

Resurrection

Jesus Gives Life
Lesson 4

Lesson Objectives

- The children will tell the story of Jesus' resurrection.
- The children will describe one way that God showed his power to raise Jesus from the dead.
- The children will explain one way that God's power can help them.

Lesson Text

John 19:38-20:18

Scripture Memory Verse

He is not here; he has risen, just as he said.

Matthew 28:6

Lesson Plan

Greeting and Registration

Preclass Activity: Starlands

Welcome and Singing

Centers:

Bible Story: Mary Remembers

Craft: Let Me Tell the Story

Scripture Memory: Chorus of Angels

NOTE: Allow time for a snack.



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Starlands

The children will preview today's lesson as they make star garlands to wear during the Scripture Memory Center.

Materials

For each child:

- 1 piece of ribbon, 1/4" x 24"
- scissors
- crayons

For the teacher:

- hole punch
- scissors

Reproducible Pages:

- Page A, 1 copy for each child

NOTE: If possible, Reproduce Page A on bright yellow paper.

Preparation

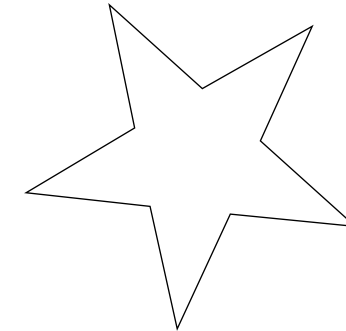
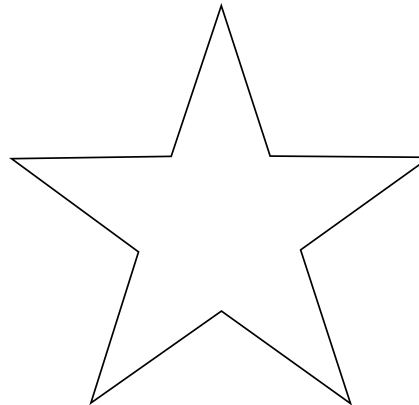
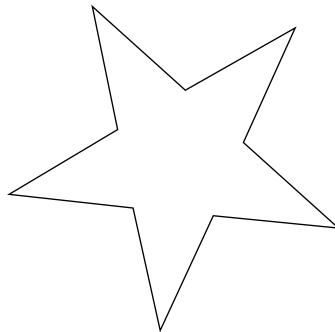
1. Cut one piece of ribbon for each child. Have extra on hand.
2. Make a sample garland headband for the children to see.
3. Cut out at least half of the stars for the children. If you have a large class, assign one adult to help with cutting during the Preclass.

Instructions

1. As the children arrive, show them the headband you have made. Tell them that they will be wearing these later in the class when they learn their Scripture Memory Verse.
2. Distribute the copies of Reproducible Page A and scissors to the children. Tell them to cut out the rest of the stars and to raise their hands when they are done or need help.
3. Hole punch each star on the "x." Give the children the ribbon and help them thread it through their stars.
4. When children have finished, help each child tie the headband around their head comfortably.
5. Make sure they write their names on their headbands. Collect the headbands and give them to the Scripture Memory Teacher for use later on.
6. Let the children who finish early make an extra headband for those who arrive late.

Teacher Tips

- Think of additional ways to decorate the stars using glitter or stickers.



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Mary Remembers

The children will discover the miracle of Jesus' resurrection as they listen to Mary's amazing account of the risen Lord.

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Materials

For each child:

- 1 small stone
- 1 square piece of white or brown material, 12" x 12"
- 1 piece of string, 24"
- 1 strip of white or brown material, 3" x 12"

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For the teacher:

- an antique looking basket or trunk
- 1 square piece of white or brown material, 2'
- 10 extra strips of white or brown material, 3" x 12"
- perfume
- 1 small stone, the size of a grape (no bigger)
- 1 square piece of white or brown material, 12" x 12"
- 1 piece of string, 24"

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Preparation

1. Spray a small amount of perfume on each of the strips of material.
2. Take your twelve-inch square piece of material and lay it flat. Place a stone and a folded perfumed strip in the middle of the square. Gather the four corners and tie with string. This is a sample "memory pouch."
3. Put everything in the trunk or basket.
4. Practice telling the story with feeling and genuine amazement.
5. OPTIONAL: Tell this story in costume as "Mary."

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Setting the Scene

Welcome the children to the Bible Story. Open your Bible to John 19, saying: *Today we have an amazing story to hear from the Bible about Jesus. In our last Bible Story we learned what happened to Jesus on his way to the cross. We know that God sent Jesus because he loves us and Jesus died so that we could be with God! Today, we are going to find out what happened AFTER Jesus died. It's an incredible story and it begins in John, chapter 19.*

Bring out the basket, saying: *Our lesson today is called "Mary Remembers." Mary Magdalene was a follower and a friend of Jesus. In this basket, I have some things to help us remember what happened to Jesus after he died. At the end, you will have a "memory pouch" to take home with you to help you remember Mary's story.*

Mary Remembers

Read the following diary excerpt with expression and enthusiasm, using the props as indicated.

To the people who hear this letter:

My name is Mary Magdalene. I am a follower of Jesus. What I am about to tell you is more amazing than anything you will ever hear. I saw it with my own eyes and I never want to forget it. I do not want anyone to forget what happened to me that day. Please tell this story to other people so they will not forget what happened!

Jesus was a very special friend to me. He helped me solve a lot of problems in my life. He helped so many people. But some people did not understand Jesus. I am sure that you have already heard about how he was treated so badly and then put on the cross. I think that was the saddest day of my life.

