

# Breakfast with Friends

**Friendship**  
Lesson 1

## Lesson Objectives

- The children will thank God for friends.
- The children will tell what Jesus did for his friends.
- The children will practice working together and being friends.

## Bible Story Text

John 21:1-12

## Bible Truth

A friend always loves.  
(Proverbs 17:17)

## Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

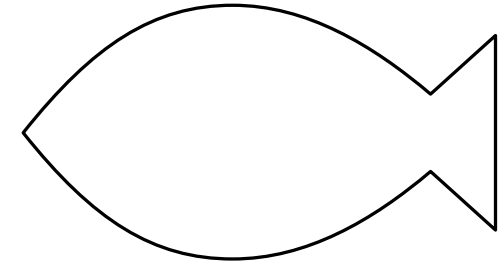
Centers:

Bible Story: Jesus Makes Breakfast

Life Application: Friendship Circle

Craft: Let's Go Fishing

NOTE: Be sure to allow sufficient time for a snack.



# Breakfast with Friends

## Preclass Centers

In the preclass centers children will use language, motor, and cognitive skills, learn to interact with peers and cooperate in small groups.

Select four centers to use this unit. Assign a teacher to set up and supervise each center with no more than six children.

### Materials

**IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.

- Housekeeping Center—2 washable dolls (of diverse ethnicity, e.g., black and white), play food, dishes and 2 small blankets
- Story Center—simple books with limited text (cardboard are the most sturdy and durable) and large pillows
- Block Center—set of large blocks, people, animal figures (plastic or wooden) and toy cars
- Puzzle Center—1 puzzle for each child (for twos each puzzle piece itself should be a complete familiar object, for threes most can complete a 20-piece puzzle). **NOTE:** A puzzle should have all the pieces. If a puzzle piece is lost, the entire puzzle should be thrown out.

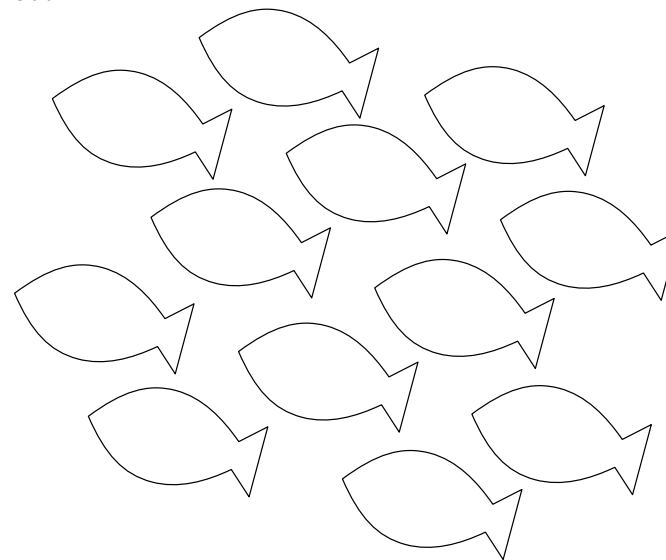
### Instructions

Guide the play in each center reinforcing the unit theme. Refer to the following example for help in directing play and asking relevant questions.

In the Housekeeping Center, ask the children: *What are you cooking? Is that breakfast or lunch? When do we eat breakfast? That's right, in the morning! Jesus fixed breakfast for his friends.*

### Teacher Tips

- You may want to try other centers such as transportation, large motor or manipulative.
- Wear comfortable clothes suitable for sitting on the floor.



# Breakfast with Friends

## Jesus Makes Breakfast

The children will learn that Jesus loved his friends and wanted to help them.

### Bible Story Text

John 21:1-12

### Materials

*For the teacher:*

- Bible
- a laundry basket or open box (large enough for at least 2 children to fit inside)
- a small fishing net
- construction paper
- scissors
- twigs or craft sticks
- orange and yellow paper
- fish crackers
- small pan

*Reproducible Pages:*

- Page A, 1 copy for the teacher

### Preparation

1. Cut out the fish stencil from the copy of Reproducible Page A.
2. Trace and cut out several fish from construction paper.
3. Tear or cut orange and yellow paper into small triangular shapes.
4. Familiarize yourself with the story.

### Fish for Breakfast

Have the Bible open to John 21. In one area, arrange the sticks with the colored paper to make a pretend fire. In another area set up the basket as a "boat." Show the children the basket. *This is our boat.* Choose one or two children to get in the boat. *Do you feel the boat floating? What do people do in boats? They ride in them and they also fish in them! Have you ever fished in a boat?*

*The Bible says that one night Jesus' friends were in their boat fishing. But they were not fishing with a fishing pole. They were fishing with a net. Show the children the net. They threw the net down into the water, and fish swam into the net. Then they would pick up the net and dump the fish into their boat! But on this night, they did not catch any fish at all. They tried all night long (John*

*21:3). Give the children the net. If it is large enough, two children can hold it. Let the children take turns dipping it into the pretend water. Help the children to dip the net and act out the song "Peter, James and John in a Sailboat" from the Unit 11 Song Sheet.*

*As you sing the last verse of the song, fill the net with the paper fish and let the children pull up a net full of fish! Jesus performed a miracle. He made the nets full of fish. There were 153 fish in the net! (John 21:11). They went back to the shore with all of their fish to show Jesus. When they got there something smelled very good. They were so hungry. "Come and have breakfast," Jesus said (John 21:12). Put the fish crackers in the cooking pan on the fire. Wow! Jesus cooked breakfast for his friends!*

*Would you like to have some breakfast? Let's say thank you to God before we eat. Dear God, thank you for loving us so much and for giving us good friends and good fish to eat. Thank you for Jesus. In his name we pray. Amen.*

NOTE: If the fish are in good condition after class, save them for Unit 11 Lesson 2, Bible Story.

