

I Am Blessed

Lesson Objectives

- The children will state that God created the first man and woman, Adam and Eve.
- The children will identify different parts of the human body.
- The children will thank God for their bodies.

Bible Story Text

Genesis 2:7, 22; Psalm 139:13-16

Bible Truth

God made me
(Psalm 139:14)

Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

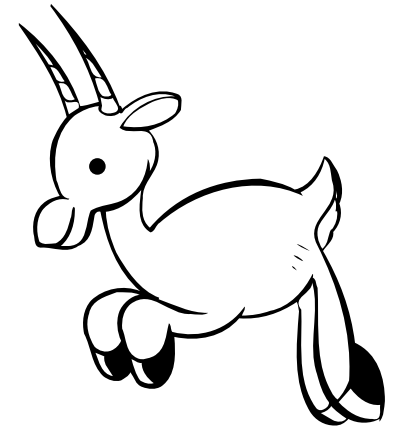
Centers:

Bible Story: The First People

Life Application: Felt Board Body

Craft: Wonderfully Made

NOTE: Be sure to allow sufficient time for a snack.



I Am Blessed

Preclass Centers

As the children arrive, guide them to a preclass center. Have no more than six children at each center.

Materials

Use the materials previously selected for this unit's preclass centers.

Preparation

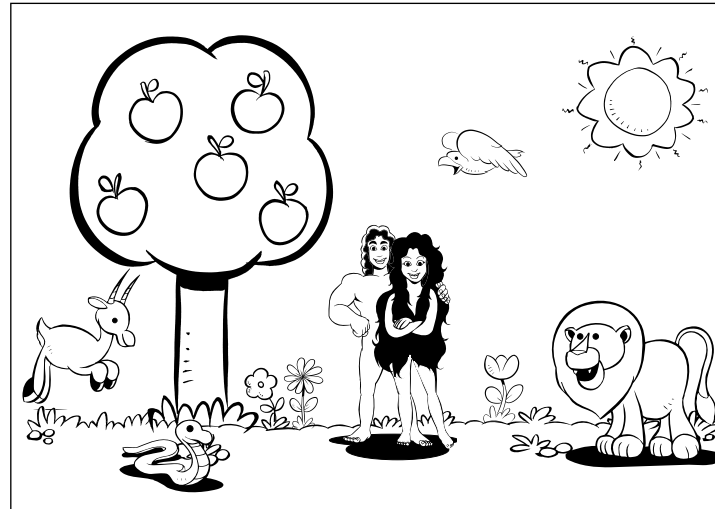
1. Be sure to check the condition of the materials selected for this unit's preclass centers prior to set up. Replace any broken toys, or puzzles with missing pieces as necessary.
2. Set up the centers before the children come into the classroom.
3. Assign a teacher to each center and have the teachers stay in those centers until the singing begins.

Instructions

Guide the play in each center reinforcing the unit theme.

Teacher Tips

- **IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.
- Be involved in the group play and offer guidance as needed.
- Wear comfortable clothes suitable for sitting on the floor.
- Smile! Be childlike in heart and alert in mind.



I Am Blessed

The First People

The children will hear about the first man and woman that God created.

Bible Story Text

Genesis 2:7, 22; Psalm 139:13-16

Materials

For the teacher:

- props for the days of creation: Day 1—flashlight; Day 2—blue paper; Day 3—a flower or pictures of a tree and flower; Day 4—a yellow paper sun, white moon or yellow star; Day 5—pictures of a bird and fish; Day 6—pictures of people and animals; Day 7—scenic picture
- teaching picture from Unit 8 Lesson 1, Bible Story

Preparation

Practice telling the story with the props.

Adam and Eve

Sing the "Creation Song" from the Unit 8 Song Sheet. Show the children the prop for each day as you sing the song.

God made all of these things. He looked around at what he had made and saw that it was good. Then he said, "I will make a man to take care of the fish, the birds and the animals." He called the man Adam (Genesis 1:26-27). Show the children the picture and let them find Adam. Then he made a woman to be Adam's wife and to be his helper. Her name was Eve (Genesis 2:20-22). Let the children find Eve in the picture.

