Lesson 1

Lesson Objectives

- The children will state that God created them.
- The children will thank God for making them.
- The children will identify the functions of different body parts.

Lesson Text Psalm 139:13-16

Scripture Memory Verse

I praise you because I am fearfully and wonderfully made.

Psalm 139:14

Lesson Plan

Greeting and Registration

Preclass Activity: Thank You!

Welcome and Singing

Centers:

Bible Story: Made by God

Life Application: Beautifully Made

Craft: Make a Body

NOTE: Be sure to allow sufficient time for a snack.





Pre class

A C T

God Made Me

Thank You!

The children will see that God made them capable of many kinds of movements.

Materials

For the teacher:

- paper
- pen

Preparation

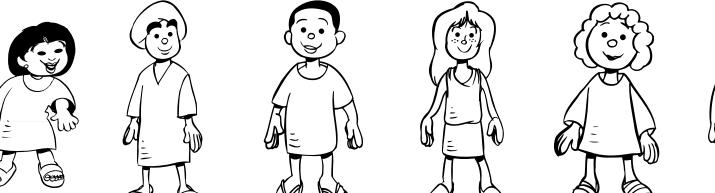
Make a list of body movements such as bending over, touching your nose, climbing stairs, etc.

Instructions

- 1. Have the children stand in a circle. Explain that they need to think of a movement that their body can do.
- 2. As an example say "Thank you God for my body because I can touch my toes." Have all of the children touch their toes.
- 3. Have each child thank God for something that their bodies can do.
- 4. After each child has had a turn, sing "Keeping Me Alive" from the Unit 12 Song Sheet.

Teacher Tips

- If you have any physically challenged children in your class, think of their strengths and help them to think of something that their bodies can do.
- Bring in a Mr. Potato Head for an additional activity.





God Knows Me

Lesson 1



Made by God

The children will learn that God made them and knew what they would look like before they were born.

Lesson Text

Psalm 139:13-16

Materials

For the teacher:

- a hand-held mirror
- a current picture of yourself
- a picture of yourself as a child
- a picture of yourself as an infant *Reproducible Pages:*
- Page A, 1 copy for the teacher

Preparation

Cut out and color the picture from the copy of Reproducible Page A.

Carefully Created

Have the children sit in a circle. Open the Bible to Psalm 139. Show the children the current picture of yourself and pass it around the circle. Explain to the children that it is a picture of you. Tell them when it was taken and where you were.

Pass around the picture of you when you were a child. Tell the children that it is a picture of you. Tell them how old you were and where you were in the picture.

Pass around the picture of you when you were an infant and explain the details of that picture.

Show the children the picture from Reproducible Page A. *This is* what we might have looked like before we were born, when we were growing in our mommies' tummies. We don't have any pictures of what we looked like before we started growing inside our mommies. Only God knew what we were going to look like.

Before I was born, I was a picture that only God could see. No one else could see the picture of me. My mother and father could not even see me. They could only imagine what I was going to look like. But God knew exactly what I was going to look like. He had already picked out my ears, my eyes, my nose, my mouth and all the other parts of me. All of you began the same way. You were a picture that only God could see!

God Knows Me

Lesson 1

Pass around the mirror for the children to look at themselves. We all look a little different from each other because God gave us all different features. We have different ears, eyes, noses, and mouths. Point to each facial part as you say them. But even though we look different, we are all the same because we were all made by God. We are all loved by God too. I am so thankful that God put me together with eyes to see, and ears to hear and a mouth to taste yummy things! Do you thank God for putting you together? Do you thank God for your nose? Your eyes? Your ears?

Conclusion

Point to different parts of your body. Have the children tell you what that part of your body does.

Pray with the children to thank God for giving you the different parts of your body.









Beautifully Made

The children will see that everyone is differently and beautifully made.