When people die, it is our custom to wrap them with strips of linen. Take out a strip of linen and show it to the children. After Jesus died, two followers of Jesus, named Joseph and Nicodemus, took his body and placed him in a tomb. Then they wrapped his whole body and even his head with these strips and some special spices. It took seventy-five pounds of spices to wrap his body.

Explain that seventy-five pounds is like ten bowling balls. I have left some strips like the ones they perfumed for you to smell. Bring out the strips and let the children smell them. When Joseph and Nicodemus finished, they left the body in the tomb.

IMPORTANT: If any children are allergic to perfume, make sure they don't smell or hold the strips.

Saturday was our Sabbath so I could not come to the tomb that day. But very early on Sunday morning, I went to the tomb. I wanted to put more spices on the strips. It was the only thing I could do. When I got to the tomb I was shocked! The huge stone was moved from the entrance. Take out the stones. This was not a small stone like the ones I left you. It was a huge stone, bigger than a man. This



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stone was put there so no one would enter the tomb. When I saw that it was moved, I went to tell the others.

I started running as fast as I could. I kept thinking, what happened to Jesus' body? Did someone steal it? I ran all the way to Peter and John, Jesus' closest friends. I told them, "They have taken the Lord out of the tomb, and we don't know where they have put him!" (John 20:2)

Peter and John loved Jesus very much. When they heard my news, they did not believe me. So they ran as fast as they could to the tomb. When they got there, they looked inside and they could not believe their eyes! He was gone! The strips of linen were lying there and the cloth that had been on his head was neatly folded, like the one I have left for you. Bring out the large square of folded material. Peter and John came out of the tomb and went back to their homes. But I stood outside the tomb crying.

As I was crying, I looked into the tomb. I just couldn't believe he was gone! Then something strange happened. When I looked inside, there were two angels sitting where Jesus had been. They asked me why I was crying and I told them. They told me, "He is not here; he has risen, just as he said." (Matthew 28:6) Then I turned around and there was another man. Where did he come from? He saw me crying and said, "Woman, why are you crying? Who is it you are looking for?" I thought that he must be the gardener. Maybe he took Jesus' body! "Sir," I said, "if you have carried him away, tell me where you have put him and I will get him." (John 20:15) I think I was crazy to say that. Jesus' body would have been far too heavy for me to carry, but I just wanted to find him!

Then, the most incredible thing happened. The man turned to me and said my name. He knew my name! How did he know my name? Who was he? Then I realized—he was not the gardener. It was Jesus! "Teacher!" I cried. I tried to hold on to him but he said that I must wait. It was true! Jesus had risen from the dead—just like he said. God raised him from the dead because his power was greater than death. I was so excited and confused and amazed!

I ran all the way back to the others. I could barely speak by the time I got there. I told them, "I have seen the Lord!" And I told them everything that Jesus said.

Memory Pouch

Give each child a square piece of material saying: *With this you will make a memory pouch to keep the things that Mary left for us.* Give each child a stone, saying: *This stone is to remind you of the huge stone that was moved from the tomb early Sunday morning.* Give each child a strip of perfumed white material and tell them to fold it up neatly and place it in the middle of the square material, saying: *This is to remind you of what Peter and John saw when they looked inside the tomb. They saw the strips of linen and the cloth neatly folded. You must never forget. When you smell the strip, you will smell perfume. This is to remind you of how much Mary loved Jesus and wanted to do something special for him.* Help the children tie up their squares tightly with string to make a small memory pouch.

Share and Tell

Tell the children that the stone and the strip will remind them of God's awesome power to raise Jesus from the dead. Ask each child to think of one person they will share this amazing story with. Encourage the children to use their Memory Pouch to remind them of God's power. Close with a prayer for the children to see God's power in their lives.

Teacher Tips

- Invite a disciple with theater background to present this Bible Story, carefully using this lesson as a script.
- The material for this should not be expensive or fancy. Burlap or an old sheet is adequate.

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Let Me Tell the Story

The children will review the Bible Story as they create a display of the resurrection and think about God's power.

Materials

For each child:

- 1 open shoe box or rectangular tissue box with top cut off
- glue stick
- crayons or colored pencils
- a small piece of white or canvas material, 1/2" x 1"

For the teacher:

- scissors
- perfume
- 4 envelopes

Reproducible Pages:

- Page B, 1 copy for each child

Preparation

1. Cut out the four figures from the copies of Reproducible Page B for each child.
2. Cut the small pieces of canvas for the children and lightly spray perfume on them.
3. Make a sample display box to show the children as a model.
4. Practice leading this activity.

Instructions

1. Introduce the craft showing your model and saying: *Today in our Bible Story we learned about how God raised Jesus from the dead. Mary was one of the followers who first discovered that Jesus was risen from the dead. She was the first one to speak to Jesus after he had risen! You will each make your own display of the scene where Jesus speaks to Mary outside the tomb in the garden.*
2. Distribute the four story figures you prepared and crayons. Give the children a few minutes to color the figures.
3. Show the children how to fold back the tabs at the bottom of each figure on the dashed lines, as shown in Figure A.
4. Distribute the boxes and glue sticks.

5. After the children have folded the tabs, show them where to place the figures in their boxes, using your example as a model. See Figure B. Help the children glue their figures in place.
6. Distribute the pieces of canvas. Help them place and glue them. See Figure C.
7. Make sure that the children write their names on their boxes.