### Conclusion

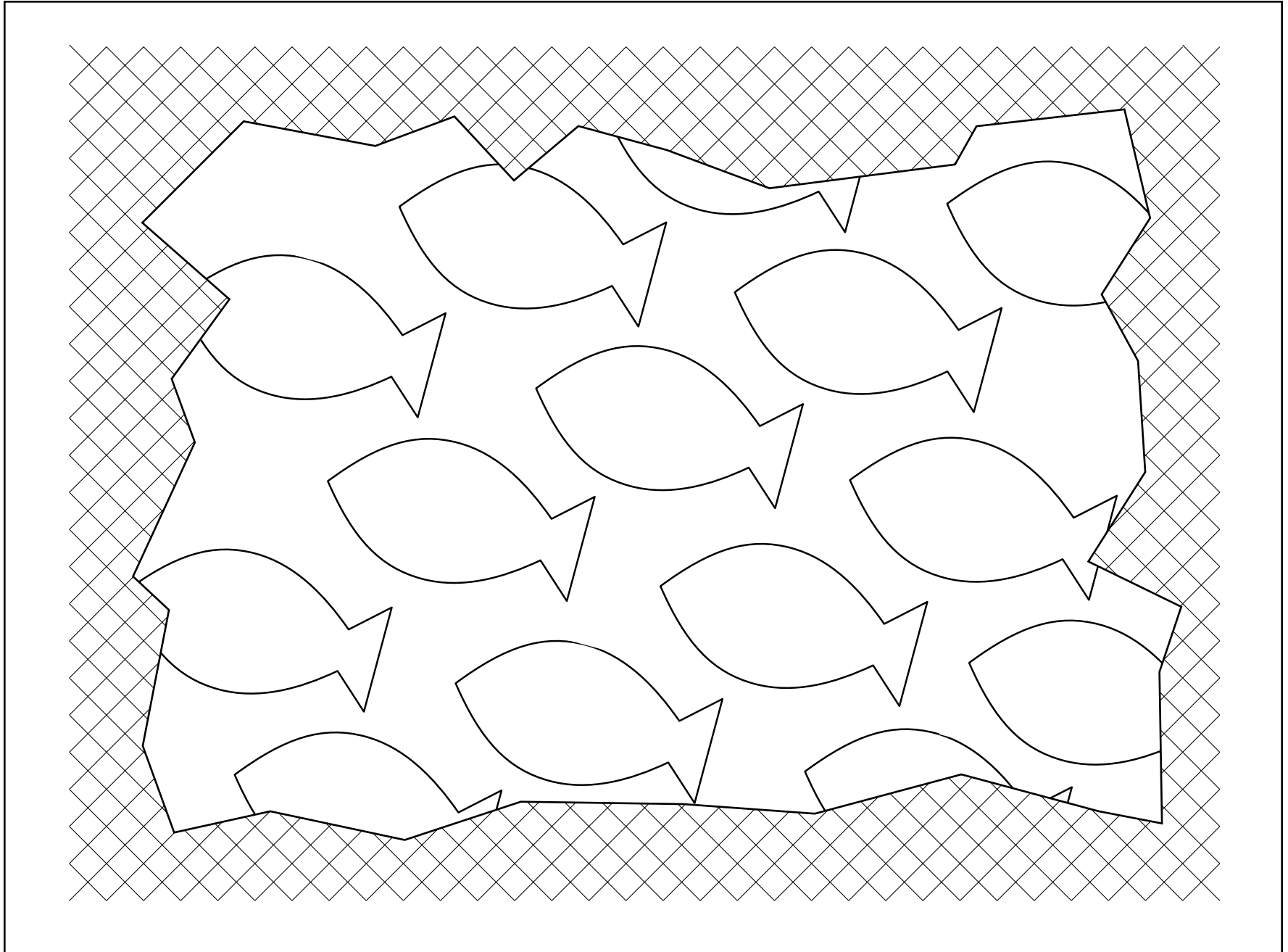
Have the children take turns sitting in the boat and pretending to fish. Sing "Peter, James and John in a Sailboat" as they take their turns.

### Teacher Tips

- **IMPORTANT:** Be sure that none of the children have allergies to any of the snacks you may serve during this activity. Ask the parents at registration if their child has any food intolerance or food allergies.
- Here are some other ideas if you don't have a fishing net: 1½ yards of netting from a fabric or a discount store, a bag made of plastic netting such as, one that fruit or vegetables come in, a pillow case or a laundry bag.
- If you use twigs or sticks for the fire, make sure they don't have sharp points.
- If you don't have fish crackers, use paper fish and have the children pretend to eat them.
- In place of a basket, you can use masking tape to outline a boat shape on the floor or rug. You can make the boat large enough so that everyone will fit in the boat together.



# Breakfast with Friends



# Breakfast with Friends

## Friendship Circle

The children will cooperate with others in a small group, reinforcing the concept that friends work together.

### Bible Truth

A friend always loves.  
(Proverbs 17:17)

### Materials

*For 2 Year Olds:*

- one tray puzzle for every 3-4 children (pieces fit inside a wooden or cardboard frame)

*For 3 Year Olds:*

- 20-piece floor puzzle with large pieces
- picture that shows the completed puzzle (usually on the puzzle box top)

*For the teacher:*

- Bible

### Preparation

Familiarize yourself with the activity and song.

### Instructions

1. Have the children sing together as follows:
  - A. *Today we are going to hold hands and sing a song. Can everyone stand up in a circle? Help the children to hold hands and make a circle. Now let's walk around the circle, holding hands. Very good! We like to hold hands with our friends, because we love our friends! Now let's sing "Ring around the Rosie."*
  - B. Sing "Ring around the Rosie" from the Unit 11 Song Sheet. *That was fun! Let's help each other get up, and then we can do it again. Kristin, can you help Margaret get up?*
  - C. Repeat the song a few times, reinforcing that the children help one another get up after they all fall down.

2. Have the children work together on a puzzle as follows:
  - A. *Now let's sit down together on the floor. We are going to work on a puzzle together. Who likes puzzles? This puzzle is for us to share. Sharing means taking turns with our friends.*
  - B. Hand out equal amounts of puzzle pieces to each child.
  - C. Let the children take turns adding a puzzle piece. Emphasize working together and taking turns by talking with children while they work.

### Bible Truth Activity

Open the Bible. *The Bible says, "A friend always loves." Let's all say it together. "A friend always loves."* Repeat the Bible truth a few times with the children, and then have them repeat it by themselves.

