

# I Am Special

## Lesson Objectives

- The children will state that God created the first man and woman, Adam and Eve.
- The children will identify different parts of the human body.
- The children will thank God for their bodies.

## Bible Story Text

Genesis 2:7, 22; Psalm 139:13-16

## Bible Truth

God made me.  
(Psalm 139:14)

## Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

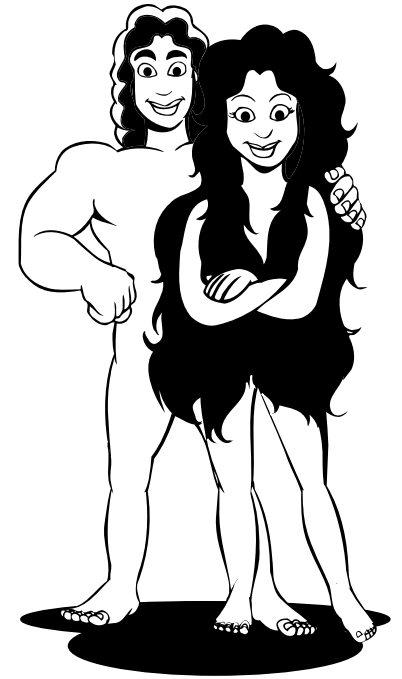
Centers:

Bible Story: The First People

Life Application: Felt Board Body

Craft: In the Garden

NOTE: Be sure to allow sufficient time for a snack.



# I Am Special

## Preclass Centers

In the preclass centers children will use language, motor, and cognitive skills, learn to interact with peers and cooperate in small groups.

Select four centers to use this unit. Assign a teacher to set up and supervise each center with no more than six children.

### Materials

**IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.

- Housekeeping Center—2 washable dolls (of diverse ethnicity, e.g., black and white), play food, dishes and 2 small blankets
- Story Center—simple books with limited text (cardboard are the most sturdy and durable) and large pillows
- Block Center—set of large blocks, people, animal figures (plastic or wooden) and toy cars
- Puzzle Center—1 puzzle for each child (for twos each puzzle piece itself should be a complete familiar object, for threes most can complete a 20-piece puzzle). **NOTE:** A puzzle should have all the pieces. If a puzzle piece is lost, the entire puzzle should be thrown out.

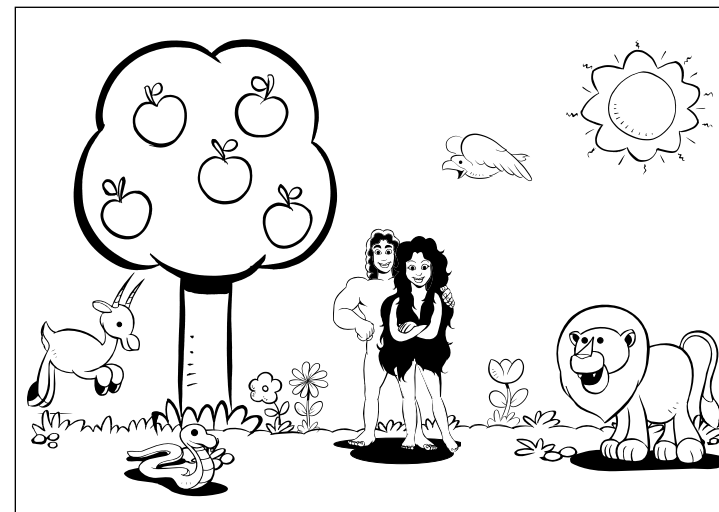
### Instructions

Guide the play in each center reinforcing the unit theme. Refer to the following example for help in directing play and asking relevant questions.

In the Housekeeping Center, ask the children: *This baby doll has arms, do you have arms? Yes, and you have fingers too! God gave you fingers so you can pick things up, or build things or play the piano.*

### Teacher Tips

- You may want to try other centers such as transportation, large motor or manipulative.
- Wear comfortable clothes suitable for sitting on the floor.



# I Am Special

## The First People

The children will hear about the first man and woman that God created.

### Bible Story Text

Genesis 2:7, 22; Psalm 139:13-16

### Materials

For the teacher:

- props for the days of creation: Day 1—flashlight; Day 2—blue paper; Day 3—a flower or pictures of a tree and flower; Day 4—a yellow paper sun, white moon or yellow star; Day 5—pictures of a bird and fish; Day 6—pictures of people and animals; Day 7—scenic picture
- crayons or markers
- glue stick
- 1 piece of dark colored construction paper

Reproducible Pages:

- Page A, 1 copy for the teacher

### Preparation

1. Cut out the teaching picture from the copy of Reproducible Page A.
2. Color the teaching picture.
3. Glue the teaching picture to the center of the construction paper.

### Adam and Eve

Sing the "Creation Song" from the Unit 8 Song Sheet. Show the children the prop for each day as you sing the song.

*God made all of these things. He looked around at what he had made and saw that it was good. Then he said, "I will make a man to take care of the fish, the birds and the animals." He called the man Adam (Genesis 1:26-27). Show the children the picture and let them find Adam. Then he made a woman to be Adam's wife and to be his helper. Her name was Eve (Genesis 2:20-22). Let the children find Eve in the picture.*

*God made a beautiful garden for Adam and Eve to live in. It had many different trees, some with pretty flowers and some with fruit to eat. God told Adam to take good care of the garden.*

*On the sixth day, after God made the animals, he made a man. Point to Adam. What was his name? That's right, his name was Adam. He also made a woman. Point to Eve. What was her name? Yes, her name was Eve.*

*God made everyone. God made me and God made you. He gave each of us a head. Pat the top of your head. Can you pat your head? God gave us arms. Shake your arms. Let's shake our arms. God gave us fingers. Wiggle your fingers. We have legs. We can walk with our legs. Have the children stand up and walk around in a circle. God gave us feet. Lift one leg and shake your foot. God gave each of us wonderful bodies.*

NOTE: Save the teaching picture for Unit 8 Lesson 2, Bible Story.