God made a beautiful garden for Adam and Eve to live in. It had many different trees, some with pretty flowers and some with fruit to eat. God told Adam to take good care of the garden.

On the sixth day, after God made the animals, he made a man. Point to Adam. What was his name? That's right, his name was Adam. He also made a woman. Point to Eve. What was her name? Yes, her name was Eve.

God made everyone. God made me and God made you. He gave each of us a head. Pat the top of your head. Can you pat your head? God gave us arms. Shake your arms. Let's shake our arms. God gave us fingers. Wiggle your fingers. We have legs. We can walk with our legs. Have the children stand up and walk around in a circle. God gave us feet. Lift one leg and shake your foot. God gave each of us wonderful bodies.

NOTE: Save the teaching picture for Unit 8 Lesson 3, Bible Story.

Conclusion

Let's thank God for making the first man and woman and thank him for making us. Thank you, God, for Adam and for Eve. Thank you for our heads. Thank you for our arms, fingers, legs and feet. Thank you, God, for giving us wonderful bodies.

Ask the following questions as a review:

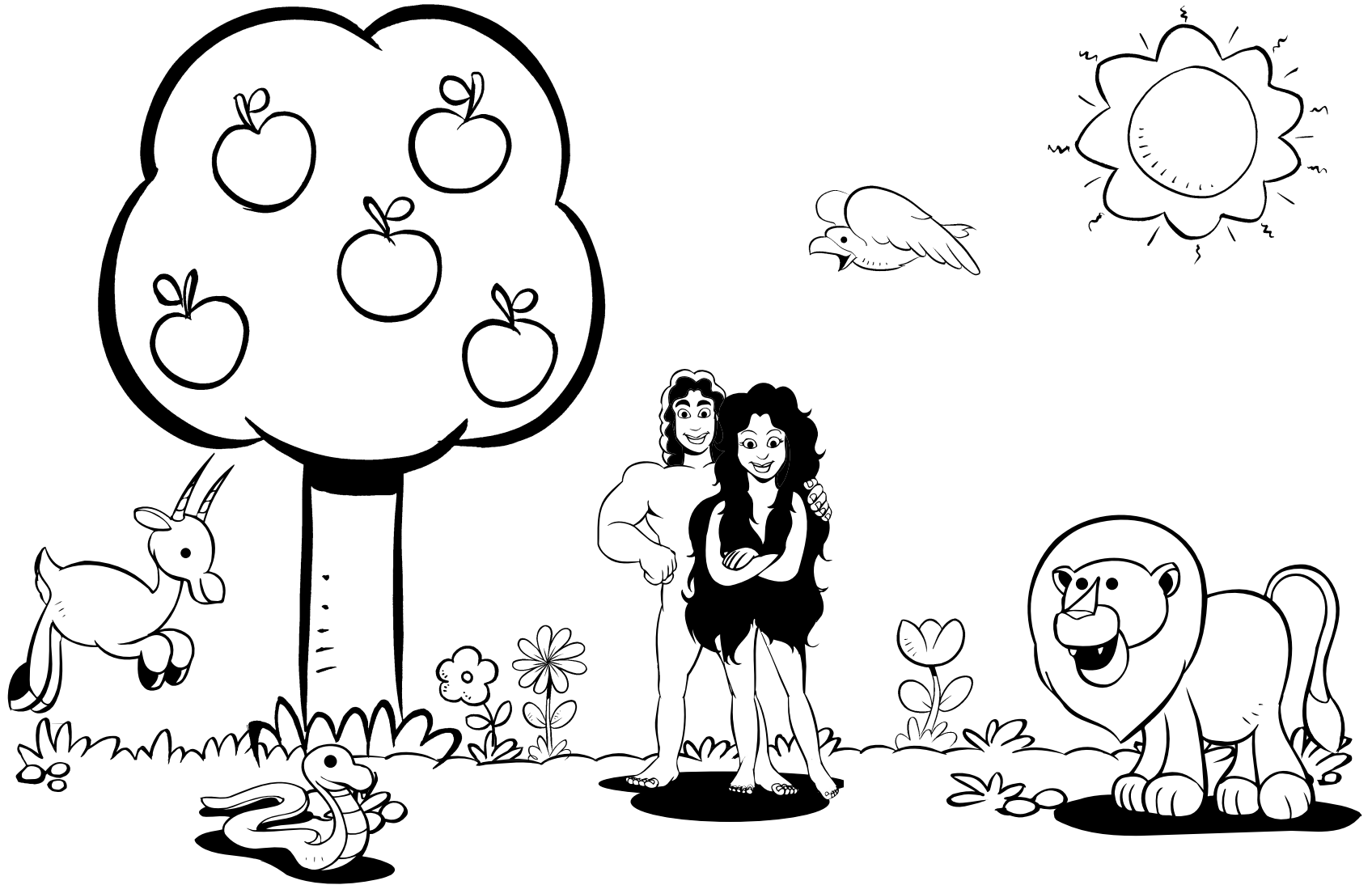
- Who made the first man? (God)
- What was his name? (Adam)
- Who made the first woman? (God)
- What was her name? (Eve)
- Who made you and me? (God)

