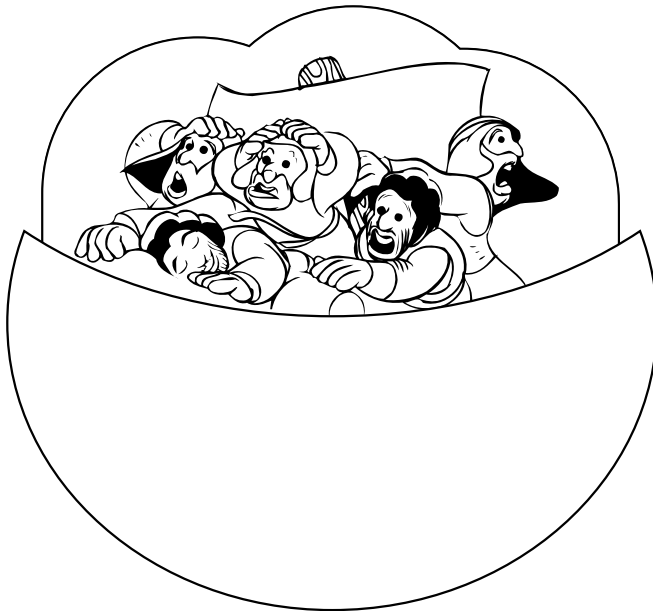
Conclusion

Have the children answer the following questions to review the story:

- Who was asleep in the boat? (Jesus)
- What happened to the boat on the water? (it was caught in a storm)
- How did the disciples feel? (afraid)
- What did Jesus do about the storm? (he made it stop)
- Does Jesus care for you? (Yes!)

Teacher Tips

- **IMPORTANT:** Do not allow the children to get close to the fan or to the fan cord.



Jesus Cares for Me

It's Okay Sarah!

The children will learn that Jesus takes care of them so they should not be afraid of anything.

Bible Truth

Jesus cares for me.
(1 Peter 5:7)

Materials

For the teacher:

- Bible
- felt board
- felt board figures and windows from the Unit 20 Lesson 1, Life Application
- masking tape

Preparation

1. Place a rolled piece of tape on the back of each figure.
2. Familiarize yourself with the songs and the story.

Instructions

Show the children each felt board figure. *This is a young boy. Do you remember his name? David! This is his sister. Do you remember her name? Her name is Lesli. This is the baby. She is growing big! Now she can walk and talk. Do you remember her name? Her name is Sarah! These are the baby-sitters. Their names are Barry and Debbie. Do you have baby-sitters that come and take care of you sometimes?*

Place Sarah, David, Lesli, Barry and Debbie on the felt board. *Mommy and Daddy had just left the house for their anniversary. They would be back tomorrow but baby Sarah was scared and sad without her mommy. Lesli came over and gave Sarah a hug. Then they went into the kitchen to play while Debbie cooked dinner. Sarah was happy now. "I am so proud of you Sarah." Lesli said to her. "You are a big girl, and you are having fun with Barry and Debbie! You are not afraid! Mommy tells me that I never have to be afraid because Jesus always watches over me. He watches over you, too!"*

Dinner was delicious, and it was fun playing games with Barry and Debbie after dinner. Soon it was time for bed. Everyone got ready for bed. Barry tucked in David after he said his prayers. Debbie tucked in the girls and helped them say their prayers. Of course, Sarah did not say much in her prayer except "God" and "amen!"

Debbie turned off the light. It was dark in the room. Baby Sarah lay very still and quiet. But then suddenly she saw something. It was a shadow. Place the shadow window on the felt board. Sarah was scared. She started to cry. "It is okay," said Lesli. "you do not have to be afraid." Lesli turned on the light. "See! It was only a shadow. A shadow cannot hurt you. We should not be afraid. Mommy says that Jesus watches over me, so I know he watches over you, too. I will sing to you what Mommy sings to me when I am afraid." Sing "Jesus Loves Me" from the Unit 20 Song Sheet. When Lesli finished singing Sarah was sound asleep.

But in the middle of the night a storm started. Remove the shadow window and replace it with the storm window. The rain was loud, the thunder was even louder and the lightning was very bright. Baby Sarah woke up scared and she started to cry. David came to her bedside. "It is okay, Sarah," he said. "It is only the wind and the rain. I know it is very loud, but it will not hurt you. Daddy says that Jesus can make the rain and the wind stop. He will watch over you. I will sing to you what Daddy sings to me when I am afraid. Sing "Jesus Loves Me" again. When David finished singing the song, Sarah was sound asleep.