### Conclusion

*Let's thank God for making the first man and woman and thank him for making us. Thank you, God, for Adam and for Eve. Thank you for our heads. Thank you for our arms, fingers, legs and feet. Thank you, God, for giving us wonderful bodies.*

Ask the following questions as a review:

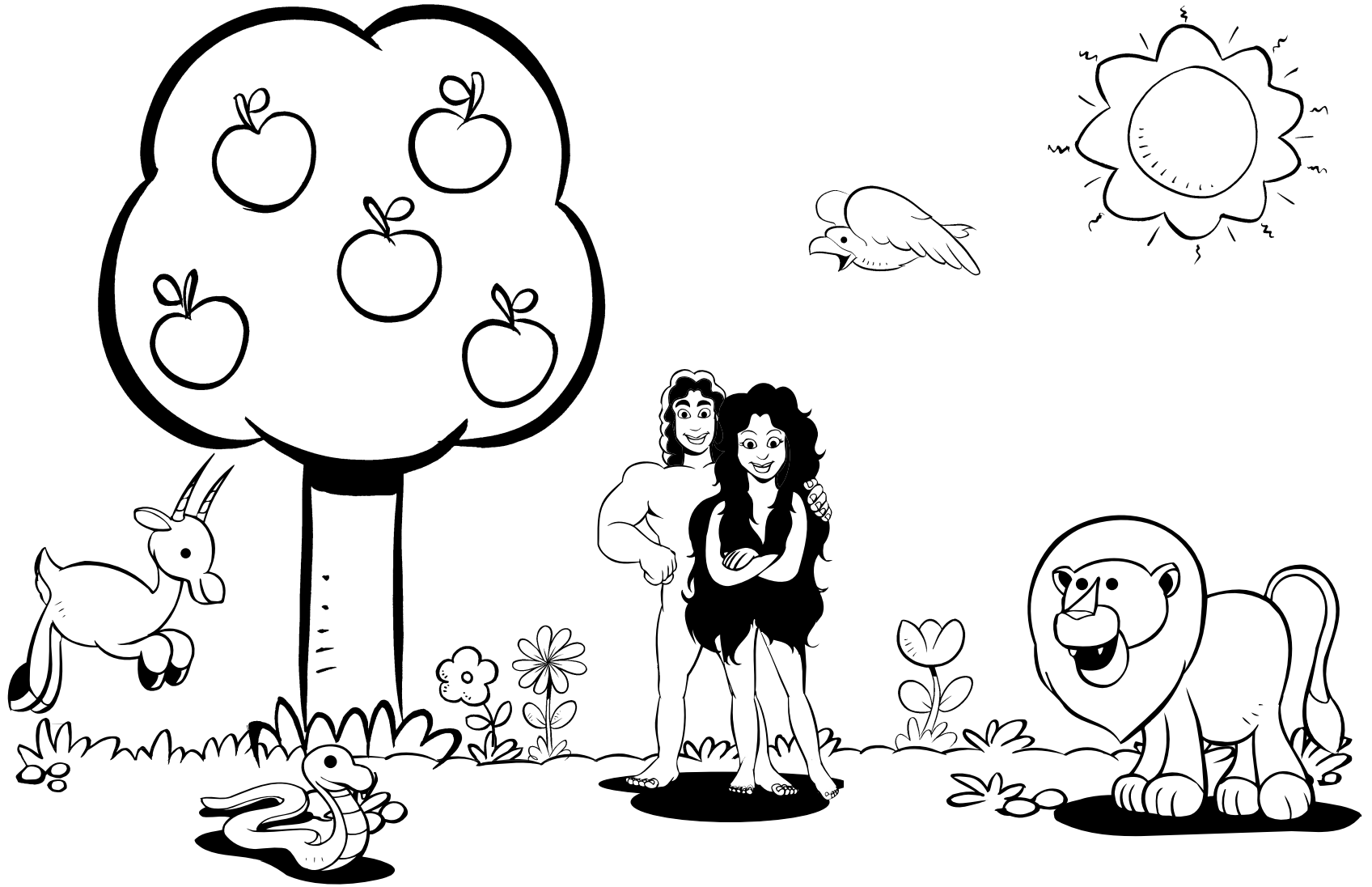
- Who made the first man? (God)
- What was his name? (Adam)
- Who made the first woman? (God)
- What was her name? (Eve)
- Who made you and me? (God)

*Let's say that together, "God Made Me."*

### Teacher Tips

- Laminate the teaching picture to help it last longer.
- This picture will be used in Lessons 2, 3 and 4.

# I Am Special



# I Am Special

## Felt Board Body

The children will identify different parts of the human body as they assemble felt board figures.

### Bible Truth

God made me.  
(Psalm 139:14)

### Materials

*For the teacher:*

- felt board
- scissors
- crayons or markers
- 2 pieces of different colored felt
- tape
- black marker
- laminate or clear contact paper (optional)

*Reproducible Pages*

- Page B, 1 copy for the teacher
- Page C, 1 copy for the teacher

### Preparation

1. Cut out the stencils of the body parts from the copies of Reproducible Pages B and C.
2. Using the black marker, trace the "boy" stencils onto one color felt and the girl stencils onto the other color felt.
3. Cut out each of the felt board pieces.
4. Place tape on the back of each felt board piece.

### Instructions

1. Assemble the boy and girl felt board figures on the felt board.  
*Today we are going to talk about our bodies. Can you tell me who made your body? That's right! God made your body. He made some of you boys. Point to the boy figure on the felt board. He made some of you girls. Point to the girl figure on the felt board.*

2. For a class of mostly twos, conduct the activity as follows:
  - A. Remove one of the felt board pieces from the boy felt board figure.
  - B. Ask the children which body part is missing.
  - C. Choose a boy to place the missing piece back on the felt board.
  - D. Identify and talk about each body part. Have children point to their own arms, legs, etc. Explain what each part does and how we should be thankful that God gave us arms to hug, legs to run, etc.
  - E. Repeat the previous steps using the girl felt board figure and choosing a girl to replace the missing piece. Alternate between boys and girls until each child has had a turn.
3. For a class of mostly threes, conduct the activity as follows:
  - A. Give each boy a piece of the boy felt board figure. Give each girl a piece of the girl felt board figure.
  - B. Have each boy and each girl take turns adding their pieces to the felt board until each figure is assembled.
  - C. Identify and talk about each body part. Have the children point to their own arms, legs, etc. Explain what each part does and how we should be thankful that God gave us arms to hug, legs to run, etc.

NOTE: Save the boy and girl felt board figures for Unit 8 Lesson 2, Life Application.