Conclusion

For the children who have heard the Bible Story, ask them what they remember most. For children who have not yet heard the Bible Story, ask them why they think Mary is crying. Tell them that they will find out during the Bible Story today. Close with a prayer thanking God for his power to raise Jesus.

Teacher Tips

- Budget your time carefully to finish this craft. If necessary, omit the children's coloring in step 2.
- The displays may be embellished with small pieces of bushes or greenery, if available.



Resurrection

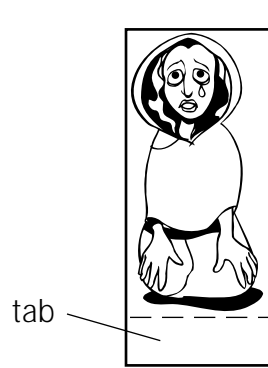


Figure A

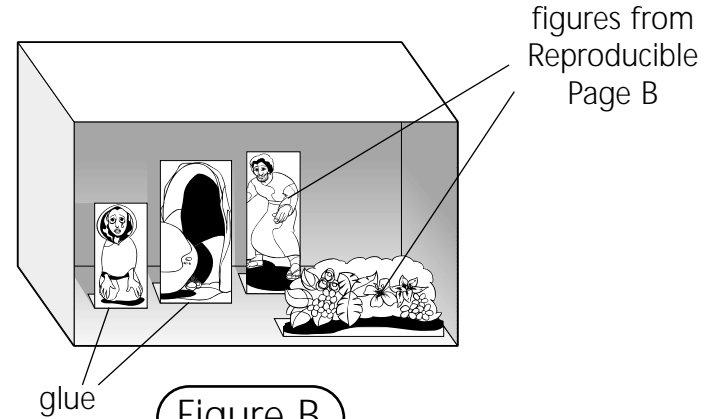
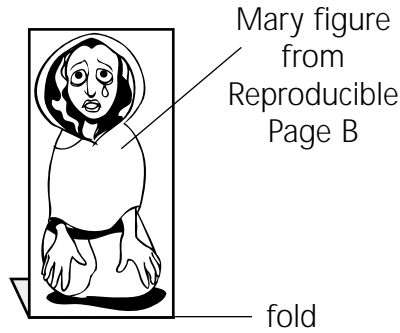


Figure B

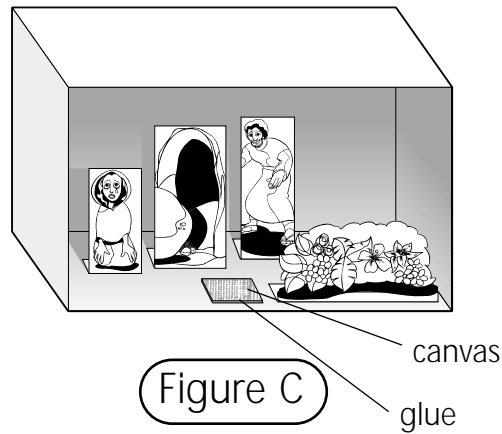


Figure C

Resurrection

Chorus of Angels

The children will learn today's memory verse and then sing it as a chorus of angels.

Scripture Memory Verse

He is not here; he has risen, just as he said.
Matthew 28:6

Materials

For each child:

- garland of stars from Preclass

For the teacher:

- large writing surface

Reproducible Pages:

- Page C, 1 copy for each child

Preparation

1. On the large writing surface, print the song as shown in Step 6 under instructions.
2. Fold each of the children's copies of Reproducible Page C on the dashed lines. These will be the songbooks.
3. Learn the memory verse by heart before the class and practice singing the song from this activity.

Instructions

1. Gather the children in a circle and introduce this activity, saying:
Today you are going to learn a verse that will remind you how God showed his power by raising Jesus from the dead. In the Bible Story, we learn what Mary remembered about how Jesus was raised from the dead. When Mary went to visit the tomb where Jesus was buried, she looked inside and Jesus was gone! Instead, she found two angels sitting in the same spot where Jesus' body had been. The Bible says in Matthew 28:6 that the angels told Mary, "He is not here, he has risen, just as he said." The angels knew that God had raised Jesus from the dead. And soon after that, Mary saw for herself Jesus raised from the dead!
2. Show the children the memory verse on the back of this Lesson Card. Read it to the children three times.



3. Say the verse together with the children three times, each time using a different voice: regular voice; low voice; high voice.
4. Tell the children that now they will sing the verse in a special song. Tell them that they are going to pretend that they are angels, just like the angels in the Bible Story, who are telling the great news that Jesus is risen.
5. Distribute the copies of Reproducible Page C. Line the children up side by side and tell them to pretend that they are an angel chorus. Show them how to stand straight and hold up their songbooks. Face the children and say the verse together with them as you conduct. Refer to the song written on the large writing surface.
6. Sing the memory verse to the tune of "Frere Jacques" as follows:
*He is not here; He is not here;
he has risen, he has risen,
just as he said, just as he said.
Matthew 28, in verse 6*
7. Practice singing the memory verse with the children several times until they are very comfortable with it. Vary the singing by doing it in rounds, dividing the group in half.
8. Distribute the star garlands from the Preclass and help the children put them on. Sing the verse as a chorus of angels.

Conclusion

Remind the children that God can use his power today to help us with difficult situations in our lives. Close with a prayer for God to help the children with difficult things in their lives.

Teacher Tips

- Arrange to have the children sing their Scripture Memory Song to other children in different classes.



He is not here;
he has risen,
just as he said.

Matthew 28:6

Lesson Objectives

- The children will tell the story of Jesus' resurrection.
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- The children will explain one way that God's power can help them.