Show the children the pictures of the baby-sitters, the shadow and the storm. Then End the story with "Is It Scary?" from the Unit 20 Song Sheet.

Bible Truth Activity

Today in our story, what did Baby Sarah learn? She learned that Jesus takes care of her so she does not need to be afraid. Open the Bible. The Bible says, "Jesus cares for me." Let's all say that together: "Jesus cares for me." Ask each child, do you know why you do not have to be afraid? Help each child answer: "Because Jesus cares for me."

Jesus Cares for Me

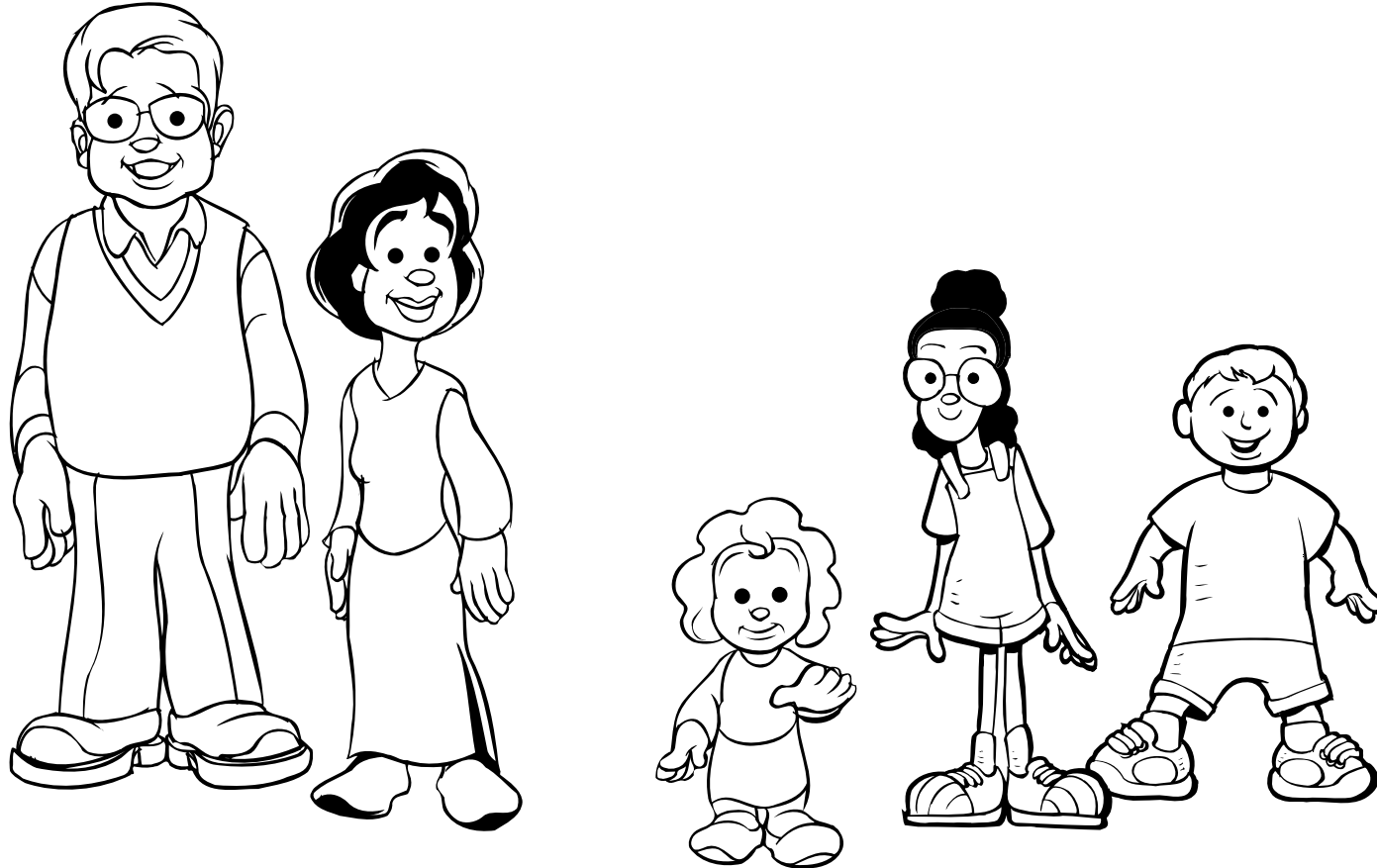
Conclusion

Let's talk to God. Dear God, thank you for taking care of us every day. Thank you that Jesus cares for us, so we do not have to be afraid.