# I Am Special

## Bible Truth Activity

*I am so happy that God made me and gave me a wonderful body! Who made you, Amy? That's right, God did. Ask each child who made them. Let's say our Bible words together, "God made me."*

## Conclusion

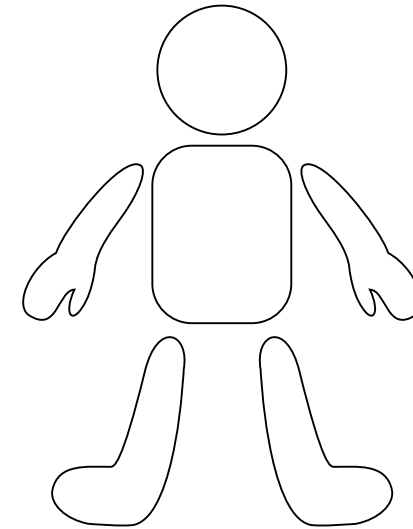
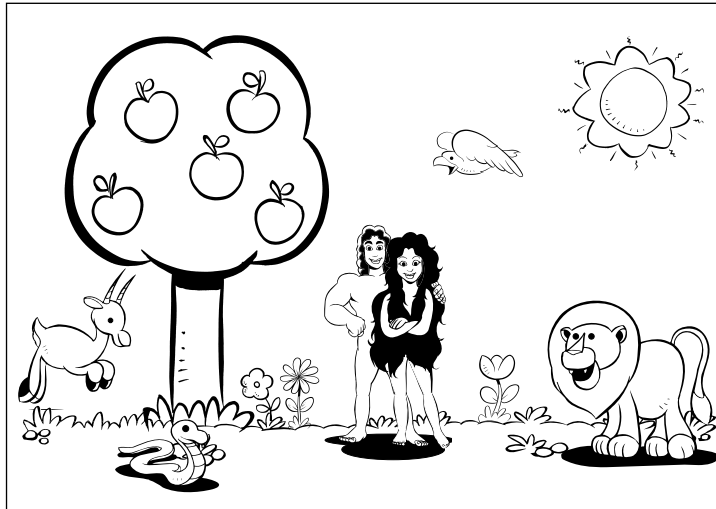
*Let's thank God for making our wonderful bodies. Thank you, God, for giving us legs to help us walk and arms to hug with. Thank you for all the wonderful things that our bodies can do.*

*Who will you tell about Bible class today? Do you have friends that would want to come with you to class? Would they be excited to know that God made them very special?*

Sing the "Hokey Pokey" from the Unit 8 Song Sheet. Have the children stand in a circle and do the motions along with you as you sing the song.

## Teacher Tips

- Keep the discussion focused on arms, legs, head, fingers etc. This is not the time for a discussion on the differences between boys and girls. If a child should mention this specifically, do not say anything negative. Acknowledge the child and quickly move on. Discussion of anatomy at this age should be taught in the home and is not appropriate in the classroom.
- The children will love this song. It is a great "attention grabber" in a large or small group.
- Laminate the felt board body parts to help them last longer.



## I Am Special In the Garden

The children will make a picture of Adam and Eve in the Garden of Eden.

### Materials

*For each child:*

- 1 piece of light blue construction paper
- crayons
- glue stick

*For the teacher:*

- scissors
- green tissue paper
- bright-colored tissue paper

*Reproducible Pages:*

- Page D, 1 copy for each child

### Preparation

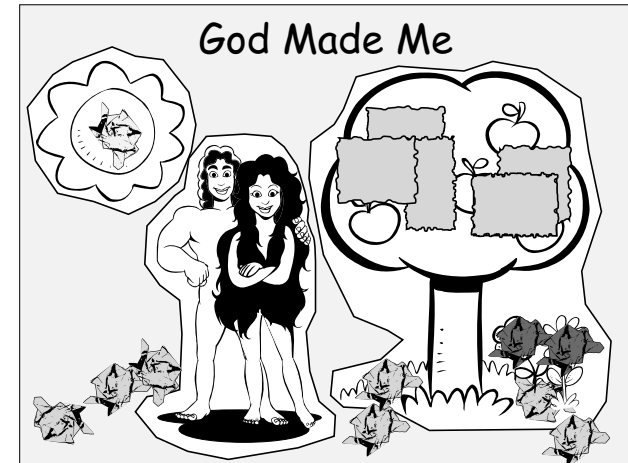
1. Cut out the Adam and Eve, tree and the sun pictures from the copies of Reproducible Page D.
2. Cut the green tissue paper into 1" squares. Cut ten pieces for each child.
3. Cut the bright-colored tissue paper into 2" squares. Cut five pieces for each child.
4. Write "God Made Me" on the top of each piece of construction paper.
5. Make a model of the craft following the instructions.

### Instructions

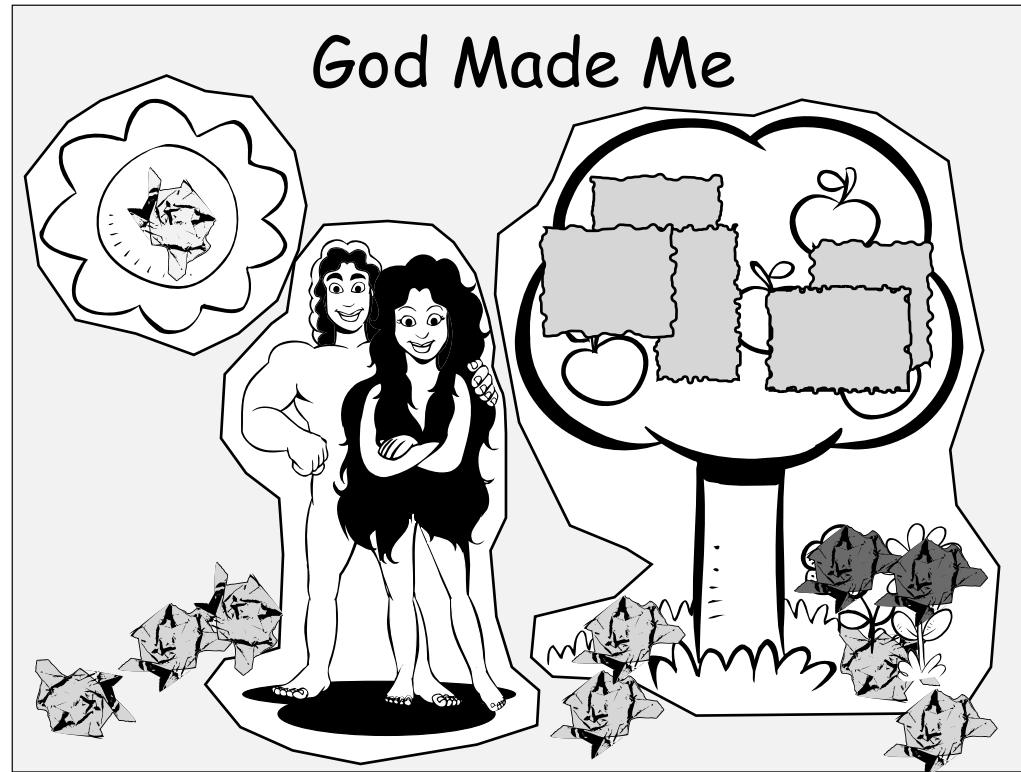
1. Give each child a set of pictures to color.
2. Give each child a piece of construction paper.
3. Help the children glue their pictures to the construction paper.
4. Give the children five green tissue squares and have them glue these on their trees to make "leaves."
5. Give each child ten bright-colored tissue squares to crumple and then glue on as "flowers," "bushes" and "grass."