Scripture Memory Verse

I praise you because I am fearfully and wonderfully made. *Psalm 139:14*

Materials

For each child:

- crayons
- 1 piece of construction paper
- child-safe scissors
- For the teacher:
- scissors
- marker
- Reproducible Pages:
- Page B, 1 copy for each child
- Page C, 1 copy for each child

Preparation

Draw a 6" oval on each piece of construction paper.

Instructions

- 1. Explain to the children that the Bible story is about how carefully God put each person together. They are going to get a chance to create a face using different features.
- 2. Give each child the copies of Reproducible Pages B and C and have them cut out all of the facial features.
- 3. Give each child a piece of construction paper and have the children experiment with the different features until they create a face that they like.
- 4. Have the children color these features and glue them onto the faces.

Scripture Memory Activity

Our Scripture Memory Verse is; I praise you because I am fearfully and wonderfully made.

God Knows Me

Lesson 1

Who can tell me what the verse means? Let as many children explain as possible. Summarize their answers with a simple and correct explanation.

Let's say our Scripture Memory Verse together, "I praise you because I am fearfully and wonderfully made."

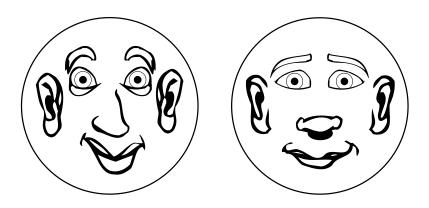
Conclusion

God made everyone with very special features. He took time to think about how he wanted you to look. Just like you took time today to make your face. You can help your friends to see how much God loves them. Explain how God took time to make them look wonderful too.

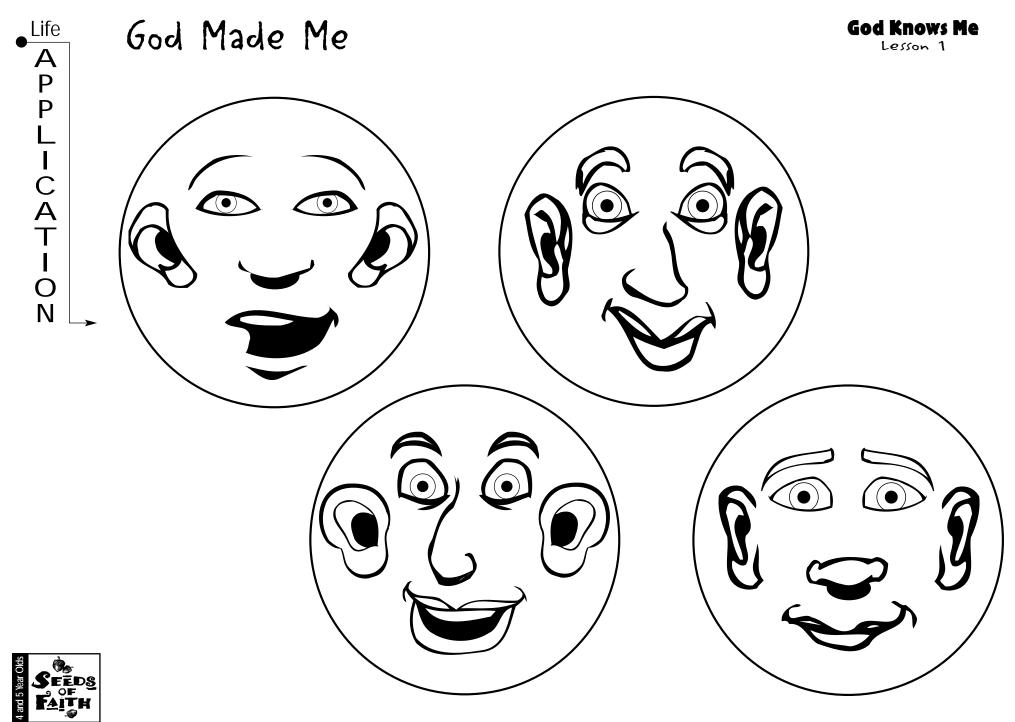
Choose a child to pray and thank God for carefully creating them.