### Conclusion

*Who wants to be a friend? Daniel, do you want to be a friend? Yes, it is fun to have friends to play with and share things with. Ask the children to each name one of their friends. What does the Bible say we need to do to be a friend? We need to love! Remember when we held each other's hands and sang a song together? Remember when we took turns with the puzzle? That is how we love our friends, we share and help each other.*

*Let's thank God for our friends and ask him to help us to love them. Dear God, thank you so much for giving us friends. Please help us to take turns with our friends; please help us to help and love our friends. In Jesus' name we pray. Amen.*

*When we love our friends it will help them to know that God loves them, too.*

### Teacher Tips

- With twos, redo the same tray puzzles a few times.
- While acting out "Ring Around the Rosie" go very slowly so no one gets hurt. Do not let the children run during this activity.

A friend  
always loves.



# Breakfast with Friends

## Let's Go Fishing

This craft will help the children understand Jesus' miracle of filling the nets.

### Bible Story Text

John 21:1-12

### Materials

*For each child:*

- 10" x 4" piece of netting
- 10 fish crackers

*For the teacher:*

- brown poster board or white poster board with crayons
- scissors
- yarn
- black marker
- white glue
- hole punch
- construction paper (optional)

*Reproducible Pages:*

- Page B, 1 copy for each child

### Preparation

1. Prepare the boat as follows:
  - A. Cut out a boat stencil from one of the copies of Reproducible Page B.
  - B. Trace and cut out one boat for each child from poster board.
  - C. Punch two holes in each boat as shown in Figure A.
2. Prepare the net as follows:
  - A. Cut two 5" pieces of yarn for each child.
  - B. Tie both ends of each net with a piece of yarn. See Figure B.
3. Cut out the text boxes from the copies of Reproducible Page B.
4. Make a model of the craft following the instructions.

### Instructions

1. Show the children your model. Have the net on the side of the boat with no fish. *Look, this is Jesus' friends' boat! See the net? Show how the net moves and let the children touch it. This is the net that they used to catch fish, but look there are no fish. When Jesus saw there were no fish he said to his friends, "Throw your net on the right side of the boat and you will find*

*some."* John 21:6. Have the children repeat this with you. Flip the net to the other side of the boat and show them all the fish "caught" in the net. *See all these fish? Jesus made all these fish appear. He performed a miracle for his friends. Would you like a boat, too?*

2. Give each child a boat and a text box. Have the children glue their text boxes to one side of their boats. NOTE: If you use white poster board to make the boats, have the children color their boats with crayons.
3. Help the children attach the nets to the boats as follows:
  - A. Give each child a net with the yarn attached to it.
  - B. Help the children thread the ends of the yarn through the punched holes. See Figure C.
  - C. Tie the ends of the yarn in place.
4. Place ten spots of white glue on the side of each child's boat where the fish will be glued.
5. Have the children place a fish cracker on each spot of glue.
6. Help write the children's names on their boats. Put the boats in a safe place to dry.

### Conclusion

Let the children take turns using the demonstration model. Have them hold the boat with the net on the side with the text box, and say, *"Throw your net on the right side of the boat and you will find some."* Have them flip the net to the other side catching the fish.

### Teacher Tips

- You may make boats out of small boxes instead of using the boat stencil and the poster board.
- If you do not have fish crackers, cut out the fish stencil from Reproducible Page B and trace the fish onto construction paper for each child.
- If no netting is available, fruit or vegetables are sometimes packaged in mesh bags, or you can use sheer scarves or nylons.



# Breakfast with Friends

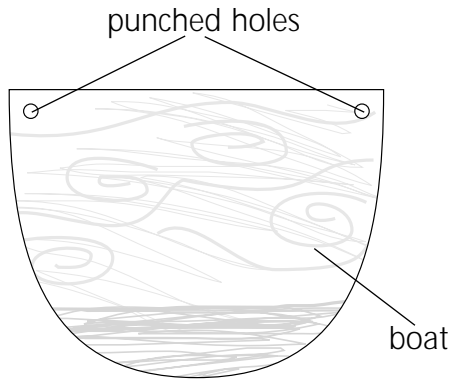


Figure A

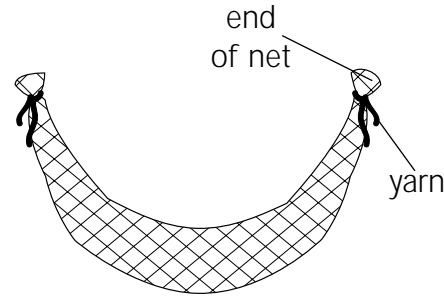


Figure B

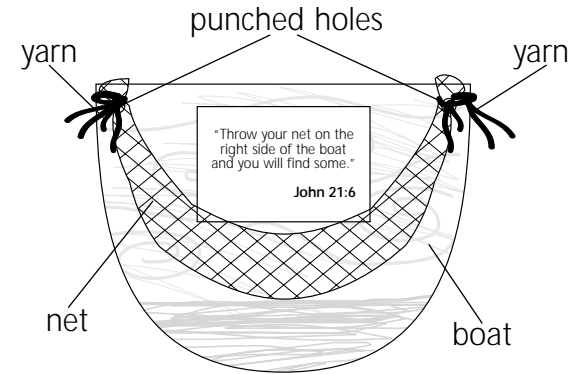
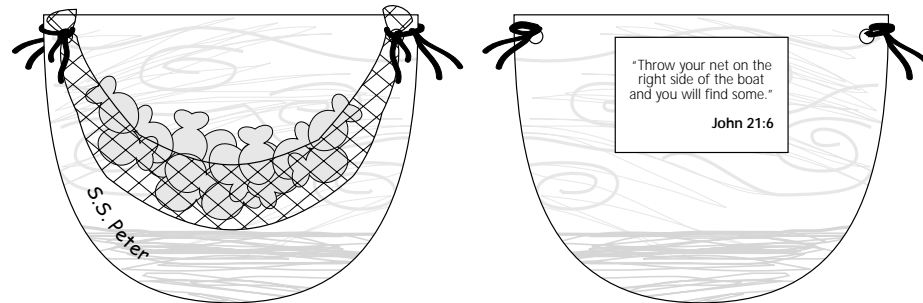


Figure C



Finished Craft



# Breakfast with Friends

## Friendship

Lesson 1

Lesson at a Glance supplement

### Lesson Objectives

- The children will thank God for friends.
- The children will tell what Jesus did for his friends.
- The children will practice working together and being friends.

### Bible Story Text

John 21:1-12

### Bible Truth

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(Proverbs 17:17)

### Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

Centers:

Life Application: Working Together

Bible Story: Jesus Makes Breakfast

Craft: Friends, Friends, Friends

NOTE: Be sure to allow sufficient time for a snack.