Who are you going to tell about Bible class today? What are you going to tell them?

Teacher Tips

- Shorten or simplify the story as needed for twos.
- Add any props that you think would be helpful and enhance the story.



Craft

Jesus Cares for Me

Lights Out

This craft will remind the children that Jesus takes care of them day and night.

Materials

For each child:

- 1 piece of poster board, 2½" x 4½"
- 1 piece of yellow construction paper, 1" x ½"
- 5 small star stickers
- glue stick
- markers or crayons

For the teacher:

- colored marker
- utility knife
- scissors

Reproducible Pages:

- Page A, 1 copy for the teacher

Preparation

1. Cut out the light switch cover and moon stencils from the copy of Reproducible Page A. NOTE: Be sure to cut out the rectangle in the center.
2. Trace and cut out one light switch cover for each child from poster board. NOTE: Be sure to cut out the center rectangle on each child's light switch cover.
3. Write "Jesus cares" at the top of each switch plate. Write "for" next to the switch hole. Leave the bottom blank to write each child's name during class.
4. Make a model of the craft following the instructions.

Instructions

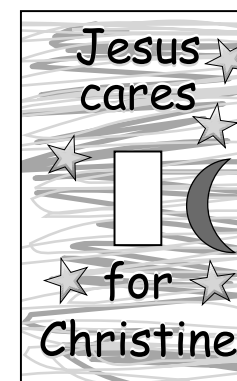
1. Show the children the model craft. *Does anyone know what this is? This goes over the light switch. It says, "Jesus cares for ____ (name)." This is to remind me that every night when I turn off the light, Jesus is taking care of me.*
2. Give each child a light switch cover. *We are all going to make a light switch cover to take home, so you can each have one on the light switch in your bedroom!*
3. Write each child's name on the bottom of the light switch cover.
4. Give each child a moon to glue on the light switch cover.
5. Give each child their star stickers to apply to the light switch cover.
6. Have the children color their light switch covers.

Conclusion

Sing "Is It Scary?" from the Unit 20 Song Sheet.

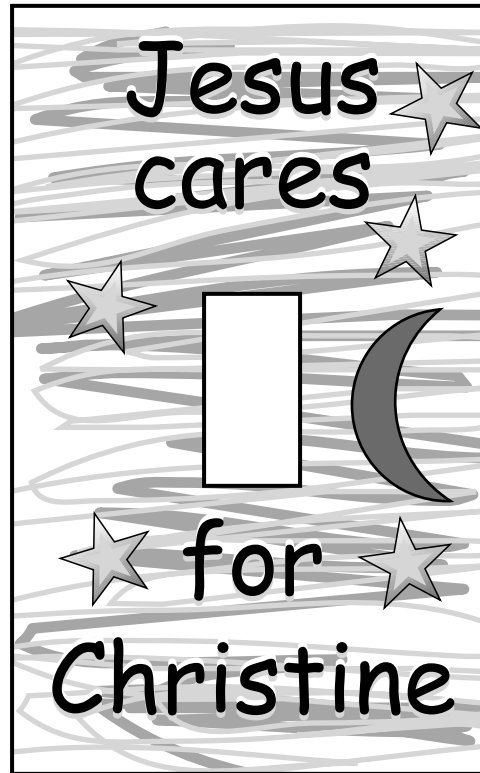
Teacher Tips

- Use a paint pen or a glitter pen instead of a marker.
- Bring in a light switch box and have the children practice turning the switch on and off. Have them try their covers on the light switch box.
- Use large sequins for decorations.
- Purchase glow-in-the-dark star stickers.



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Jesus Cares for Me



Finished Craft





Jesus Cares for Me

Jesus Cares Lesson 2

Lesson Objectives

- The children will role play Jesus calming the storm.
- The children will sing about not being afraid.
- The children will say, "Jesus cares for me."