Teacher Tips

• For younger children you can cut out the facial features for them and put a set in an envelope for each child.







Fall 2

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God knows me 12-1-6



Make a Body

The children will make "bodies" as they learn more about how wonderfully God created them.

Materials

For each child:

- 5 brass fasteners
- glue stick
- 1 piece of poster board, 81/2" x 11"
- crayons

For the teacher:

- scissors
- hole punch
- marker
- shells, buttons, felt, yarn, cloth, sequins, or other decorative materials

Reproducible Pages:

- Page D, 1 copy for the teacher
- Page E, 1 copy for the teacher

Preparation

- 1. Cut out the body part stencils from the copies of Reproducible Pages D and E. NOTE: Punch holes in the stencils where indicated.
- 2. Trace and cut out two arms, two legs, and one head for each child from poster board. Be sure to mark the hole punch area on each body part.
- 3. Punch a hole in each body part where indicated by the mark.
- 4. Make a model of the craft following the instructions.

Instructions

1. Remind the children that the Bible story is about how carefully God planned everyone before creating them. Show them the model of the craft and explain that they will get to carefully create a pretend person.

God Knows Me

- 2. Give each child the different body parts. Have them place the parts in the proper order to make a body.
- 3. Help the children to attach the parts of the body using the brass fasteners.
- 4. Have each child make facial features using the decorative materials. Talk about how God carefully planned what color eyes and hair we would each have. Have the children color the bodies with crayons.
- 5. Help the children write their names on their crafts.

Conclusion

Encourage the children to show the body they created to others. Talk about how different and special their creations look. Discuss where God has placed the different parts of the body and ask the children why he thinks God put them where he did. For example: *What do our legs let us do? What if our legs were in a different place?*

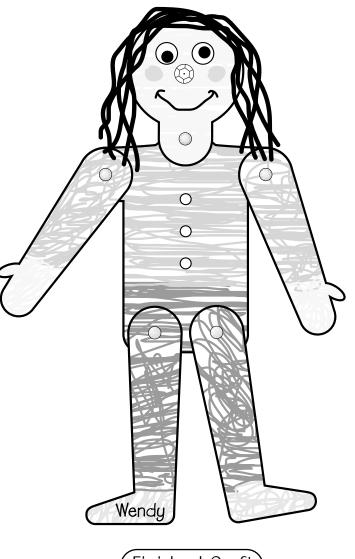
Teacher Tips

• Cut out one of each body part from poster board then use that for your stencil to trace the rest.













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Pre

class

Lesson Objectives

- The children will state that God created them.
- The children will thank God for making them.
- The children will identify the functions of different body parts.

Lesson Text

Psalm 139:13-16

Scripture Memory Verse

I praise you because I am fearfully and wonderfully made. Psalm 139:14

Before You Were Born

The children will create a book to help them understand that God planned them before they were born.



Materials

For the teacher:

- colored construction paper, 12 sheets
- hole punch
- crayons
- yarn or ribbon
- black marker
- alue stick
- Reproducible Pages:
- Page B, 1 copy for the teacher
- Page C, 1 copy for the teacher

Preparation

1. Cut out the facial features from the copies of Reproducible Pages B and C.

- 2. Choose eleven facial features and glue each (or each set) to a piece of construction paper.
- 3. On the remaining sheet of construction paper write "Before you were Born."

Instructions

- 1. Tell the children that God made each of them very special. God planned every part of their body. Explain that they will each get to work on a page of a book.
- 2. Give each child a piece of paper with a facial part on it. Have the children color their pages.
- 3. After the children have finished, stack the pages together forming a book with the title page "Before you were Born" as the cover.