Let's say that together, "God made me."

Bible Story



I Am Blessed



I Am Blessed

Felt Board Body

The children will identify different parts of the human body as they assemble felt board figures.

Bible Truth

God made me.
(Psalm 139:14)

Materials

For the teacher:

- felt board
- 1 piece of white felt, 11" x 17"
- felt board figures from Unit 8 Lesson 1, Life Application

Preparation

1. Place the white felt onto the felt board.
2. Practice the activity using the props.

Instructions

1. Assemble the boy and girl felt board figures on the felt board.
Today we are going to talk about our bodies. Can you tell me who made your body? That's right! God made your body. He made some of you boys. Point to the boy figure on the felt board. He made some of you girls. Point to the girl figure on the felt board.
2. For a class of mostly twos, conduct the activity as follows:
 - A. Remove one of the felt boards pieces from the boy felt board figure.
 - B. Ask the children which body part is missing.
 - C. Choose a boy to place the missing piece back on the felt board.
 - D. Identify and talk about each body part. Have children point to their own arms, legs, etc. Explain what each part does and how we should be thankful that God gave us arms to hug, legs to run, etc.
 - E. Repeat the previous steps using the girl felt board figure and choosing a girl to replace the missing piece. Alternate between boys and girls until each child has had a turn.

3. For a class of mostly threes, conduct the activity as follows:
 - A. Give each boy a piece of the boy felt board figure. Give each girl a piece of the girl felt board figure.
 - B. Have each boy and each girl take turns adding their pieces to the felt board until each figure is assembled.
 - C. Identify and talk about each body part. Have the children point to their own arms, legs, etc. Explain what each part does and how we should be thankful that God gave us arms to hug, legs to run, etc.

NOTE: Save the boy and girl felt board figures for Unit 8 Lesson 3, Life Application.

Bible Truth Activity

I am so happy that God made me and gave me a wonderful body! Who made you, Amy? That's right, God did. Ask each child who made them. Let's say our Bible words together, "God made me."

Conclusion

Let's thank God for making our wonderful bodies. Thank you, God, for giving us legs to help us walk and arms to hug with. Thank you for all the wonderful things that our bodies can do.

Who will you tell about Bible class today? Do you have friends that would want to come with you to class? Would they be excited to know that God made them very special?

Sing the "Hokey Pokey" from the Unit 8 Song Sheet. Have the children stand in a circle and do the motions along with you as you sing the song.

Teacher Tips

- Keep the discussion focused on arms, legs, head, fingers etc. This is not the time for a discussion on the differences between boys and girls. If a child should mention this specifically, do not say anything negative. Acknowledge the child and quickly move on. Discussion of anatomy at this age should be taught in the home and is not appropriate in the classroom.

God made me.



Craft

I Am Blessed Wonderfully Made

The craft will remind the children that God made their bodies.

Materials

For each child:

- 1 envelope
- 1 piece of construction paper
- glue stick
- crayons

For the teacher:

- scissors
- marker

Reproducible Pages:

- Page A, 1 copy for each child

Preparation

1. On each piece of construction paper write "God Made Me" at the top and "Most Wonderfully!" at the bottom.
2. Cut out the different parts of the body from the copies of Reproducible Page A and put them into an envelope for each child.
3. Make a model of the craft following the instructions.