Bible Story Text

Mark 4:35-41

Bible Truth

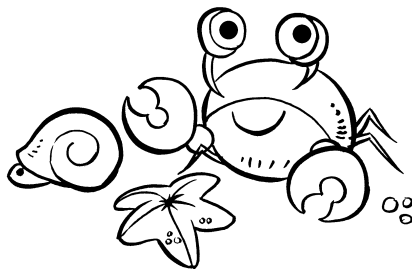
Jesus cares for me.
(1 Peter 5:7)

Preclass Centers

As the children arrive, guide them to a pre-class center. Have no more than six children at each center.

Materials

Use the materials previously selected for this unit's preclass centers.



Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

Centers:

Life Application: Shadow Game

Bible Story: No Fear

Craft: The Boat

NOTE: Be sure to allow sufficient time for a snack.

Preparation

1. Be sure to check the condition of the materials selected for this unit's preclass centers prior to set up. Replace any broken toys, or puzzles with missing pieces as necessary.
2. Set up the centers before the children come into the classroom.
3. Assign a teacher to each center and have the teachers stay in those centers until the singing begins.

Instructions

Guide the play in each center reinforcing the unit theme.

Teacher Tips

- **IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.
- Be involved in the group play and offer guidance as needed.
- Wear comfortable clothes suitable for sitting on the floor.
- Smile! Be childlike in heart and alert in mind.

Life

Application

Shadow Game

The children will play a game with shadows to show them that shadows are not scary.

Bible Truth

Jesus cares for me.
(1 Peter 5:7)

Materials

For the teacher:

- Bible
- table
- dark tablecloth or sheet to hang over the table
- 1 piece of white poster board
- masking tape
- bright flashlight, projector or lamp

Preparation

1. Before the children arrive set up the center area as follows:
 - A. Drape the tablecloth over the table so that it hangs to the floor on three sides.
 - B. Tape the piece of white poster board under the table as a movie screen.
 - C. Tape the flashlight to a chair and place it at the open end of the table so that it shines on the poster board.
 - D. Practice making shadows to be sure that you have the right amount of light.
2. Practice making different kinds of shadows with your hands.

Instructions

1. *Today we are going to make shadows. Who knows what a shadow is? Demonstrate a shadow for the children. Have you ever seen your own shadow when you were outside?*
2. *Make different types of shadows for the children. Some shadows look funny. Some shadows look scary. But we don't need to be scared of them because they are only shadows! Do you know who made shadows? God did!*
3. *Have the children make shadows with their hands.*
4. *Sing "Is It Scary?" from the Unit 20 Song Sheet. Role play the song as you sing it.*

Bible Truth Activity

Open the Bible. *The Bible says that I do not need to be afraid because, Jesus cares for me. Can you say, "Jesus cares for me"?*

Ask each child if Jesus cares for them. Yes, he does! Jesus cares for each one of us.

Conclusion

Let's talk to God. Dear God, thank you for loving us and caring for us. We love you! In Jesus' name we pray. Amen.

Who are you going to tell about Bible class today? What are you going to tell them?

Teacher Tips

- Do the "Lion Hunt" from the Unit 20 Song Sheet to help keep the children's interest.
- **IMPORTANT:** Be very careful with your light source to make sure the children do not get hurt or burned.



No Fear

The children will hear the story of Jesus calming the storm. They will understand that Jesus takes care of them just as he took care of his disciples.

Bible Story Text

Mark 4:35-41

Materials

For the teacher:

- Bible
- fan (for wind)
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- large blue sheet or tablecloth (for the sea)
- large box or laundry basket (for the boat) have enough for all the children in the small group to be seated inside one
- sheet
- scarf

Preparation

1. Before the children arrive set up the Bible Story area as follows:
 - A. Plug in the fan and place it where the children won't be able to reach it.
 - B. Spread out the blue sheet on the floor as the sea. Crumple the fabric to represent waves.
 - C. Place the boxes on the sheet as boats.
 - D. Drape the sheet over your shoulder and tie it at your waist with the scarf.
2. Fill the spray bottle with water.

Be Quiet!