4. Punch three holes on the left side of the book. And tie each hole with varn.

5. Have the children sit in a circle and show them the book. God thought about you and how he would make you before you were born. Each one of you is special to God. God made you exactly as he wanted you to look. Go through each page of the book emphasizing each feature. Let the children tell you what each feature does and have them find the feature on their faces. Compare the similar features. How is this eye different from the first one we saw?

Conclusion

Let the children take turns finishing the sentence; "What makes me special is my _____. Thank you God for my _____."

Lesson Plan Greeting and Registration

God Made Me

Preclass Activity: Before You Were Born

Welcome and Singing

Centers:

Game: Body Parts

Craft: Magnet People

Life Application: Beautifully Made

NOTE: Be sure to allow sufficient time for a snack.



Body Parts

The children will put together puzzles of the human body.

Materials

For the teacher:

- 8 pieces of large poster board
- markers
- scissors

Preparation

- 1. To make the puzzle:
 - A. Place four pieces of poster board on the ground next to each other so that they form approximately a 6' x 2' rectangle.
 - B. Lie down on the poster board and have someone trace an outline of your body.
 - C. Color in the body shapes.
 - D. Cut each piece of poster board into four pieces.
 - E. Repeat this process with the other four pieces of poster board. NOTE: Keep the puzzle pieces separate to prevent them from getting mixed up.
- 2. Before the children arrive, assemble the two puzzles side by side on the floor.

Instructions

1. Explain to the children that they are learning that God made each person special. He gave all of us body parts to help us to walk, to eat, to see, etc.

God Knows Me

Lesson 1

2. Divide the children into two teams.

God Made Me

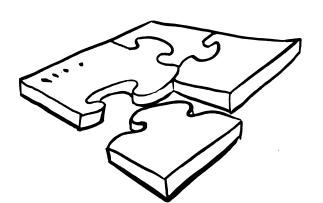
- 3. Have each team mix up their puzzle pieces.
- 4. Explain that when you say "go" they are to reassemble their puzzles. Remind them that they must work as a team.
- 5. Have the children do the puzzles a few times. Mix up the teams and then have them do it again.

Conclusion

God made each of us very special. He very carefully put all of us together and made sure that we had all the body parts that we need.

Teacher Tips

- Color each puzzle a different color to avoid mixing them together.
- Focus and comment on how well the teams are working together.





supplement



Magnet People

The puzzle concept will be used to show the children how the body is put together of different parts.

Materials

For each child:

- glue stick
- yarn, buttons, shells, fabric scraps or other decorative materials
- 1 envelope, 5" x 7" or 9" x 12"
- scissors
- crayons

• 6 pieces of magnetic strip (can be found at a craft store) For the teacher:

- poster board or card stock
- marker
- scissors
- pen

Reproducible Pages:

- Page D, 1 copy for the teacher
- Page E, 1 copy for the teacher

Preparation

- 1. Cut out the body parts from the copies of Reproducible Pages D and F.
- 2. Trace and cut out two legs, two arms, one head and one body for each child from poster board.
- 3. Place one set of body parts in each envelope.
- 4. Make a model of the craft following the instructions.

Instructions

God Made Me

1. Show the children the model of the craft. Remind the children of the Bible story in which they learned that God made them and put them together to be very special. He worked very hard and knew what they looked like before anyone else did.

God Knows Me

Lesson 1

- 2. Give each child an envelope of body parts. Have the children color and decorate their body parts.
- 3. Help the children to glue a small piece of magnetic strip to the back of each body part.
- 4. Have the children put their body parts back into the envelope and put their name on it.

Conclusion

Have the children assemble their figures in correct and incorrect ways.