### Conclusion

Point to the man in the picture and ask the children his name. Point to the woman and let them tell you her name. Remind the children that God made the first man and the first woman, and that God made everyone. Have them repeat the Bible truth, "God made me."



# I Am Special



Finished Craft





# I Am Special

# God Made Me

Lesson 1

## Lesson Objectives

- The children will state that God created the first man and woman, Adam and Eve
- The children will identify different parts of the human body.
- The children will thank God for their bodies.

## Bible Story Text

Genesis 2:7, 22; Psalm 139:13-16

## Bible Truth

God made me.  
(Psalm 139:14)

## Preclass Centers

In the preclass centers children will use language, motor, and cognitive skills, learn to interact with peers and cooperate in small groups.

Select four centers to use this unit.

Assign a teacher to set up and supervise each center with no more than six children.

### Materials

**IMPORTANT:** Do not allow any small toys in the classroom. First check all toys for size. You can obtain a "safety cylinder" from a pediatrician. Any object that can fit into the cylinder is too small and could cause a child to choke.

- Housekeeping Center—2 washable dolls (of diverse ethnicity, e.g., black and white), play food, dishes and 2 small blankets

## Lesson Plan

Greeting and Registration

Preclass Activity: Preclass Centers

Welcome and Singing

Centers:

Life Application: Baby Grows Up

Bible Story: The First People

Craft: All About Me

NOTE: Be sure to allow sufficient time for a snack.

- Story Center—simple books with limited text (cardboard are the most sturdy and durable) and large pillows
- Block Center—set of large blocks, people, animal figures (plastic or wooden) and toy cars
- Puzzle Center—1 puzzle for each child (for twos each puzzle piece itself should be a complete familiar object, for threes most can complete a 20-piece puzzle). NOTE: A puzzle should have all the pieces. If a puzzle piece is lost, the entire puzzle should be thrown out.

### Instructions

Guide the play in each center reinforcing the unit theme. Refer to the following example for help in directing play and asking relevant questions.

In the Housekeeping Center, ask the children: *This baby doll has arms, do you have arms? Yes, and you have fingers too! God gave you fingers so you can pick things up, or build things, or play the piano.*

### Teacher Tips

Wear comfortable clothes suitable for sitting on the floor.

## Baby Grows Up

The children will talk about what it was like to be a baby and how different they are now as they are growing.

### Bible Truth

God made me.  
(Psalm 139:14)

### Materials

For the teacher:

- 1 baby doll
- 1 baby blanket
- 1 baby bottle
- 1 small baby diaper

### Preparation

1. Learn the "Creation Song" from the Unit 8 Song Sheet.
2. Familiarize yourself with the activity.

### Instructions

1. Show the children the baby doll. Hold the baby. Rock the baby and give it a bottle.
2. Pass the baby around, so everyone has a turn to play with it.
3. After everyone has had a turn with the baby, put it away. Sing "Grew and Grew" from the Unit 8 Song Sheet and use each child's name in the song.
4. *Remember when you were a baby? All you could do was lie on the floor. You couldn't run. You couldn't jump. All you could do was cry if you wanted something.* Lie on the floor on your back and cry. *If you were hungry, you couldn't eat a banana or a cookie. All you could do was drink a bottle.* Lie on the floor and pretend to hold up a "bottle" and make sucking sounds. *But then you got a little bigger, and you could roll over.* Roll over onto your stomach. *You could hold up your head.* Hold up your head. *You could smile.* Smile. *Then you got up on your hands and knees and rocked back and forth and laughed.* Rock on your hands and knees and laugh. *And before you knew it, you could crawl!* Crawl around.

# I Am Special

## God Made Me Lesson 1

*But you were too little to sit up. Can you sit up now? Yes! You can sit up! Can you talk? Can you say "MaMa" or "DaDa." Wow! You are getting so big! Do you have teeth, so you can eat food instead of just drinking a bottle? Look at those nice big teeth. Are you big enough to stand up? You can even stand now! You are getting so big! But can you walk? You can walk! You are so big! Can you drive a car? No, you are not that big yet. Let's all sit down now and clap for all of the babies who grew up!*

### Bible Truth Activity

*God gave us our bodies and God helped us to grow! Let's say our Bible Truth together, "God Made Me."*

### Conclusion

*Who used to be a baby? We all used to be babies, but God helped us to grow. Let's thank God for helping us to grow. Say a short prayer to thank God.*

*Our friends and Mommies and Daddies used to be babies too! God also helped them to grow up. Let's tell them when we see them that God helped them to grow up and God is also helping us to grow up now.*

### Teacher Tips

Have the children follow your lead as you lie on the ground. Have them imitate you as you pretend to be a baby.

## The First People

The children will hear about the first man and woman that God created.

### Bible Story Text

Genesis 2:7, 22; Psalm 139:13-16

### Materials

*For the teacher:*

- props for the days of creation: Day 1—flashlight; Day 2—blue paper; Day 3—a flower or pictures of a tree and flower; Day 4—a yellow paper sun, white moon or yellow star; Day 5—pictures of a bird and fish; Day 6—pictures of people and animals; Day 7—scenic picture
- crayons or markers
- glue stick
- 1 piece of dark colored construction paper

*Reproducible Pages:*

- Page A, 1 copy for the teacher

### Preparation

1. Cut out the teaching picture from the copy of Reproducible Page A.
2. Color the teaching picture.
3. Glue the teaching picture to the center of the construction paper.