As the children come into the center invite them to step into one of the boats. *Hello! Come in and sit down in our boat. Let's pretend this is the boat Jesus was in with his disciples. You pretend to be the disciples, and I will pretend to be Jesus.*

Open the Bible. *One day Jesus and his disciples were out in the boat. Jesus was very tired and he lay down and went to sleep. While he was sleeping, a storm started.*

Have you ever felt the wind blow really hard in a storm? Turn on the fan, so it blows on the children. Do you feel the wind blowing?

Have you ever been outside and gotten all wet from the rain? Hold out your hand, and feel the rain. Spray their hands with water from the spray bottle. The Bible says it started to rain. Then it started thundering. Give a child the poster board to shake to make sounds of thunder. And then the lightning started. Give two children yellow streamers. Have them stand up and shake the streamers to look like lightning.

How do you think the disciples felt? Do you think they felt scared? Yes, they were very scared. Have you ever been scared of a storm when the rain and thunder are very loud? Do you think Jesus was scared? Do you know what he was doing? Lie down on the floor and pretend to be asleep. He was sound asleep! He was not afraid at all.

The disciples woke him up saying, "Jesus, wake up! We are afraid of the storm!" Jesus woke up and looked around. Do you think he was afraid? Stand up, and hold out your arms. He just stood up and said to the storm, "Quiet! Be still!" (Mark 4:39).

Do you know what happened when he said this? The wind stopped! Turn off the fan. The rain stopped! Put away the spray bottle. The thunder stopped. Put away the poster board. The lightning stopped, put away the streamers, and the waves settled down on the lake. Smooth out the sheet. And everyone was safe!

Do you think the disciples felt happy? Yes, they were very happy! Jesus has so much power! He can tell a storm to stop and it obeys him right away. The Bible says, "Jesus cares for me." Can you say that? Jesus cares for me! I don't ever have to be afraid! Jesus is so strong, he cares for me and he always protects me!
Sing "Must Be Jesus" from the Unit 20 Song Sheet.

Jesus Cares for Me

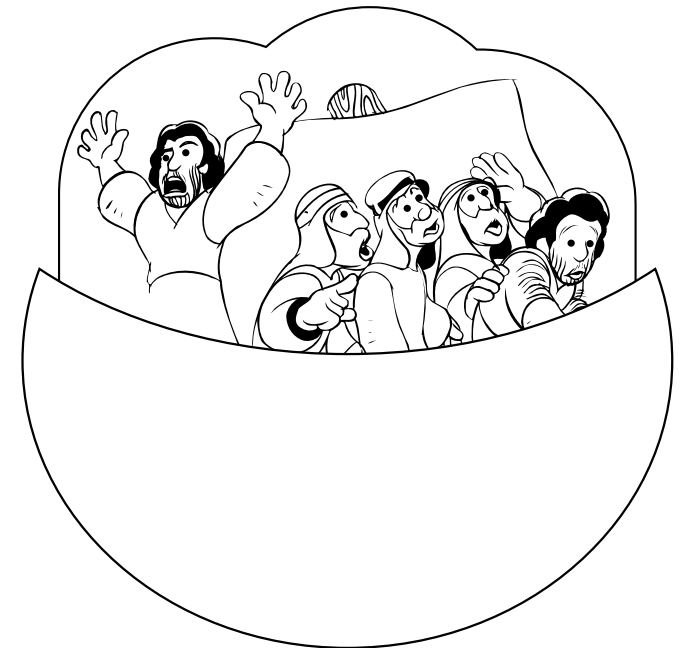
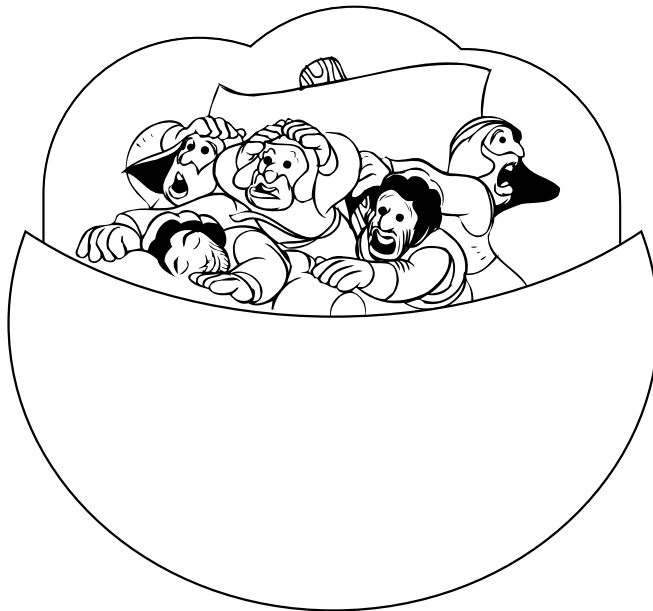
Conclusion