Teacher Tips

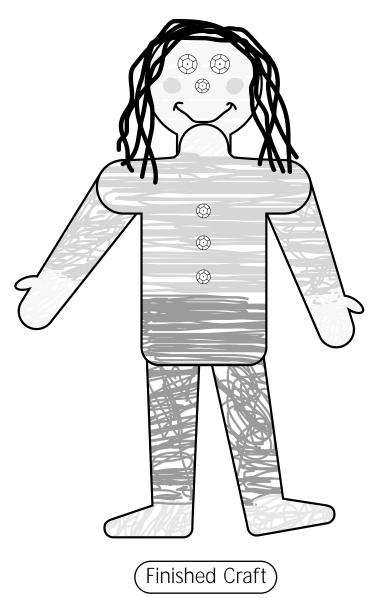
- Bring in metal cookie sheets so that the children can put their magnet people on them. (Make sure the cookie sheets work with magnets; aluminum will not.)
- Instead of using envelopes, you can paper clip the body parts together.
- Have the children decorate both sides of the body. It can then be put together to stick on a refrigerator or attach the body parts to each other by matching the magnets.





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Beautifully Made

The children will see that everyone is differently and beautifully made.

Scripture Memory Verse

I praise you because I am fearfully and wonderfully made. Psalm 139:14

Materials

For each child:

- crayons
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For the teacher:

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Scripture Memory Activity

God Made Me

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God Knows Me

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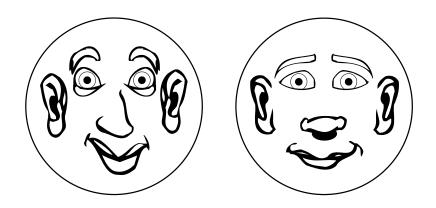
Conclusion

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Choose a child to pray and thank God for carefully creating them.

Teacher Tips

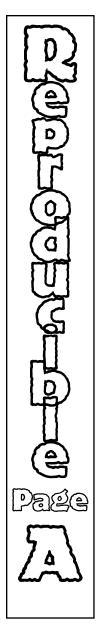
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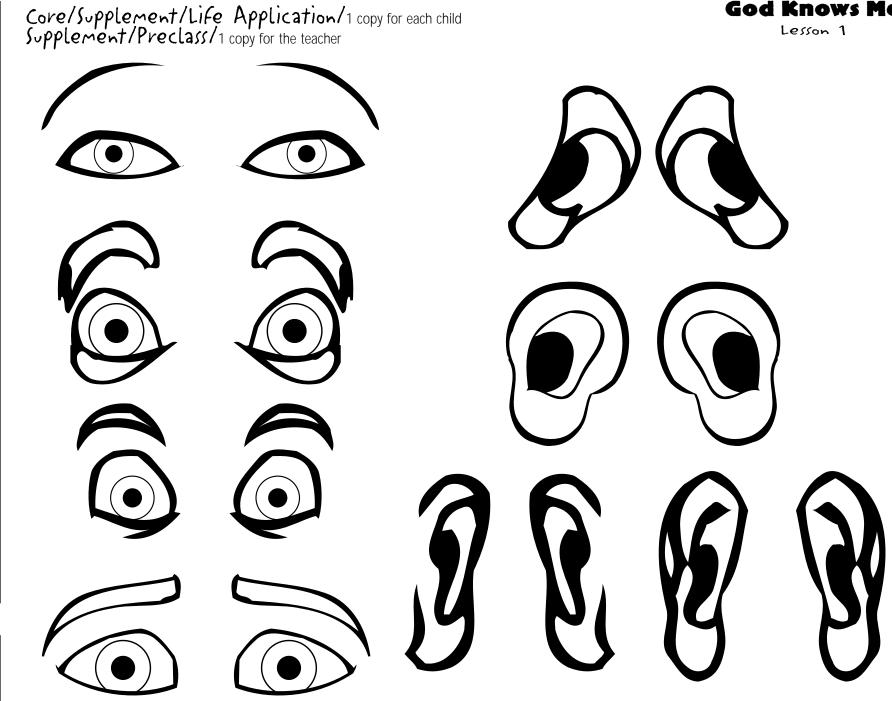