2 and 3 Year Olds



Pre class

activity

### Preclass Centers

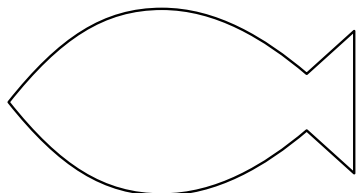
In the preclass centers children will use language, motor, and cognitive skills, learn to interact with peers and cooperate in small groups.

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#### Materials

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#### Instructions

Guide the play in each center reinforcing the unit theme. Refer to the following example for help in directing play and asking relevant questions.

In the Housekeeping Center, ask the children: *What are you cooking? Is that breakfast or lunch? When do we eat breakfast? That's right, in the morning! Jesus fixed breakfast for his friends.*

#### Teacher Tips

- You may want to try other centers such as transportation, large motor or manipulative.
- Wear comfortable clothes suitable for sitting on the floor.

Life

Application

## Working Together

The children will cooperate with others in the group, reinforcing the concepts of taking turns and being friendly.

### Bible Truth

A friend always loves.  
(Proverbs 17:17)

### Materials

For each child:

- crayons or markers
- glue stick

For the teacher:

- ball or bean bag
- banner paper
- pen or marker
- construction paper
- scissors
- Bible
- tape
- stickers (optional)

Reproducible Pages:

- Page C, 1 copy for the teacher

### Preparation

1. On the banner paper write "A friend always loves" Proverbs 17:17.
2. Cut out the boy and girl stencils from the copy of Reproducible Page C.
3. Trace and cut out a boy or girl figure from construction paper for each boy or girl in your class.
4. Tape the banner paper to the wall before class.

### Instructions

1. Have the children work together playing a game as follows:
  - A. *Today we are going to play a game with this ball. We will share the ball, take turns with the ball, and we will show love to our friends. I am going to show my love for Joey by smiling at him. Joey, can you smile back at me?* Gently roll the ball to Joey.

- B. *Now, Joey, you show your love to Meredith. Say to her, "You are my friend" and roll the ball to Meredith.*
  - C. *Meredith, who do you want to roll the ball to? Sarah! OK, look at her and say, "Hi, Sarah!" Now, Meredith, you roll the ball to Sarah.*
  - D. Continue playing the game until all the children get a turn to receive and roll the ball.
2. Have the children work together on a mural as follows:
    - A. *Now, we are going to work together to make a picture. Our picture has words from the Bible. It says "A friend always loves."*
    - B. Write the children's names on their figures. Use a boy figure for a boy and a girl figure for a girl.
    - C. Help the children to glue the figures on the mural so that they are holding hands.
    - D. Let the children color and decorate the mural.

### Bible Truth Activity

Open the Bible. *The Bible says, "A friend always loves." Let's all say the Bible truth together. "A friend always loves."*

### Conclusion

*Look how great our picture looks! Everyone did a great job working together!*

*It makes God so happy when we work together and are loving towards our friends. God loves our friends very much. When we are loving toward them, it will show them that God loves them, too.*

Pray with the children asking God to help them be loving toward others.

### Teacher Tips

- In the game, keep your expectations very simple. Not all twos and threes will be able to communicate well enough to play the game. If all a child can do is roll the ball, that's fine. Emphasize the sharing instead.
- Instead of asking the children to "draw" something, use words like "mark" or "color." Instead of asking them what they have drawn, comment on the colors they have chosen or how hard they are working. Be positive!

## Jesus Makes Breakfast

The children will learn that Jesus loved his friends and wanted to help them.

### Bible Story Text

John 21:1-12

### Materials

*For the teacher:*

- Bible
- a laundry basket or open box (large enough for at least 2 children to fit inside)
- a small fishing net
- construction paper
- scissors
- twigs or craft sticks
- orange and yellow paper
- fish crackers
- small pan

*Reproducible Pages:*

- Page A, 1 copy for the teacher

### Preparation

1. Cut out the fish stencil from the copy of Reproducible Page A.
2. Trace and cut out several fish from construction paper.
3. Tear or cut orange and yellow paper into small triangular shapes.
4. Familiarize yourself with the story.

### Fish for Breakfast

Have the Bible open to John 21. In one area, arrange the sticks with the colored paper to make a pretend fire. In another area set up the basket as a "boat." Show the children the basket. *This is our boat.* Choose one or two children to get in the boat. *Do you feel the boat floating? What do people do in boats? They ride in them and they also fish in them! Have you ever fished in a boat?*

*The Bible says that one night Jesus' friends were in their boat fishing. But they were not fishing with a fishing pole. They were fishing with a net. Show the children the net. They threw the net down into the water, and fish swam into the net. Then they would pick up the net and dump the fish into their boat! But on this night, they did not catch any fish at all. They tried all night long (John*

*21:3). Give the children the net. If it is large enough, two children can hold it. Let the children take turns dipping it into the pretend water. Help the children to dip the net and act out the song "Peter, James and John in a Sailboat" from the Unit 11 Song Sheet.*

*As you sing the last verse of the song, fill the net with the paper fish and let the children pull up a net full of fish! Jesus performed a miracle. He made the nets full of fish. There were 153 fish in the net! (John 21:11). They went back to the shore with all of their fish to show Jesus. When they got there something smelled very good. They were so hungry. "Come and have breakfast," Jesus said (John 21:12). Put the fish crackers in the cooking pan on the fire. Wow! Jesus cooked breakfast for his friends!*

*Would you like to have some breakfast? Let's say thank you to God before we eat. Dear God, thank you for loving us so much and for giving us good friends and good fish to eat. Thank you for Jesus. In his name we pray. Amen.*

NOTE: If the fish are in good condition after class, save them for Unit 11 Lesson 2, Bible Story.