### Adam and Eve

Sing the "Creation Song" from the Unit 8 Song Sheet. Show the children the prop for each day as you sing the song.

*God made all of these things. He looked around at what he had made and saw that it was good. Then he said, "I will make a man to take care of the fish, the birds and the animals." He called the man Adam (Genesis 1:26-27). Show the children the picture and let them find Adam. Then he made a woman to be Adam's wife and to be his helper. Her name was Eve (Genesis 2:20-22). Let the children find Eve in the picture.*

*God made a beautiful garden for Adam and Eve to live in. It had many different trees, some with pretty flowers and some with fruit to eat. God told Adam to take good care of the garden.*

# I Am Special

## God Made Me Lesson 1

*On the sixth day, after God made the animals, he made a man. Point to Adam. What was his name? That's right, his name was Adam. He also made a woman. Point to Eve. What was her name? Yes, her name was Eve.*

*God made everyone. God made me and God made you. He gave each of us a head. Pat the top of your head. Can you pat your head? God gave us arms. Shake your arms. Let's shake our arms. God gave us fingers. Wiggle your fingers. We have legs. We can walk with our legs. Have the children stand up and walk around in a circle. God gave us feet. Lift one leg and shake your foot. God gave each of us wonderful bodies.*

NOTE: Save the teaching picture for Unit 8 Lesson 2, Bible Story.

### Conclusion

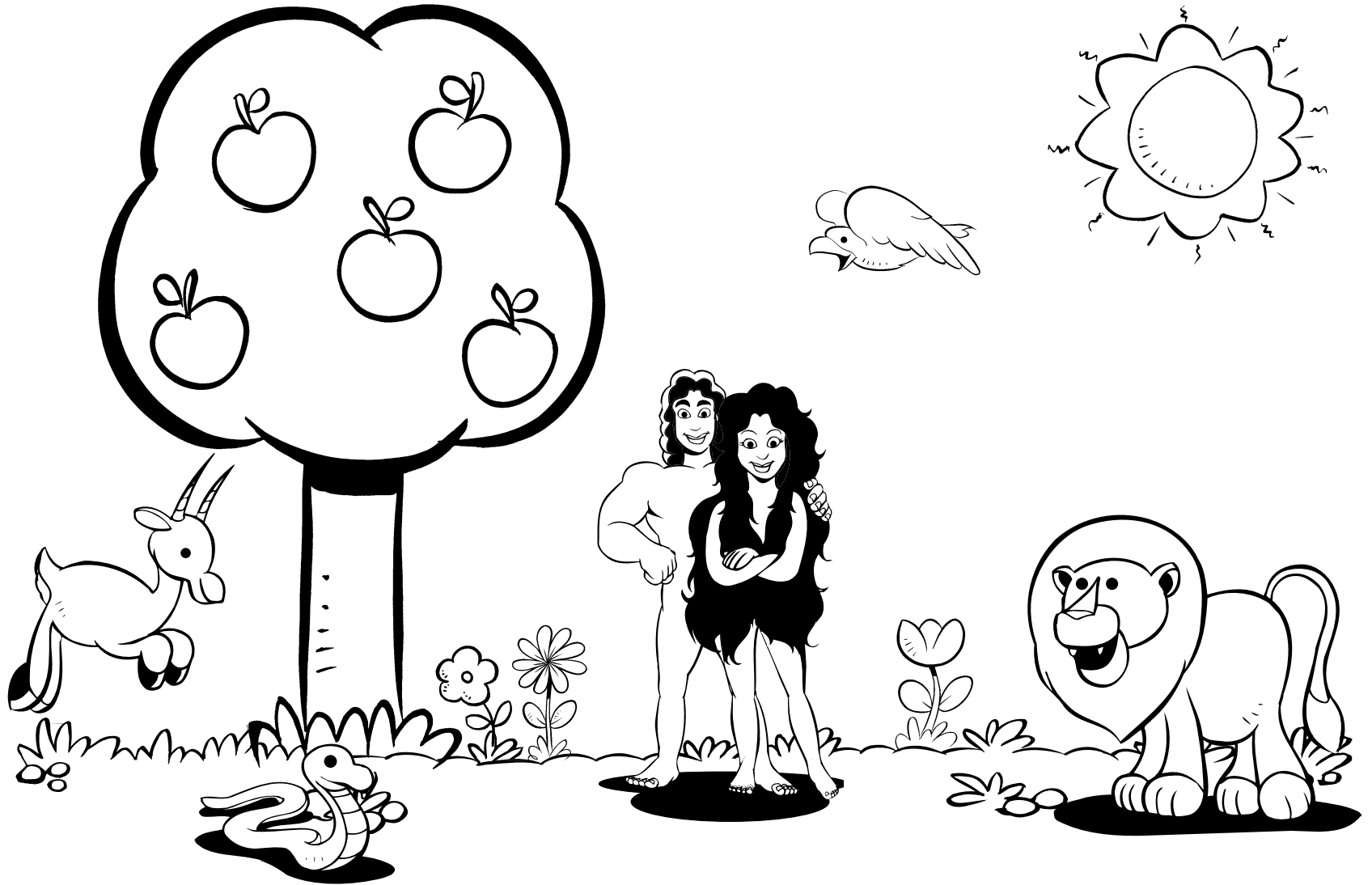
*Let's thank God for making the first man and woman and thank him for making us. Thank you, God, for Adam and for Eve. Thank you for our heads. Thank you for our arms, fingers, legs and feet. Thank you, God, for giving us wonderful bodies.*

Ask the following questions as a review:

- Who made the first man? (God)
- What was his name? (Adam)
- Who made the first woman? (God)
- What was her name? (Eve)
- Who made you and me? (God) Let's say that together, "God Made Me."

### Teacher Tips

- Laminate the teaching picture to help it last longer.
- This picture will be used in Lessons 2, 3 and 4.



## All About Me

The children will create books to help them understand that God made each of them special.