Have the children answer the following questions to review the story:

- Who was asleep in the boat? (Jesus)
- What happened to the boat on the water? (it was caught in a storm)
- How did the disciples feel? (afraid)
- What did Jesus do about the storm? (he made it stop)
- Does Jesus care for you? (Yes!)

Teacher Tips

- **IMPORTANT:** Do not allow the children to get close to the fan or to the fan cord.



The Boat

This craft will remind the children of Jesus' power to calm the storm.

Materials

For each child:

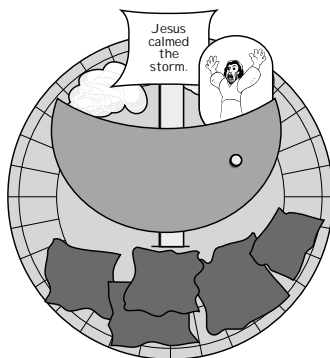
- 1 blue paper plate, 9"
- 1 piece of brown construction paper, 4" x 7"
- 2 cotton balls
- 1 brass fastener
- 5 pieces of blue crepe paper, 1½" x 5"
- 1 large craft stick
- glue stick
- crayons

For the teacher:

- scissors
- utility knife
- push pin or pencil
- black marker

Reproducible Pages:

- Page B, 1 copy for the teacher
- Page C, 1 copy for each child



Preparation

1. Cut out the boat stencil from the copy of Reproducible Page B. Make a hole in the stencil with a push pin where indicated.
2. Trace and cut out one boat for each child from brown construction paper. NOTE: Be sure to mark the hole on each boat and then make the hole with a push pin.
3. Cut out the sail and the Jesus figure from the copies of Reproducible Page C.
4. Insert the brass fastener through the boat, then through the Jesus figure. See Figure A.
5. With the utility knife, cut a 1" horizontal slit in the lower center of each paper plate.
6. Cut four 1½" x 5" pieces of blue crepe paper for each child.
7. Make a model of the craft following the instructions.

Instructions

1. Show the children the model of the craft. Have Jesus lying down in the boat where he cannot be seen. Move the craft stick back and forth, making the boat move. *There is a storm and the boat is tossing on the waves. How do the disciples feel? Yes, they are scared. Where is Jesus? He is sleeping in the boat. What do they say to him? Jesus, please wake up! We are scared of this storm! What does Jesus do? Make Jesus stand up. He says, "Storm, stop!" Did it stop? Make the boat still. Yes, it stopped! The storm obeyed Jesus!*
2. Give each child a paper plate and five pieces of blue crepe paper. Help them to glue them on the bottom of the plate as "water." See Figure B. Note: the crepe paper may rise up over the slit, but do not apply glue on or above the slit.
3. Give each child two cotton balls. Have them pull them apart and glue them to the top of the plate as "clouds."
4. Give each child a boat and help them glue it to the center of a large craft stick leaving approximately 2" at each end of the stick.
5. Give each child a sail to glue to the top of the craft stick above the boat. Read the words to the children, "Jesus calmed the storm."
6. Help the children put the end of the craft stick through the slit in the plate and make the boat move.
7. Write each child's name on their craft.

Conclusion

Let's all pretend that there is a storm. Make your boats move in the waves. The wind is blowing! It is raining! Look at those boats moving in the wind! Now pretend you are Jesus. Say, "Stop, storm!" Now all the boats are still. Jesus is so awesome! He can stop the storm.
Sing "Must Be Jesus" from the Unit 20 Song Sheet.

Teacher Tips

- For a sturdier craft, copy Reproducible Page C onto heavyweight paper or cardstock, and use poster board instead of construction paper for the boat.