### Conclusion

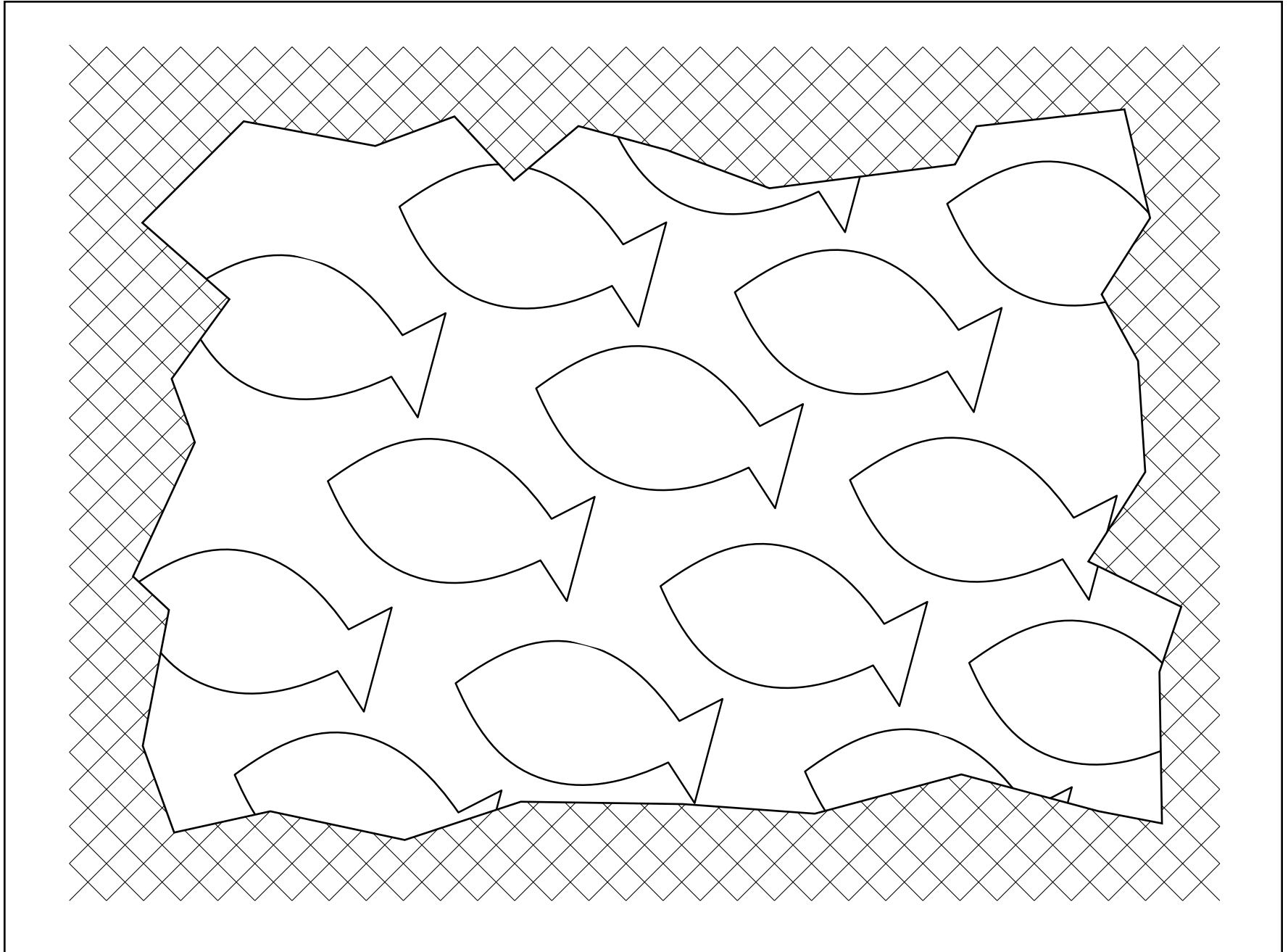
Have the children take turns sitting in the boat and pretending to fish. Sing "Peter, James and John in a Sailboat" as they take their turns.

### Teacher Tips

- **IMPORTANT:** Be sure that none of the children have allergies to any of the snacks you may serve during this activity. Ask the parents at registration if their child has any food intolerance or food allergies.
- Here are some other ideas if you don't have a fishing net: 1½ yards of netting from a fabric or a discount store, a bag made of plastic netting such as, one that fruit or vegetables come in, a pillow case or a laundry bag.
- If you use twigs or sticks for the fire, make sure they don't have sharp points.
- If you don't have fish crackers, use paper fish and have the children pretend to eat them.
- In place of a basket, you can use masking tape to outline a boat shape on the floor or rug. You can make the boat large enough so that everyone will fit in the boat together.

# Breakfast with Friends

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## Friends, Friends, Friends

The children will make three figures that will remind them to be thankful for their friends.

## Materials

For each child:

- 1 piece of red construction paper
- glue stick

For the teacher:

- scissors
- black marker
- construction paper: brown, blue and pink or white
- yarn: brown, black, yellow and red

Reproducible Pages:

- Page D, 1 copy for the teacher

## Preparation

1. Cut out the stencils from the copy of Reproducible Page D.
2. Prepare the figures as follows:
  - A. Fold each piece of red construction paper into three 9" x 4" sections, as shown in Figure A.
  - B. Trace the figure stencil onto the front of the folded paper. See Figure B.
  - C. Cut along the lines you traced, leaving the paper intact at the folds. IMPORTANT: Do not cut along the side edges of the paper where the "hands" would be.
  - D. Unfold the paper and the hands of the figures will be attached to one another. See Figure C.
3. Prepare the "faces" as follows:
  - A. Trace the face stencil onto brown and pink construction paper.
  - B. Cut out three faces for each child.
  - C. Draw two eyes, a nose and a smile on each face. See Figure D.
4. Prepare the "shirt" as follows:
  - A. Trace the shirt stencil onto blue construction paper.
  - B. Cut out one "shirt" for each child.
  - C. Write "God gives us friends" on each shirt. See Figure E.
5. Cut three 4" pieces of yarn for each child.
6. Make a model of the craft following the instructions.

## Instructions

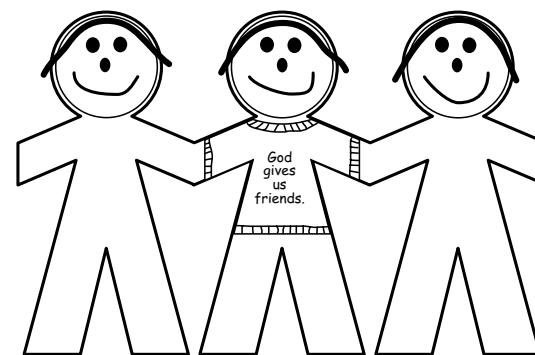
1. Show the children the folded figures, and say: *Here is little Jeffrey all alone. He doesn't have any friends. Can God give him friends? Unfold the paper, showing the three figures. Look! God gave Jeffrey some friends! God gives us friends, too.*
2. Give each of the children the paper figures and three face shapes.
3. Have the children glue the faces onto the heads of their figures.
4. Give each child a shirt to glue onto the middle figure.
5. Give each child three pieces of yarn to glue on as "hair." Have them glue one on each figure.
6. Print each child's name on the leg of the middle figure of their craft.