### Materials

*For each child:*

- 2 sheets of construction paper
- glue stick
- crayons

*For the teacher:*

- marker
- stapler
- magazines

*Reproducible Pages:*

- Page E, 1 copy for each child

### Preparation

1. Cut out the boy and girl pictures and the crayon pictures from the copies of Reproducible Page E.
2. Create a "book" for each child by folding two pieces of construction paper in half and stapling them along the fold line. See Figure A.
3. Write headings on each book as follows:
  - A. Write "All About Me" on the front cover.
  - B. Write "I am a" on page 2.
  - C. Write "My favorite color is" on page 4.
  - D. Write "I like to eat" on page 6.
4. Cut out pictures of food from magazines.

# I Am Special

## God Made Me Lesson 1

### Instructions

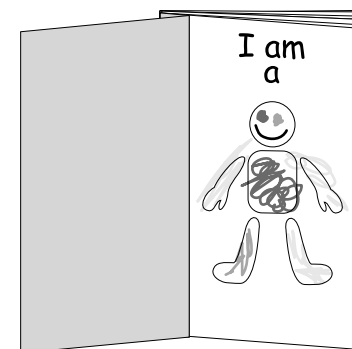
1. Give each child a book.
2. Write the child's name on the front page under the heading.
3. Help the child choose either a boy or girl picture to glue on the first page. For example say, *Are you a girl or a boy? That's right, you're a boy. Can you choose a picture of a boy to glue in your book?* Have the child color in their drawings. See Figure B.
4. Have the children glue their crayon pictures on page 4, and then color them with their favorite color. See Figure C.
5. Have the child choose a picture of a favorite food and glue it to page 6. See Figure D.

### Conclusion

Let the children take turns "reading" their books to the group. Remind the children that God made each of us special. *We are all very different from each other, but God made us all. God made me and he made you. Let's say our Bible Truth together, "God Made Me."*

### Teacher Tips

Colored copy paper can be used instead of construction paper to make the books.



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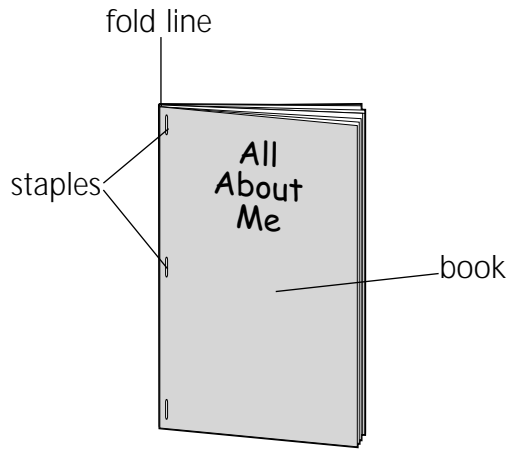