Lesson Text

John 19:38-20:18

Scripture Memory Verse

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Matthew 28:6

Lesson Plan

Greeting and Registration

Preclass Activity: All Wrapped Up

Welcome and Singing

Centers:

Life Application: Power to Help

Game: Power Bridge

Bible Skills: After the Cross—A Timeline

NOTE: Allow time for a snack.



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All Wrapped Up

The children will wrap each other in toilet paper to help them appreciate God's power to free Jesus from death.

Materials

For each child:

- 1 roll of toilet paper for every two children

For the teacher:

- 1 piece of banner paper, at least 4' long
- black marker
- crayons

Preparation

1. Ask parents to help provide the rolls of toilet paper.
2. Provide extra rolls of toilet paper.
3. Secure the banner paper to a table or the floor where all the children can reach it.

4. Along the top of the banner, print with the marker in large letters: How does it feel to be all wrapped up?

Instructions

1. As the children arrive, arrange them in pairs and explain that they are going to wrap each other up so that they can understand what it was like for Jesus.
2. Give each pair a roll of toilet paper. Station one teacher at the banner paper to write the children's words as they are wrapped up.
3. Tell the children to take turns wrapping each other, starting at the feet and going up to their elbows.
IMPORTANT: Do not let the children wrap each other above the elbows.

4. Ask the child who is wrapped how it feels. Have the teacher record his name and his feelings. Have his partner help unwrap him. He may now wrap his partner, repeating Steps 2 and 3.
5. When each pair has finished, have them draw a picture on the banner paper of themselves wrapped up.
6. Display the banner where parents can see it later.
NOTE: Do not force a child to participate in this activity. Invite children who do not want to be "wrapped up" to help wrap others or to illustrate the banner.

Teacher Tips

- Neatly dispose of the toilet paper.

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Power to Help

The children will review the Bible Story as they talk about different ways that God's power can help them in difficult situations.

Materials

For each child:

- pencil
- crayons or colored pencils

For the teacher:

- large writing surface

Reproducible Pages:

- Page D, 1 copy for each child

Preparation

1. On the top of the large writing surface, neatly print: I Need God's Power to Help Me.
2. Complete the activity on your copy of Reproducible Page D.

Reviewing the Bible Story

Open your Bible to John 19. Remind the children that this week's Bible Story begins in the New Testament book—gospel—of John in chapter 19. *In our lesson this week, we learned that God showed his power in an awesome way to raise Jesus from the dead. He moved the huge stone that sealed the tomb. The stone was bigger than a man and probably weighed a ton! God made Jesus alive even after Jesus had been buried and wrapped in seventy-five pounds of wet material. Today we are going to think about ways that God used his great power to raise Jesus from the dead. God has power to do many things. Today, God's power can change the most difficult problems we have, too.*

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Life Application

Ask the children to say the things they need help with. Write their answers on the large writing surface under the words: I Need God's Power to Help Me. (Answers should include: read; write; spell in school; sharing; getting along with brothers and sisters; getting along with others; doing chores; obeying parents; learning their memory verse; etc.) Explain that Jesus loves us very much and always wants to help us, especially with things we need the most in our lives.

Distribute the copies of Reproducible Page D to the children. Tell them to choose one thing that they need God's power to help them with and have them write it on their pages. Encourage them to choose one of the answers from the discussion. Let them color or decorate their pages when they are finished.

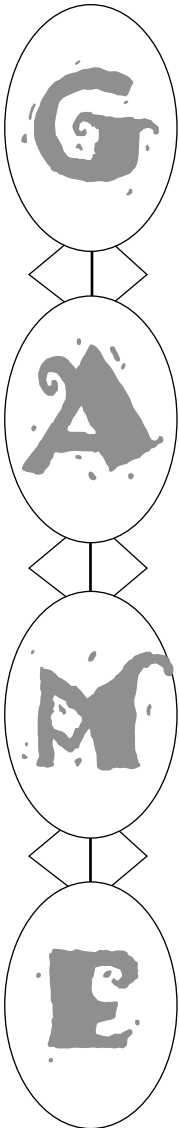
Conclusion

End this time with a prayer. Go around in a circle and let the children ask God to help them with the things that they have written. Encourage them to share their pages with someone in their family.

Teacher Tips

- Get advice about how to share from your life with this age group.





Power Bridge

In this game, the children will describe ways that God's power can make a difference in their lives.

Materials

For the teacher:

- game board on the back of this Lesson Card
- scissors
- 1 piece of red construction paper
- 1 piece of blue construction paper
- black marker
- glue stick

Reproducible Pages:

- Page E, 1 copy for the teacher

NOTE: You may substitute other colors for the red and blue construction paper.

Preparation

1. Cut out the picture squares from your copy of Reproducible Page E.
2. Cut out four red and four blue three-inch squares from the construction paper.
3. Glue the "Before" pictures to the red squares and on the opposite side, write: Before.
4. Glue the "After" pictures to the blue squares and on the opposite side, write: After.
5. Practice playing this game at home.

Instructions

1. Introduce today's game, saying: *In our Bible Story, we learned about God's power: power to raise Jesus from the dead and power to help us in our lives today! In this game, you are going to describe one way that God's power can help you in your life.*
2. Tell the children that the game is called Power Bridge. Explain that the object of the game is to understand how God's power can help change a bad situation into a good one. *On one side of the bridge, will be four "Before" squares and on the other side of the bridge will be "After" squares. The Before squares show a problem and the After squares show how God's power solved*

the problem. There are four pairs. You will take turns trying to find a pair. When you find a corresponding pair, you must tell the group how God's power changed the situation. Read each pair to the children.