Instructions

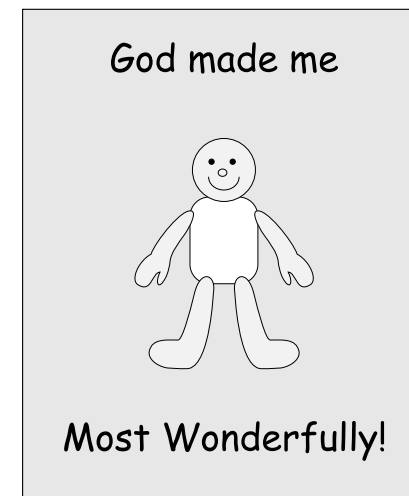
1. Show the completed craft to the children. Identify each part of the body and its purpose. Remind the children that God made each part of our bodies.
2. Give each child a sheet of paper and an envelope containing the pictures of the parts of the body.
3. Have the children glue the pictures of the parts of the body to their papers.
4. Let the children color in their pictures.

Conclusion

Have the children name the parts of the body in their pictures. Read the words to them. *That means God made each of you special. God made your hair black and your hair brown. God made your skin dark and your skin light. He made us all very special.*

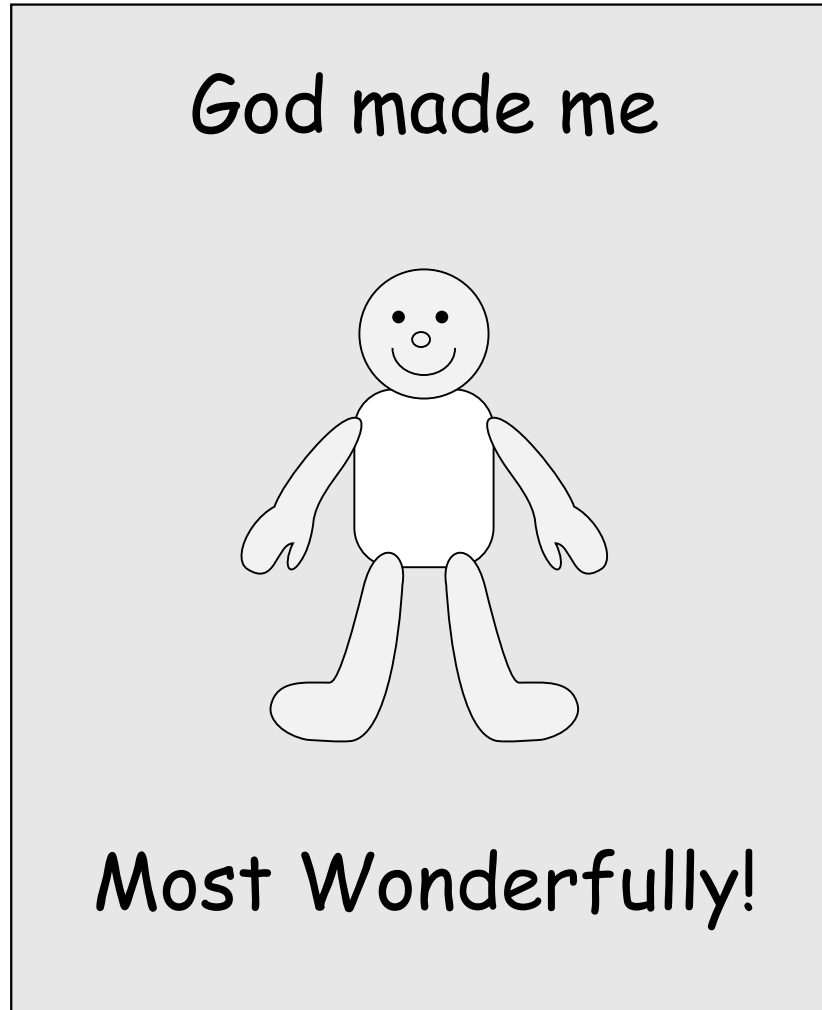
Teacher Tips

For mature threes cut out the hands and feet of the figures to make the pictures more challenging.