Figure A

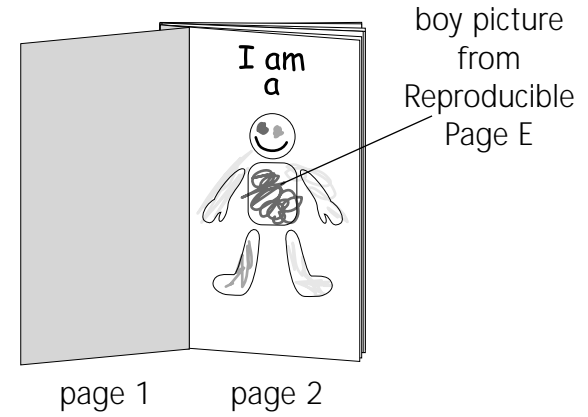


Figure B

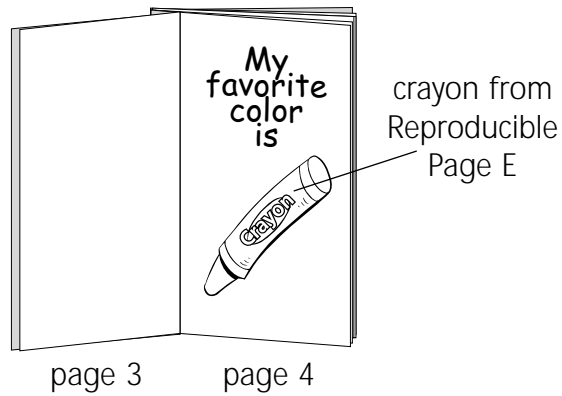


Figure C

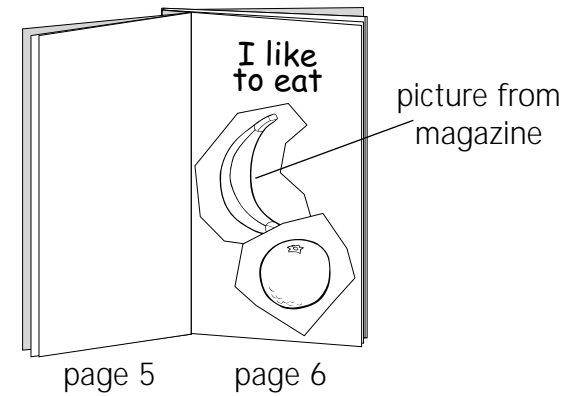
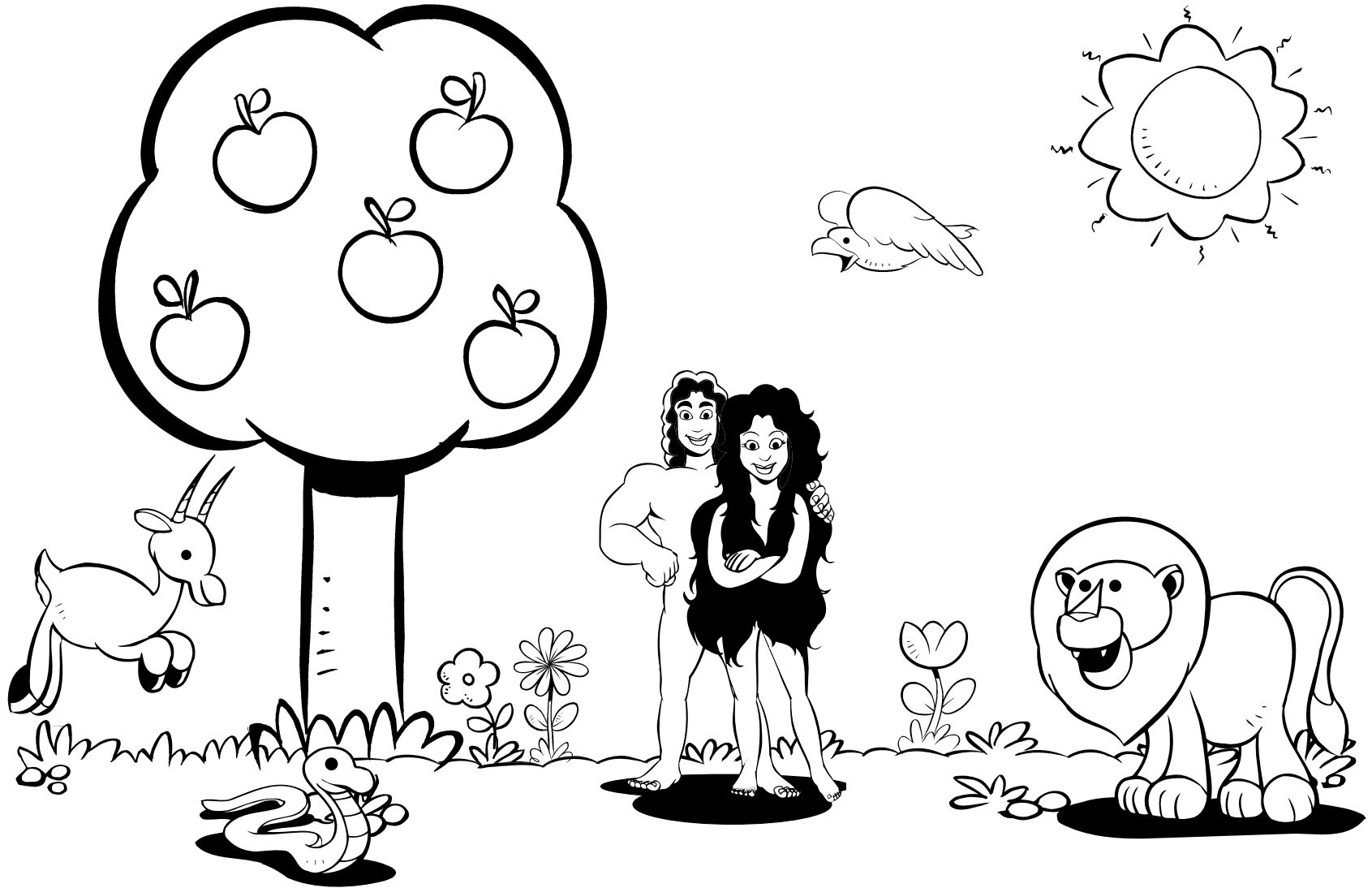


Figure D





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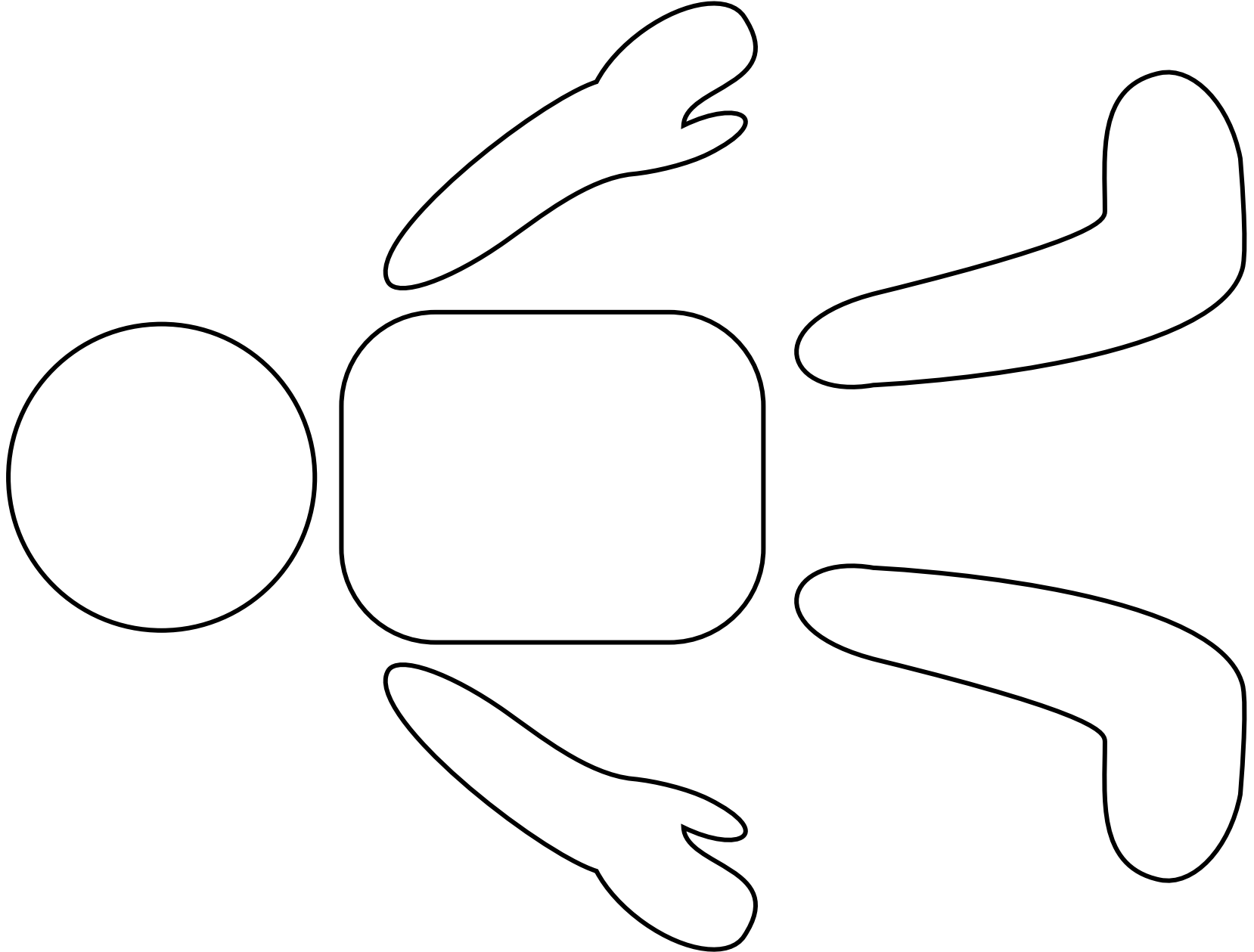