## Conclusion

Let the children fold and unfold their paper figures. Talk about how God gives us friends.

## Teacher Tips

- Place a few sheets of paper together to cut more heads and shirts at one time.
- Draw lines on the shirts, as shown in Figure E, to give them more definition.



# Breakfast with Friends

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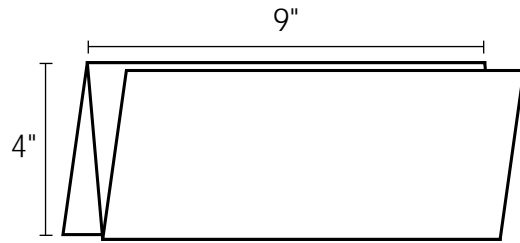


Figure A

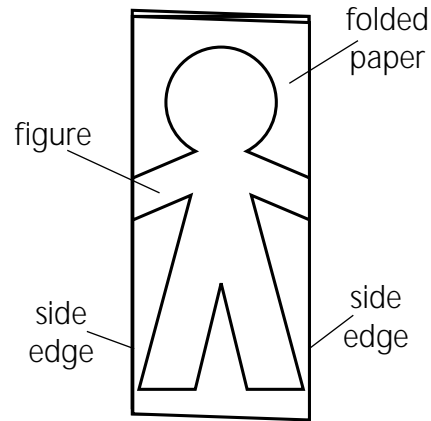


Figure B

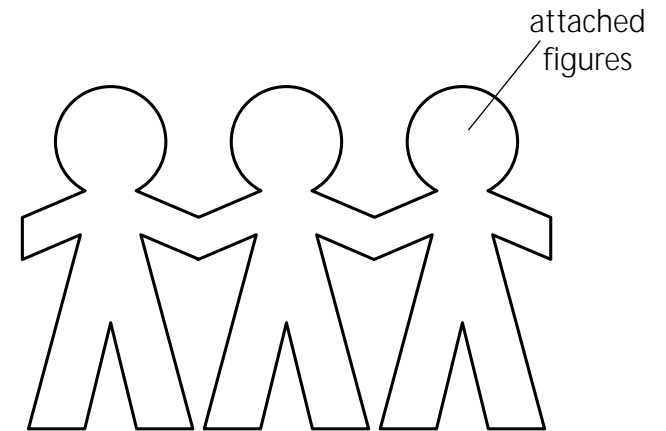


Figure C



Figure D

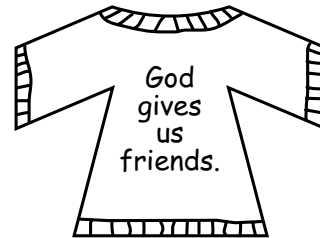
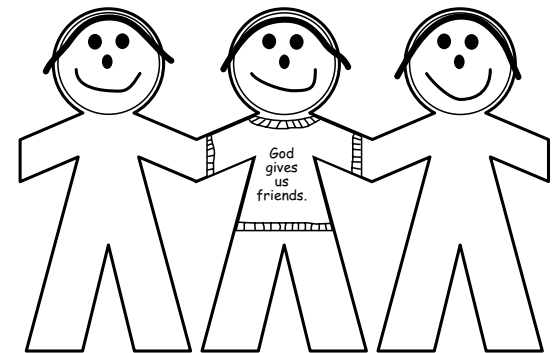


Figure E



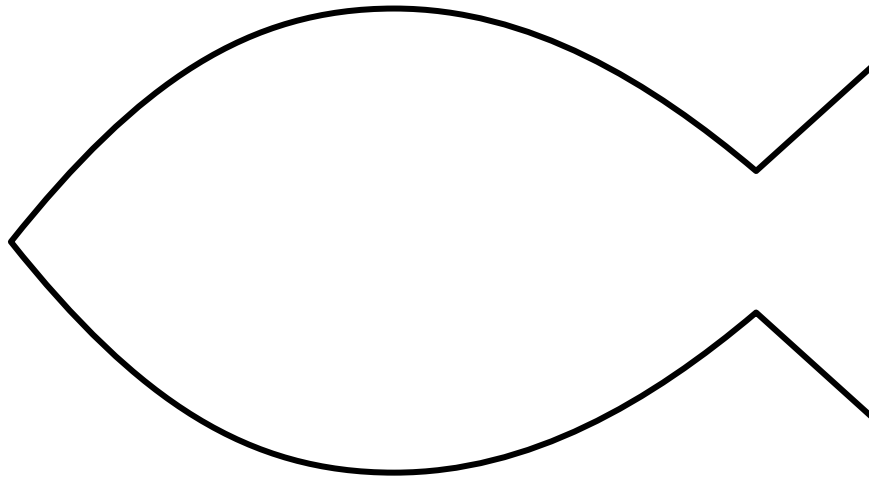
Finished Craft





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Core/Bible Story 1 copy for the teacher  
Supplement/Bible Story 1 copy for the teacher