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I Am Blessed



Finished Craft





I Am Blessed

God Made Me

Lesson 2

Lesson Objectives

- The children will state that God created the first man and woman, Adam and Eve.
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Bible Story Text

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Bible Truth

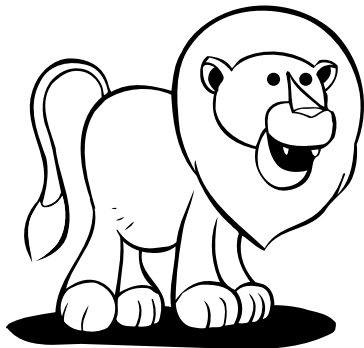
God made me.
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Preclass Centers

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Preparation

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Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

Centers:

Life Application: Baby Grows Up

Bible Story: The First People

Craft: My Face

NOTE: Be sure to allow sufficient time for a snack.

Teacher Tips

- **IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.
- Be involved in the group play and offer guidance as needed.
- Wear comfortable clothes suitable for sitting on the floor.
- Smile! Be childlike in heart and alert in mind.

Baby Grows Up

The children will talk about what it was like to be a baby and how different they are now as they are growing.

Bible Truth

God made me.
(Psalm 139:14)

Materials

For the teacher:

- 1 baby doll
- 1 baby blanket
- 1 baby bottle
- 1 small baby diaper

Preparation

1. Learn the "Creation Song" from the Unit 8 Song Sheet.
2. Familiarize yourself with the activity.

Instructions

1. Show the children the baby doll. Hold the baby. Rock the baby and give it a bottle.
2. Pass the baby around, so everyone has a turn to play with it.
3. After everyone has had a turn with the baby, put it away. Sing "Grew and Grew" from the Unit 8 Song Sheet and use each child's name in the song.
4. *Remember when you were a baby? All you could do was lie on the floor. You couldn't run. You couldn't jump. All you could do was cry if you wanted something.* Lie on the floor on your back and cry. *If you were hungry, you couldn't eat a banana or a cookie. All you could do was drink a bottle.* Lie on the floor and pretend to hold up a "bottle" and make sucking sounds. *But then you got a little bigger, and you could roll over.* Roll over onto your stomach. *You could hold up your head.* Hold up your head. *You could smile.* Smile. *Then you got up on your hands and knees and rocked back and forth and laughed.* Rock on your hands and knees and laugh. *And before you knew it, you could crawl!* Crawl around.

I Am Blessed

God Made Me Lesson 2

But you were too little to sit up. Can you sit up now? Yes! You can sit up! Can you talk? Can you say "MaMa" or "DaDa." Wow! You are getting so big! Do you have teeth, so you can eat food instead of just drinking a bottle? Look at those nice big teeth. Are you big enough to stand up? You can even stand now! You are getting so big! But can you walk? You can walk! You are so big! Can you drive a car? No, you are not that big yet. Let's all sit down now and clap for all of the babies who grew up!

Bible Truth Activity

God gave us our bodies and God helped us to grow! Let's say our Bible Truth together, "God Made Me."

Conclusion

Who used to be a baby? We all used to be babies, but God helped us to grow. Let's thank God for helping us to grow. Say a short prayer to thank God.

Our friends and Mommies and Daddies used to be babies too! God also helped them to grow up. Let's tell them when we see them that God helped them to grow up and God is also helping us to grow up now.

Teacher Tips

Have the children follow your lead as you lie on the ground. Have them imitate you as you pretend to be a baby.

The First People

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For the teacher:

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Adam and Eve

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I Am Blessed

God Made Me

Lesson 2

God made a beautiful garden for Adam and Eve to live in. It had many different trees, some with pretty flowers and some with fruit to eat. God told Adam to take good care of the garden.

On the sixth day, after God made the animals, he made a man. Point to Adam. What was his name? That's right, his name was Adam. He also made a woman. Point to Eve. What was her name? Yes, her name was Eve.