3. Shuffle the Before squares and place them face down and spread out on the left side of the bridge. Shuffle the After squares and place them face down and spread out on the right side of the bridge.
4. Divide the children into two teams and have one team begin.
5. Tell a child from the first team to turn over one Before square and one After square. You read the squares. If the squares do not correspond to each other, the child turns them back over and the next team takes a turn. If they do correspond, then the child places the squares on the bridge in the spaces indicated. The child will then explain how God's power changed the situation from a bad one to a good one, saying: *God's power helped because _____.* Collect the pair of squares after the child has answered.
6. Play continues until all the pairs are found and the children have explained how God's power changed the situations. Everyone wins when all the situations are explained.
7. If time permits, reshuffle the cards and play again.

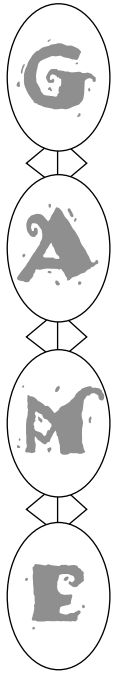
Conclusion

Ask the children to choose one situation from today's game that they can relate to. Close with a prayer, having the children ask God to help them in these situations and to do better because of his power.

Teacher Tips

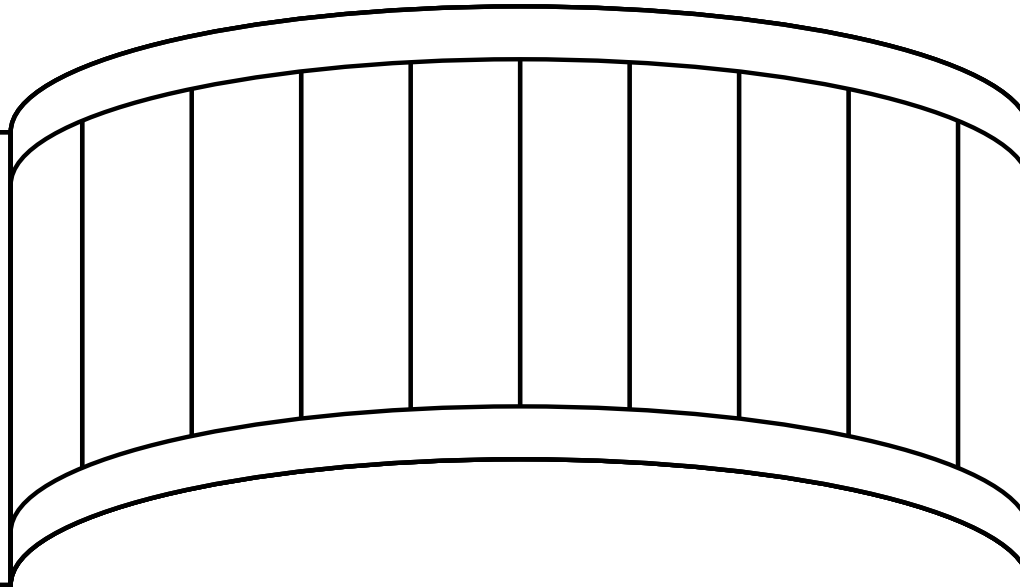
- Some children may show disinterest in a non-competitive game. Remind them that the real winners are those who understand how God's power can help them everyday.





God's power helped because _____.

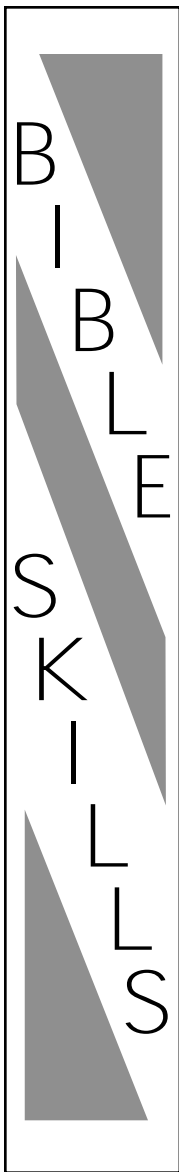
Before



After

POWER BRIDGE





After the Cross-A Timeline

This timeline will show the events that Mary remembered after Jesus rose from the dead.

Materials

For each child:

- pencil
- crayons or colored pencils

For the teacher:

- the Timeline from Unit 8 Lesson 3

Reproducible Pages:

- Page F, 1 copy for each child

Preparation

Complete your copy of Reproducible Page F prior to class.

Instructions

1. Introduce today's activity, saying: *Today you will make a timeline of things that happened after Jesus went to the cross. Last week, you made a timeline to show the things that happened before Jesus went to the cross. Today, you will show what happened to Jesus after he went to the cross.* Show the timeline from Unit 8 Lesson 3 to remind them of last week's activity.
2. Distribute the copies of Reproducible Page F and the pencils to the children. Have the children write their names on their timelines. Show them the one that you completed. Explain that each "box" has one thing that happened after Jesus went to the cross. These are the same things that they learned in their Bible Story this week.
3. Tell the children to point to the box marked John 20:1. Tell them to trace over the words with their pencils. Read what they have written together with them.
4. Tell them to point to the box marked John 20:2 and trace over the words as they did with the first box. Read the words together.