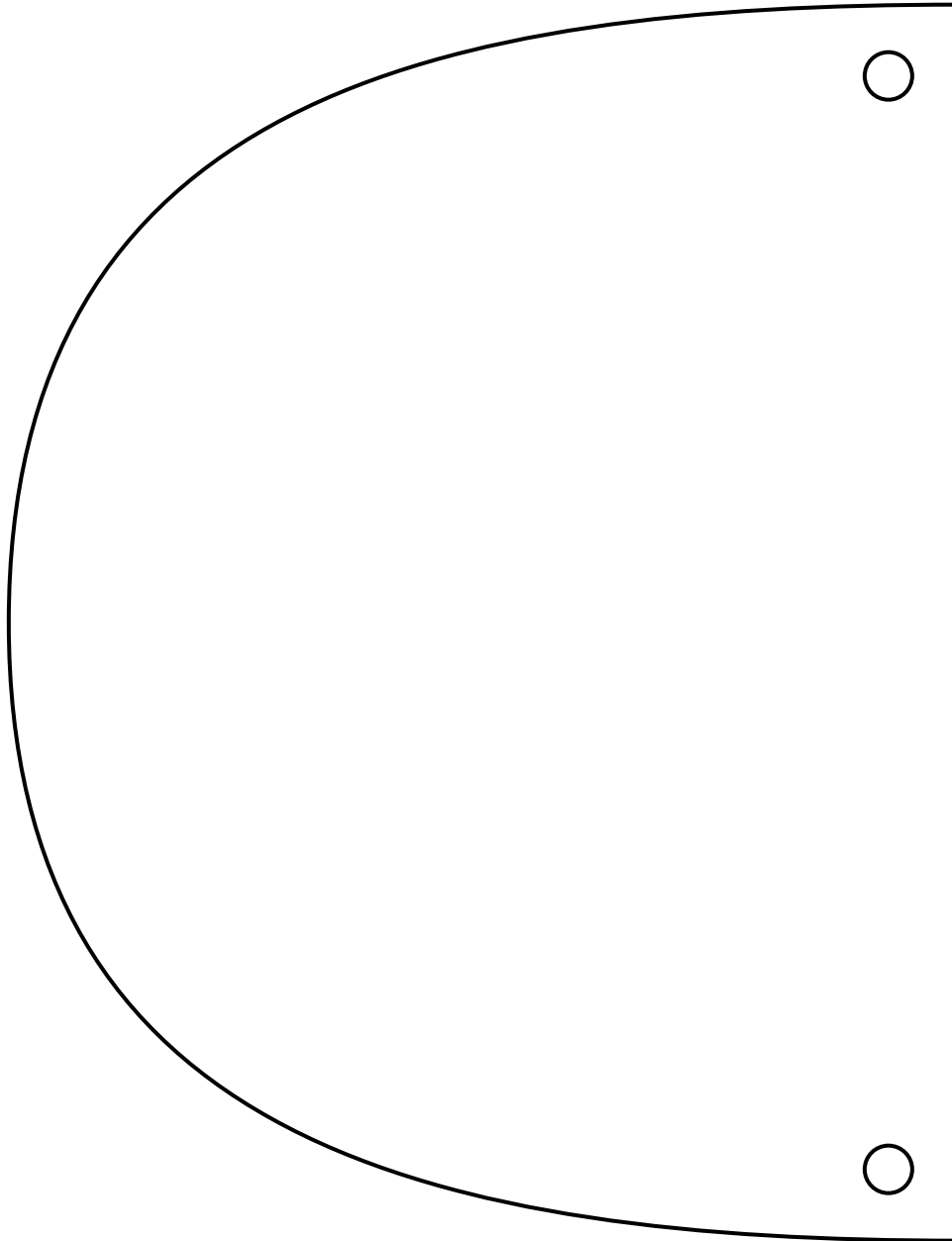
fish stencil





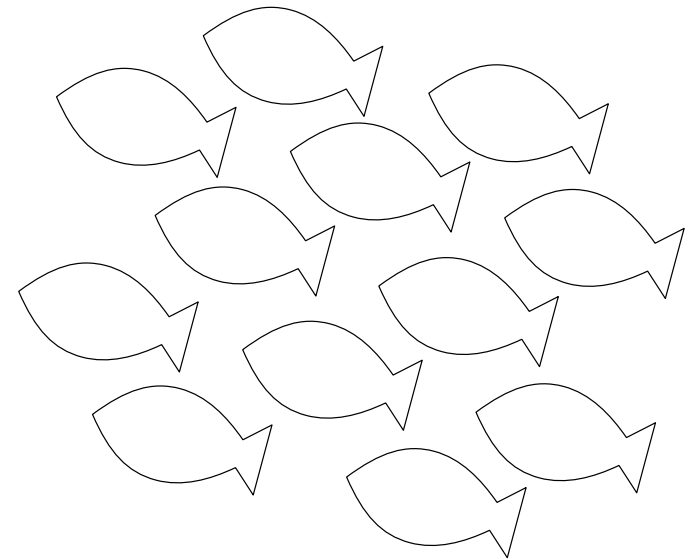
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boat stencil



“Throw your net on the right side of the boat and you will find some.”  
**John 21:6**