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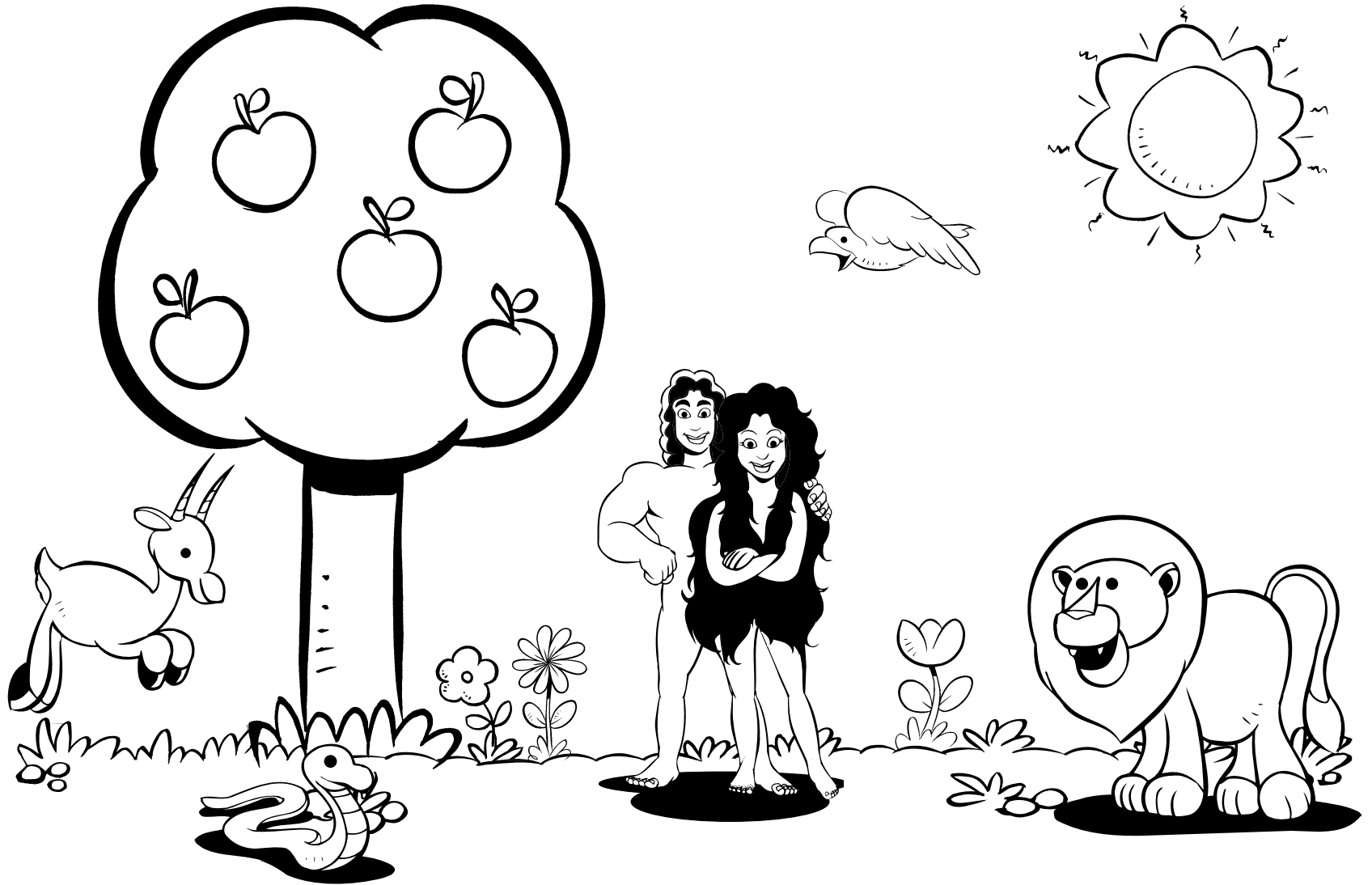
Conclusion

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- What was his name? (Adam)
- Who made the first woman? (God)
- What was her name? (Eve)
- Who made you and me? (God)

Let's say that together, "God made me."



My Face

The children will have fun creating masks of their "faces" from paper plates.