Jesus Cares for Me

Craft

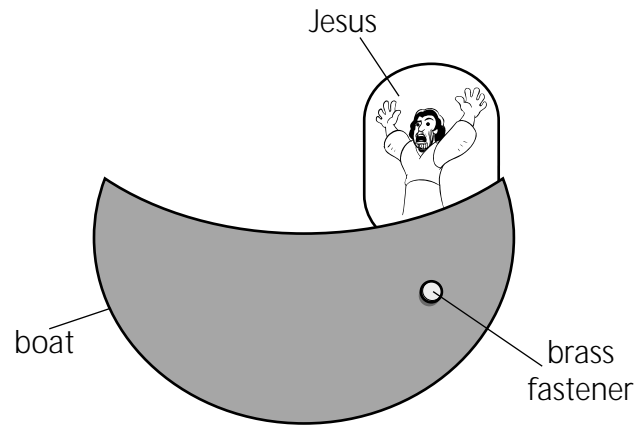


Figure A

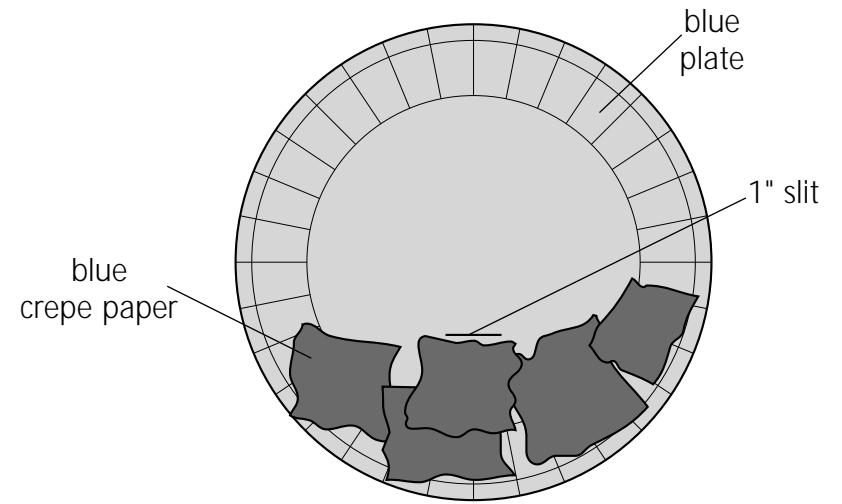
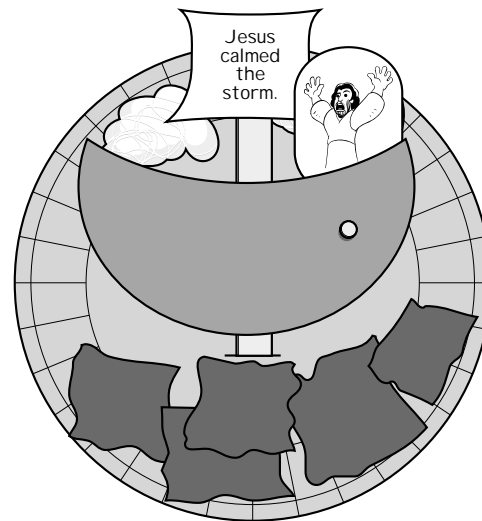