Adam and Eve picture





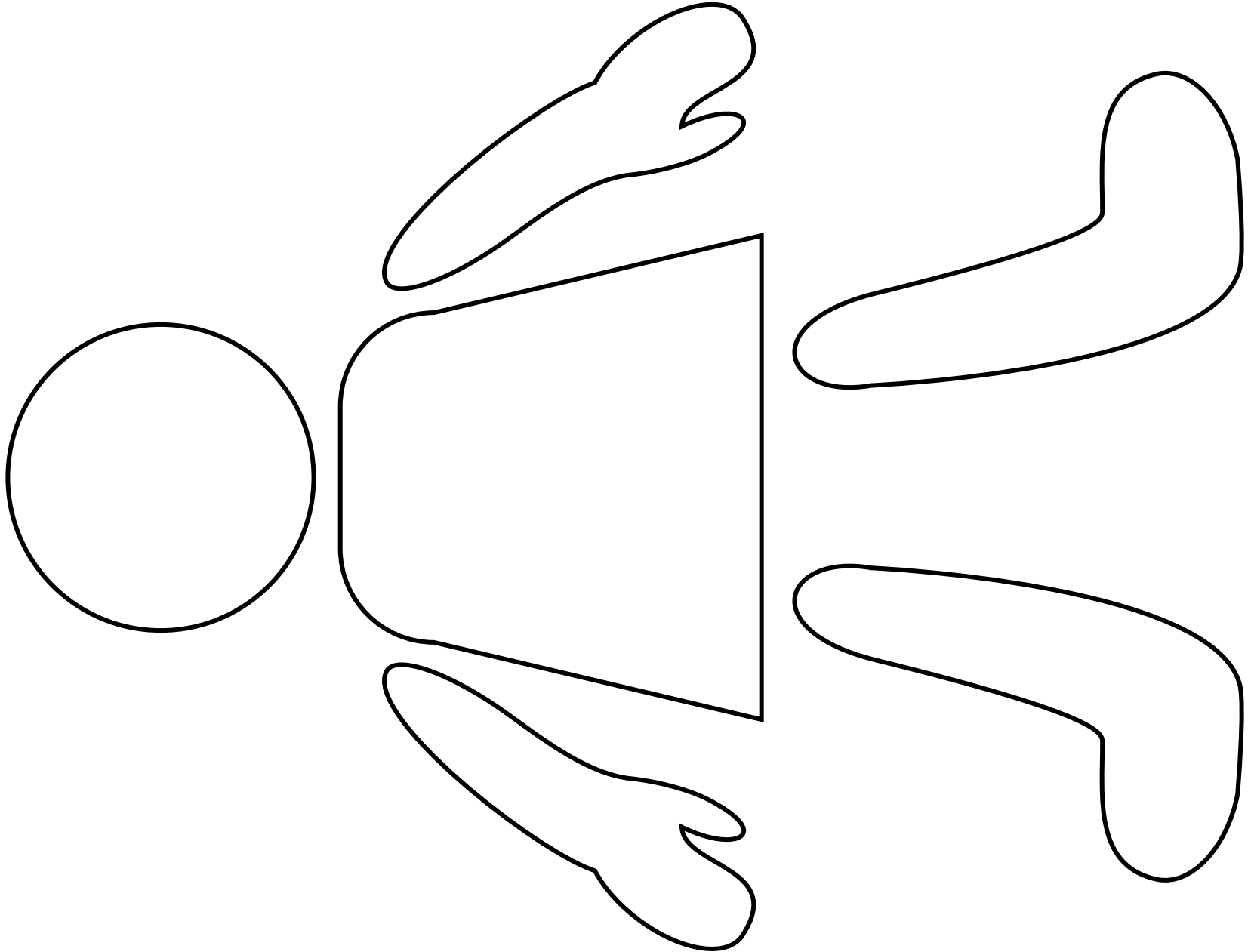
Preparation





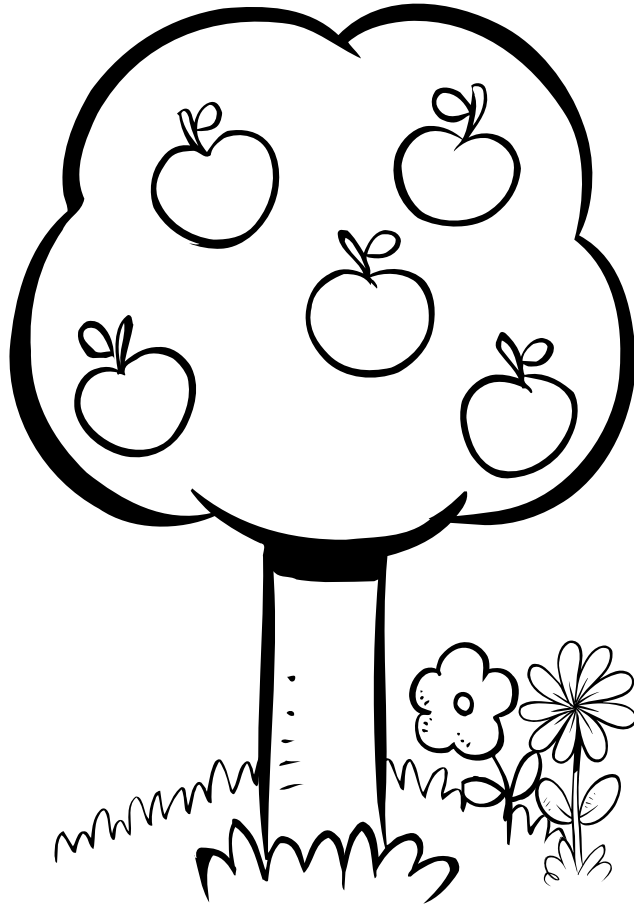


e-b-c-o-r-p-e





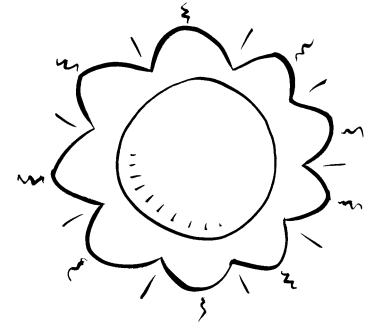
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tree with flowers



Adam and Eve



sun