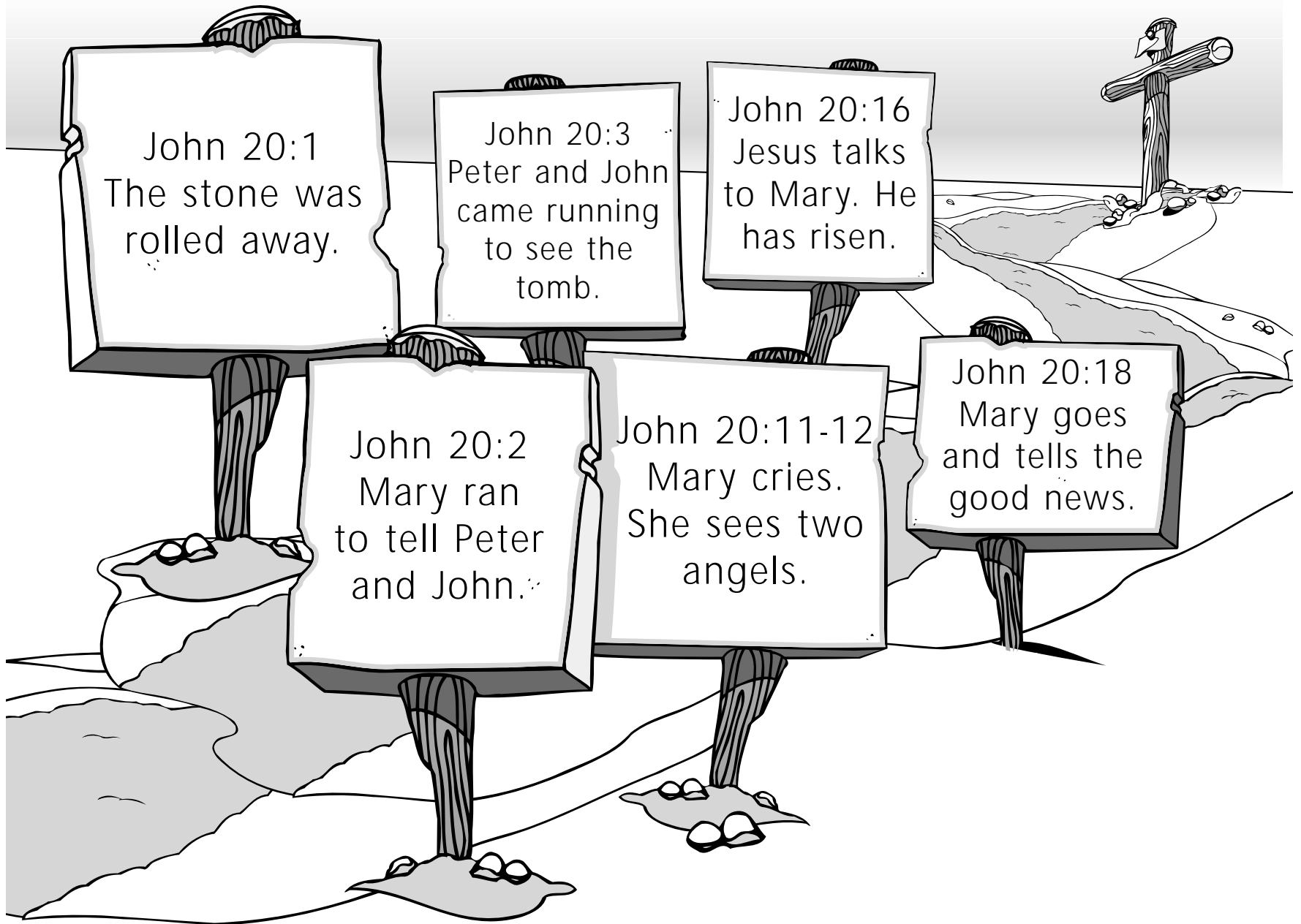
5. Repeat this with all of the boxes until they are all filled in and you have read them together with the children.
6. Distribute the crayons and tell the children to color their pages.
7. When they are finished coloring, go around in a circle and have the children take turns reading the boxes on the timeline in order.

Conclusion

Tell the children that Jesus went to be with God several weeks after he spoke to Mary and the other disciples. Remind them that Jesus is alive today and is with God in heaven. Every day he wants to help us do what is right so that we will please God. Close with a prayer for the children to remember Jesus everyday.

Teacher Tips

- This is a good activity for the children to work in pairs. Pair children who have not heard the Bible Story with those who have.



John 20:1
The stone was rolled away.

John 20:3
Peter and John came running to see the tomb.

John 20:16
Jesus talks to Mary. He has risen.

John 20:2
Mary ran to tell Peter and John.

John 20:11-12
Mary cries. She sees two angels.

John 20:18
Mary goes and tells the good news.