Core/Bible Story 1 copy for the teacher



Lesson 1

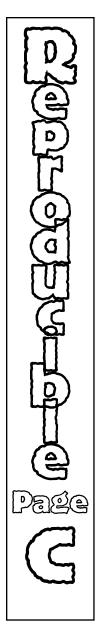






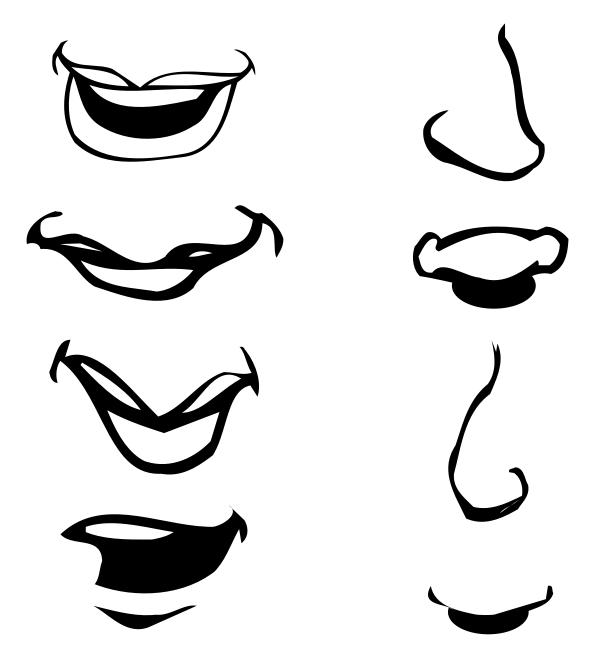
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God Knows Me

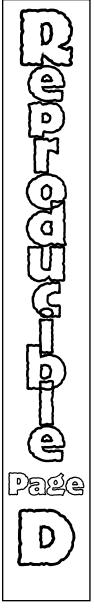


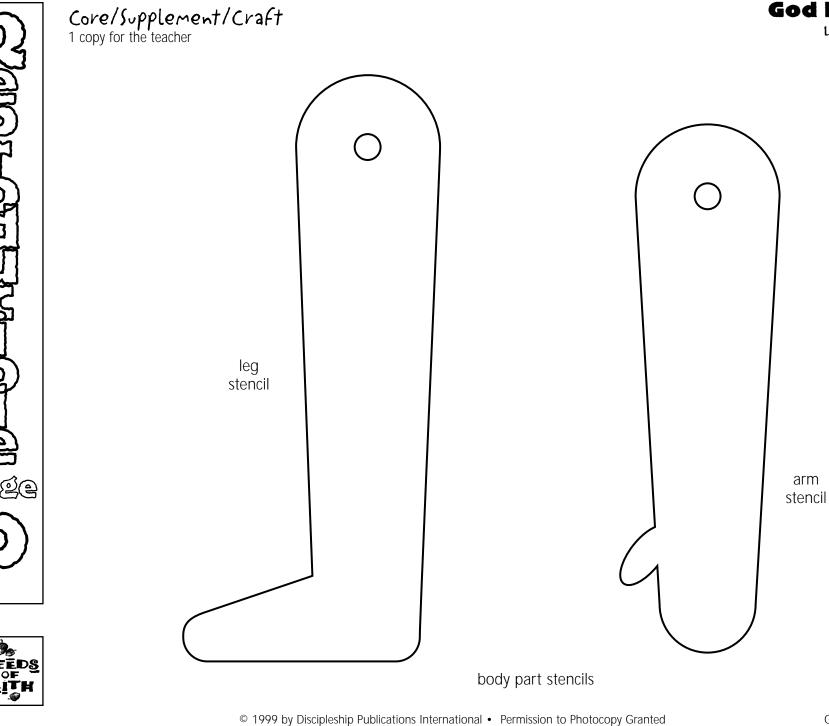
Core/Supplement/Life Application/1 copy for each child Supplement/Preclass/1 copy for the teacher

God Knows Me Lesson 1









God Knows Me

Lesson 1