text box



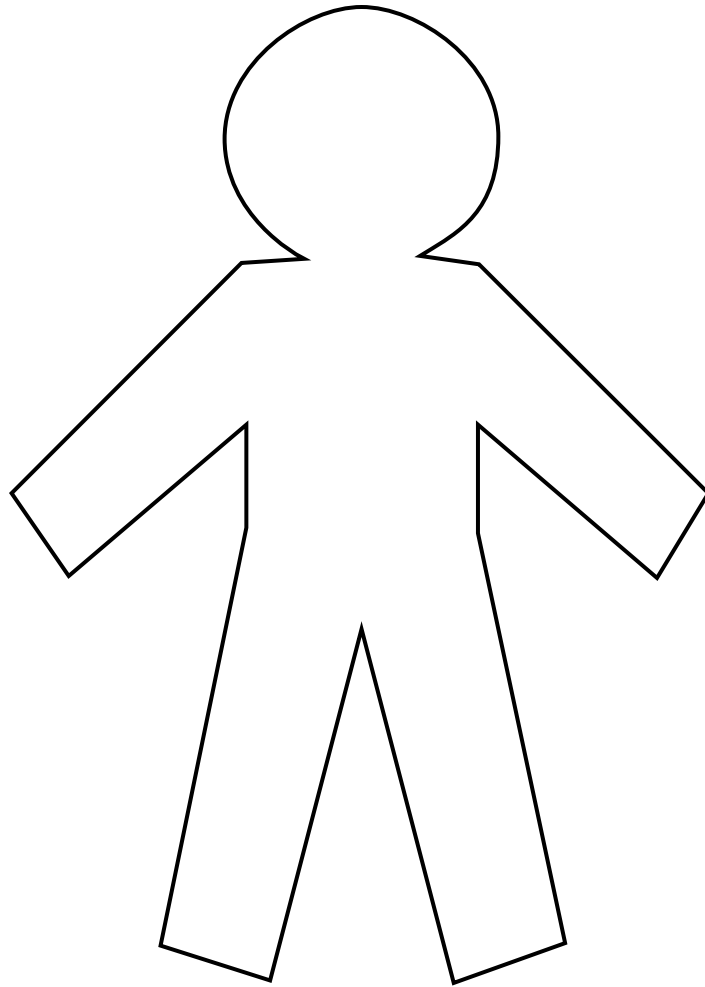
fish stencil



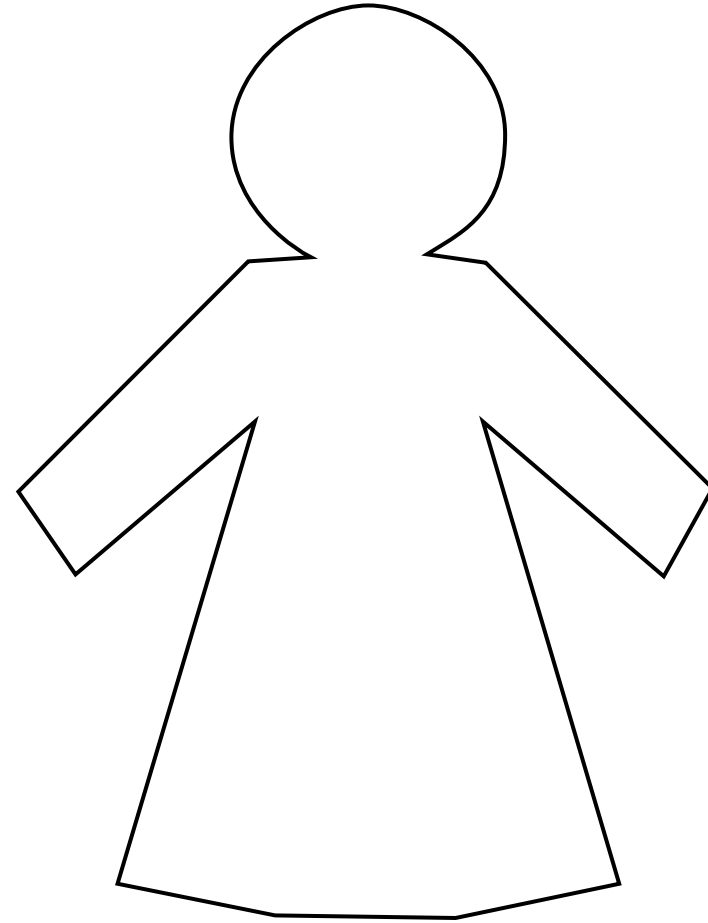




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boy stencil

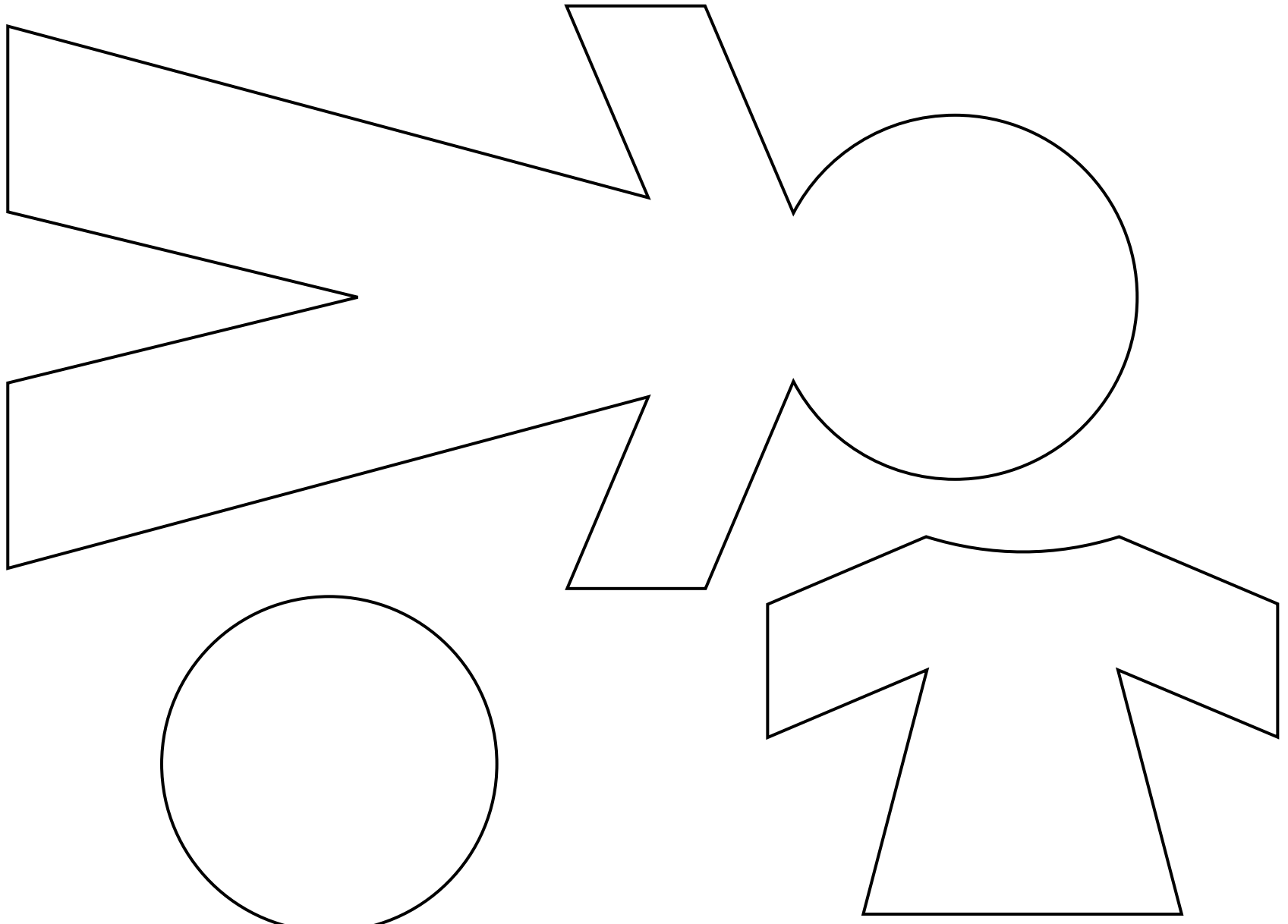


girl stencil





figure stencil



head stencil

shirt stencil