Materials

For each child:

- 1 paper plate

For the teacher:

- red and brown felt
- pink construction paper
- brown, black and yellow yarn
- marker
- scissors
- single hole punch
- glue
- crayons

Reproducible Pages:

- Page B, 1 copy for the teacher

Preparation

1. Prepare one paper plate for each child as follows. See Figure A.
 - A. Cut two large holes in each plate for eyes.
 - B. Draw eyelashes and eyebrows around each eye.
 - C. Punch two holes $\frac{1}{2}$ " from the edges of the plate.
 - D. Cut two 10" pieces of yarn for each plate.
 - E. Tie one piece of yarn to each punched hole.
2. Cut the yarn into 3" pieces for hair. Cut approximately 10 pieces for each child.
3. Cut out the stencils from the copies of Reproducible Page B.
4. Trace and cut out the following for each child:
 - A. Cut a nose from the brown felt.
 - B. Cut a mouth from the red felt.
 - C. Cut two ears from the pink construction paper.

Instructions

1. Give each child a paper plate, a mouth, a nose and two ears.
2. Help the children glue these parts to their paper plates making their "faces."
3. Help the children glue yarn onto their faces making hair.
4. Let the children color their masks with crayons.
5. Help the children try on their masks.

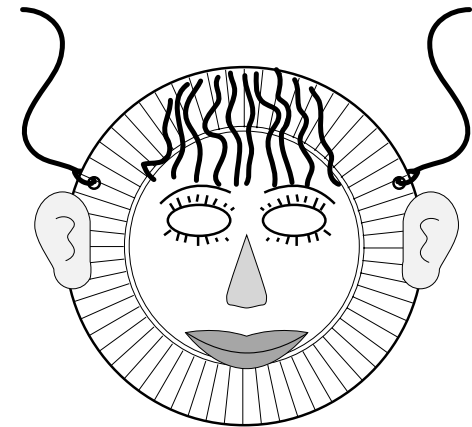
Conclusion

Let the children show their masks to the group. As you look at the masks talk about the different parts of the face.

Review the Bible Truth, "God made me."

Teacher Tips

Children at this age may not want to wear masks; let the children know that they don't have to wear them.



Craft

I Am Blessed

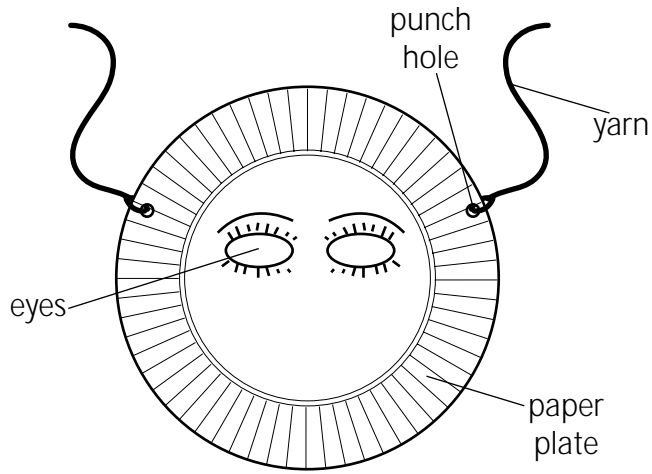
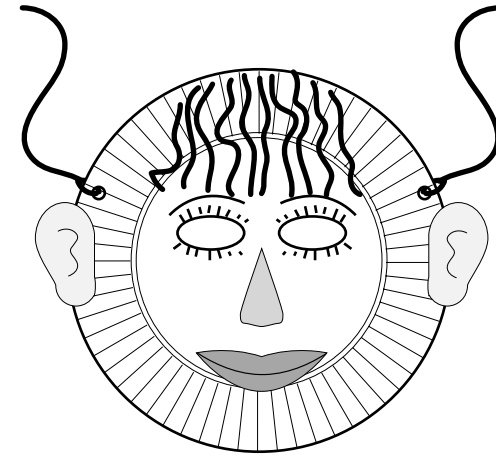