Figure B

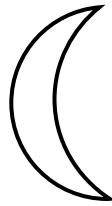


Finished Craft

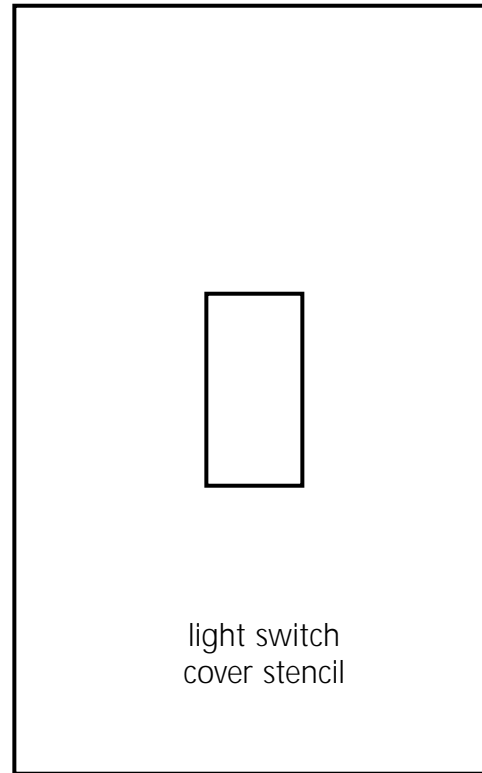




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moon stencil

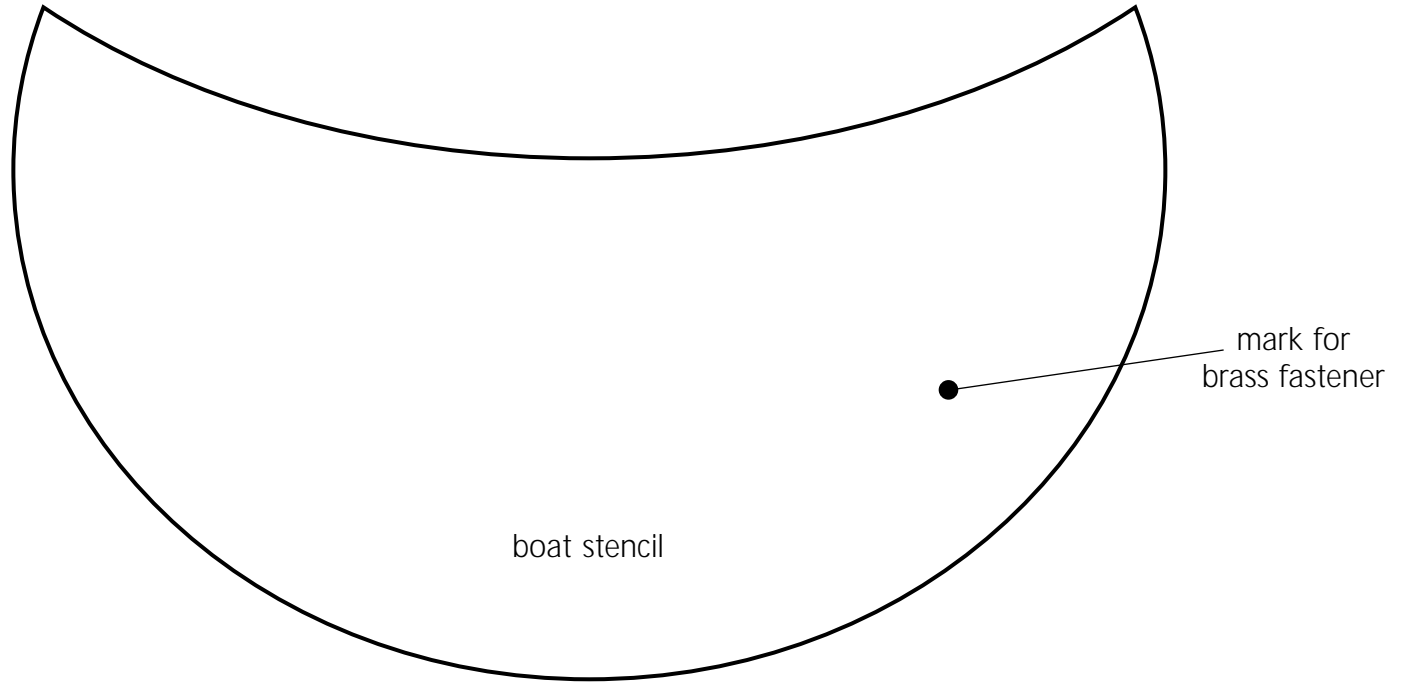


light switch
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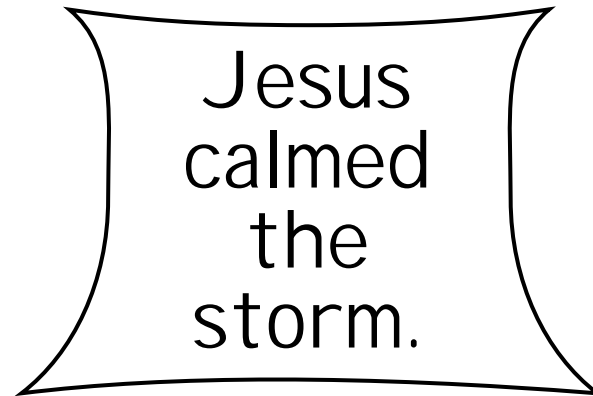




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Jesus



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