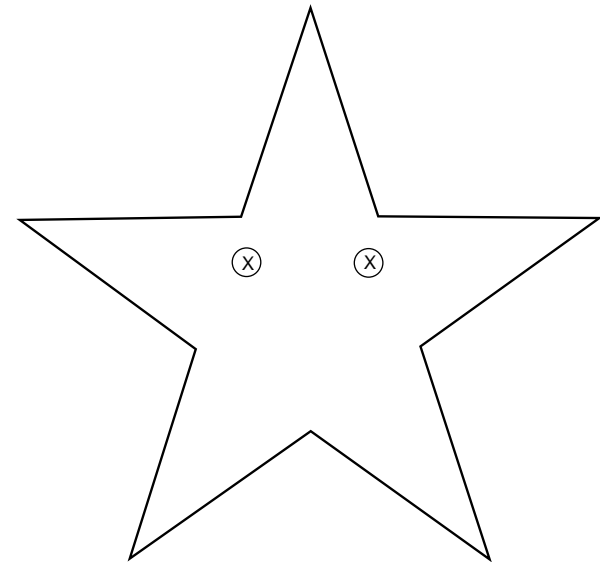
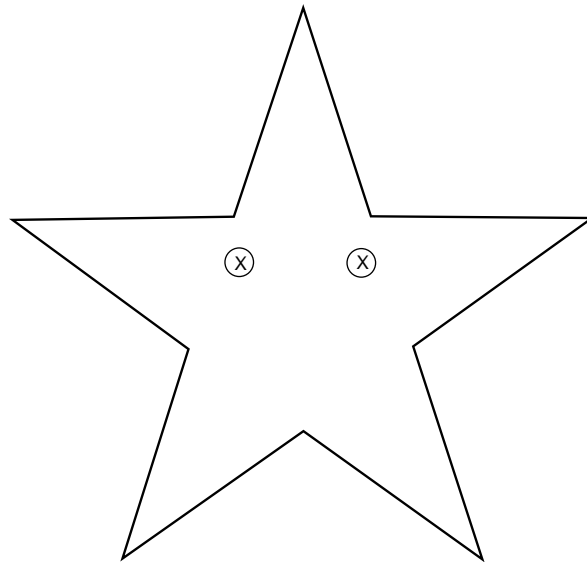
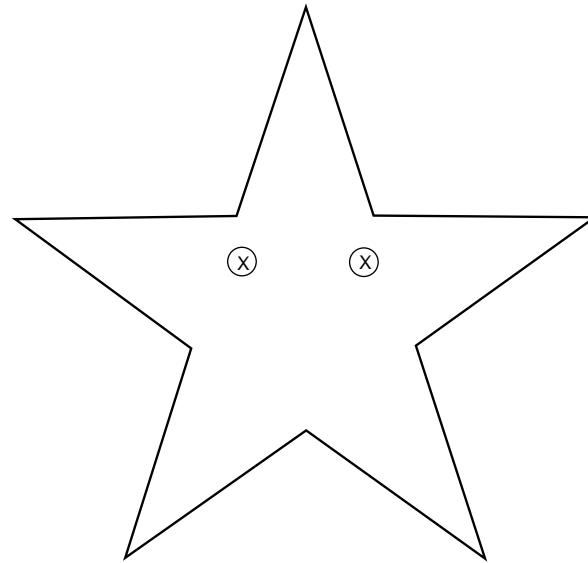
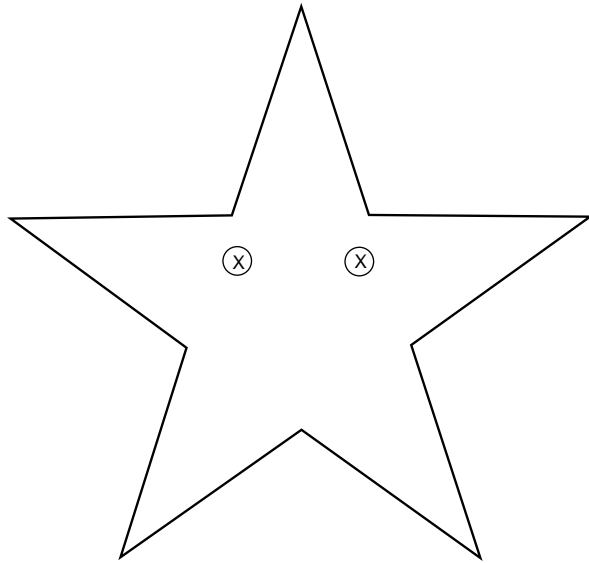
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Core/Preclass

1 copy for each child (Optional - bright yellow paper)