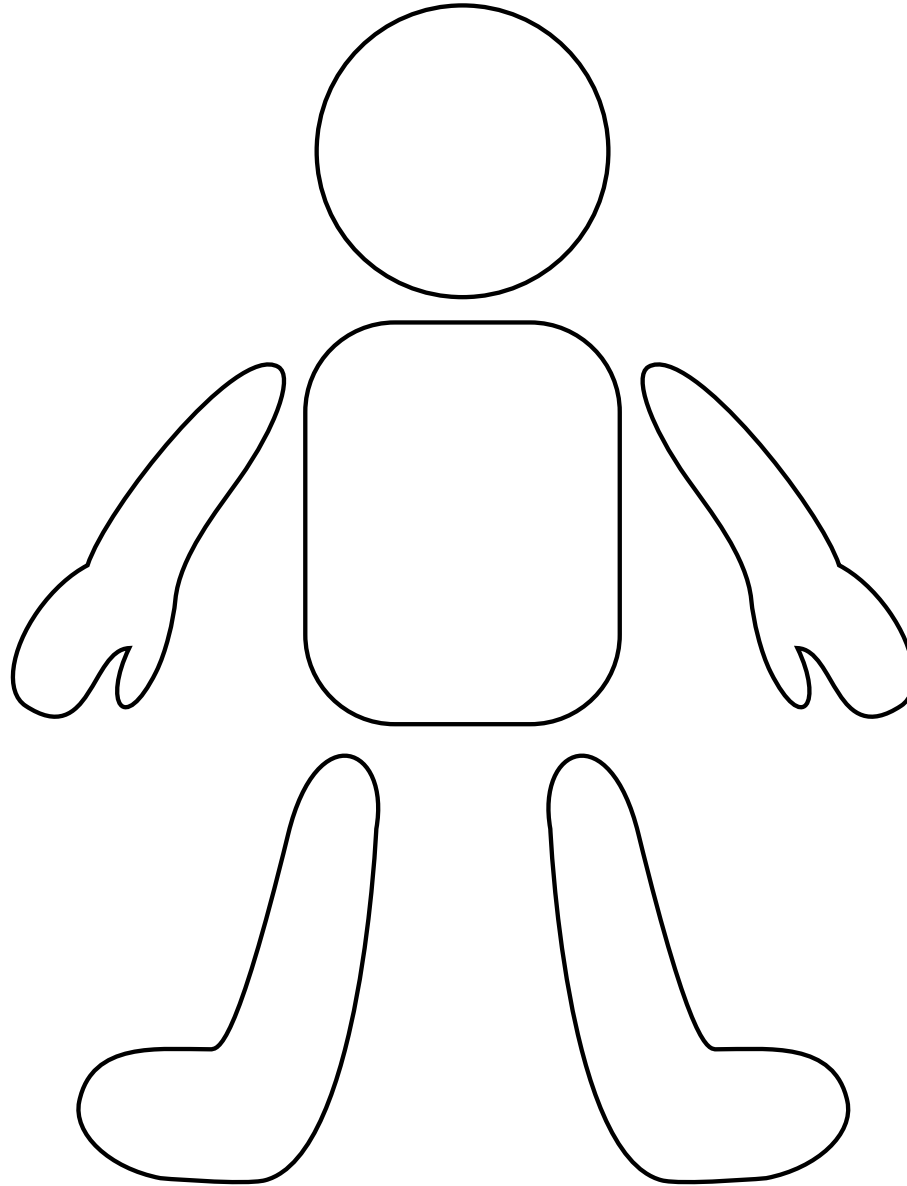
Figure A



Finished Craft

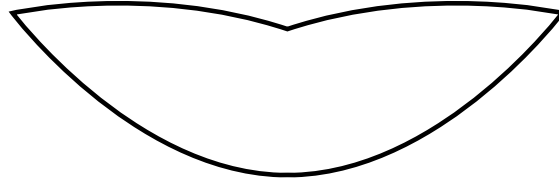


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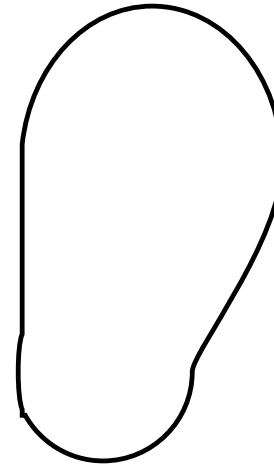




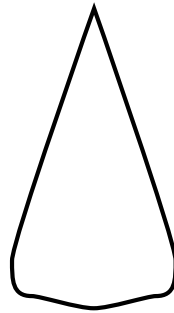
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mouth stencil



ear stencil



nose stencil