Jesus Gives Life
Lesson 4





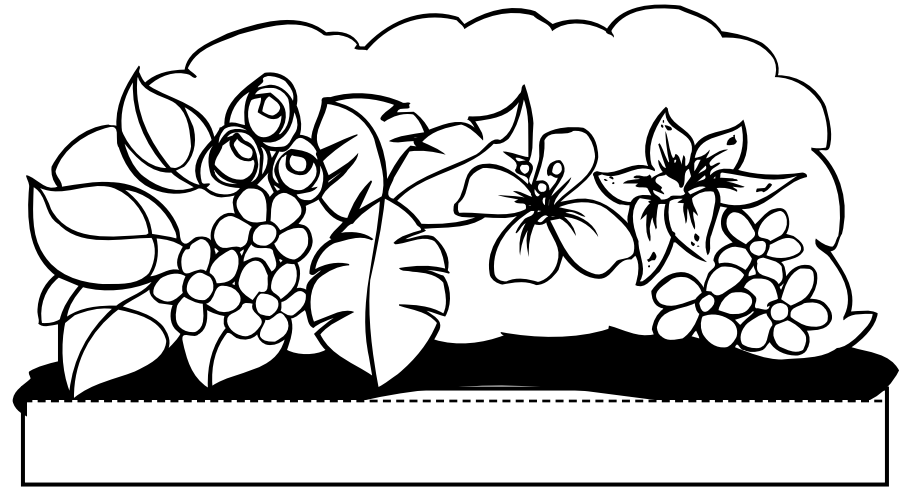
Tomb Entrance



Jesus



Mary



garden

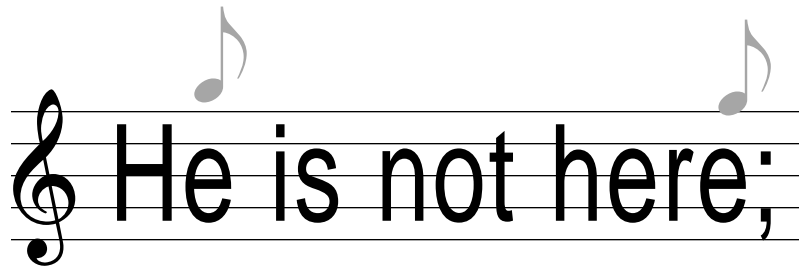
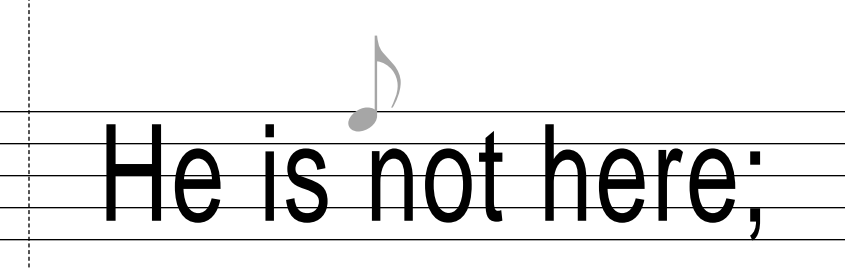
Core/Scripture Memory



1 copy for each child

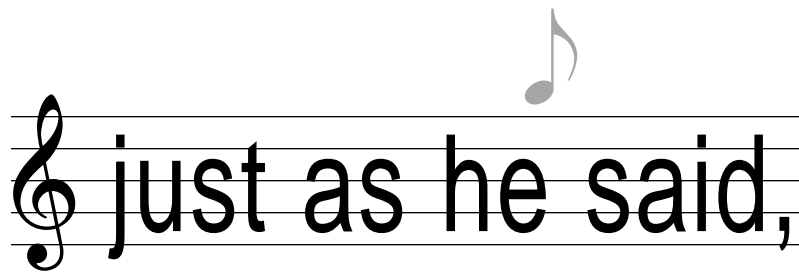
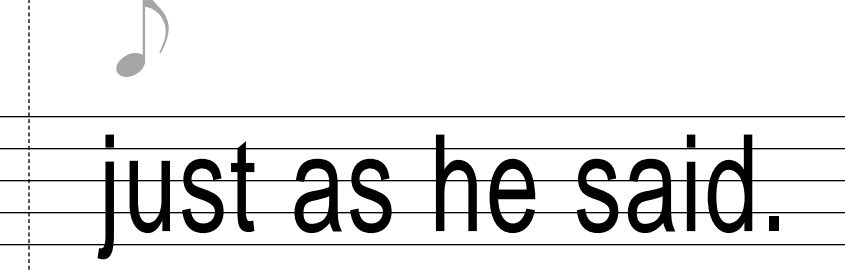
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 He is not here;  He is not here;

 he has risen,  he has risen,

 just as he said,  just as he said.

 Matthew 28,  in verse 6



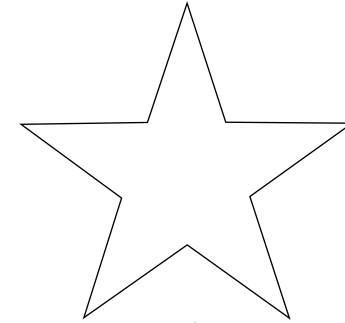
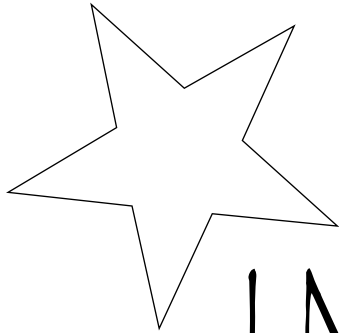
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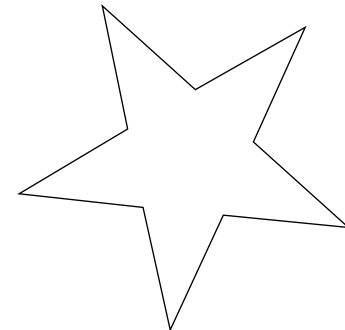
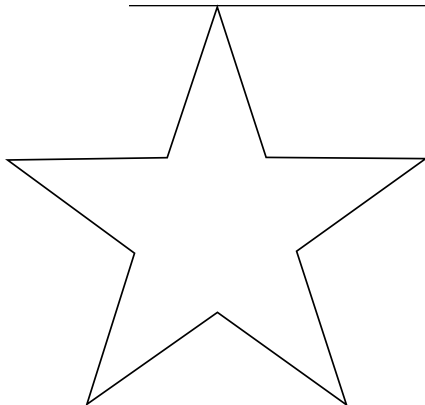
Supplement/Life Application
1 copy for each child

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I Need God's Power to Help Me



Supplement/Game

1 copy for the teacher

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<p>Child does not clean room when asked by mother.</p> <p>BEFORE</p>	<p>The children in a group with teacher are not listening or showing respect.</p> <p>BEFORE</p>	<p>Brother and sister are angry because they are not sharing.</p> <p>BEFORE</p>	<p>A child is left out and alone while others are playing.</p> <p>BEFORE</p>
<p>Child obeys mother and cleans room.</p>  <p>AFTER</p>	<p>Children are showing respect and listening to teacher.</p>  <p>AFTER</p>	<p>Brother and sister are sharing and happy.</p>  <p>AFTER</p>	<p>The child is invited to join the others.</p>  <p>AFTER</p>



After the Cross - A Timeline

