Heroes of Old Lesson 3

Lesson Objectives

- · The children will thank God for protecting them.
- The children will each choose a friend to talk to about how God protects us.
- The children will list ways they can obey God as Moses obeyed.

Lesson Text

Exodus 13:17-22: 14

Scripture Memory Verse

God said, "I will be with you." Exodus 3:12

Lesson Plan

Greeting and Registration

Preclass Activities: Fish of the Sea

Welcome and Singing

Centers:

Bible Story: The Red Sea

Life Application: The Way to Obey

Craft: Crossing Over

NOTE: Be sure to allow sufficient time for a snack.





Winter 1











Heroes of Old Lesson 3

fish of the Sea

In this activity, the children will help create props of the Red Sea for the Bible Story center.

Materials

For each child:

- alue stick
- markers or crayons

For the teacher:

- 2 large blue bed sheets
- shredded paper or plastic grass for "seaweed"
- buttons, seguins or wiggly eyes (optional)
- tape
- scissors
- construction paper

Reproducible Pages:

Page A, 1 copy for the teacher

Preparation

- 1. Cut out the fish stencil from Reproducible Page A.
- 2. Trace and cut out fish from construction paper. Cut at least one for each child.

Instructions

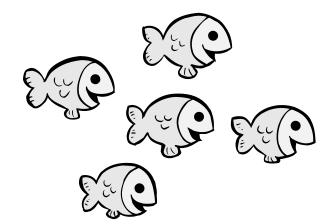
- 1. Tell the children that they are going to learn about something amazing that God did at a place called the Red Sea. Explain that they will help make a "sea" that will be used in the Bible Story center.
- 2. Give each child a paper fish to color.
- 3. Have the children glue or tape their paper fish to the blue sheets.
- 4. Give the Red Sea prop to the Bible Story teacher.

Conclusion

As they are working, talk to the children about how amazing God is to have created the oceans with the great variety of living creatures. Talk about the depth of the ocean and the power of the waves. Have you ever seen the ocean? What did you think of it? Did you see waves? Talk about how God controls the ocean: its movement. its boundaries and the creatures that live in it.

Teacher Tips

Have the children make as many fish as they would like: they can take the extras home!





Heroes of Old Lesson 3

The Red Sea

The children will hear the story of Moses and the Israelites crossing the Red Sea.

Lesson Text

Exodus 13:17-22: 14

Materials

For the teacher:

- Red Sea prop from the Preclass Activity
- 4 chairs
- 2 pieces of cardboard, 2' x 3'
- red and white tissue paper
- glue
- 2 bed sheets
- 2 belts
- a cane or stick for a "staff"

Preparation

- 1. Glue white tissue paper to one piece of cardboard, making a "pillar of clouds."
- 2. Glue red tissue paper to the other piece of cardboard, making a "pillar of fire."

Crossing the Sea

Divide the children into two groups; one group of Israelites and one group of Egyptians. Choose one child to be Moses, one child to be Pharaoh and one child to be an angel.

Dress Pharaoh and Moses each in a sheet and a belt and give Moses the staff.

Place the Red Sea prop on the floor and place two chairs on either side of it.

Last week you heard that God's people were in Egypt where the Pharaoh treated them very badly. Have the child who is Pharaoh stand up near you. He made them work hard for him and wouldn't let them rest. He even hurt them when they didn't work hard enough. In our story last week, who did God choose to tell Pharaoh to let God's children leave Egypt? Right, it was Moses. Have Moses stand in front of the group near the teacher.

Listen while I read from the Bible about what happened next.

Read Exodus 12:31-32. What did Pharaoh tell Moses? Yes, he said God's people could leave Egypt and worship God.

God chose Moses to lead the Israelites out of Egypt. God showed the Israelites the best way through the desert. He told them what road to take, and they followed. During the day, God went ahead of them in a pillar of cloud for them to follow. Have the angel carry the pillar of clouds and lead the Israelites through a part of the room. At night, God went ahead of them in a pillar of fire so they could see their way in the dark. Have the angel carry the pillar of fire and lead the Israelites through a part of the room. This way, they could travel during the day and at night. Wow! God is so powerful, and he can do anything! God didn't want his people to be afraid, so he helped them very much (Exodus 13:21-22).

When Pharaoh heard that the people had left Egypt, he changed his mind and decided that he didn't want them to go after all! He thought that if they left, then he wouldn't have any more slaves to do the work. He wanted them to keep working for him. So he took his army and all the chariots of Egypt, and went to find Moses and the Israelites. Have Pharaoh lead the Egyptians through the room as if trying to find the Israelites. He wanted to find them and bring them back to Egypt to be slaves again (Exodus 14:5-7).

Meanwhile, the Israelites were still traveling through the desert. God told them to camp out by the sea for the night. So Moses and the people obeyed. While they were setting up camp and getting settled, they saw Pharaoh and his army coming closer and closer! Have the Egyptians move closer to the Israelites. Can you imagine how Moses and the Israelites must have felt? They thought they were getting away from the Egyptians, but instead the Egyptians were chasing them with their spears and shields, ready for a fight! The Israelites were so scared! They didn't have spears and shields, and they didn't want to fight! They were so afraid that they even began to get mad at Moses for bringing them out into the desert, but Moses had done what God told him to do (Exodus 14:10-12).

Moses had to do something. He couldn't just let the Egyptians come after them, and he didn't want the people to be afraid. So he told them "Don't be afraid, God will fight for us because we are his people, and he is always with us. We need to trust God" (Exodus 14:13-14). Then God spoke to Moses. Listen to what he told Moses to do. Read Exodus 14:16. What did God tell Moses to do? Wow!

Heroes of Old

What a great idea! Moses would never have thought of dividing the sea, but he knew that God could do anything! God had planned for the Israelites to escape through the water. God is so powerful that he can even divide the sea in half! Moses knew that God would save them from the Egyptians.

So the Israelites were facing the sea and behind them, the Egyptians were getting closer and closer. Read Exodus 14:19. Have the angel go behind the Israelites with the pillar of cloud. God did this to hide the Israelites from the Egyptians.

"When God told him to, Moses lifted his staff, and God divided the sea so the Israelites could walk right through on dry ground" (Exodus 14:21). Lift up both sides of the sea and place each side on two chairs.

Can you imagine what that must have been like? They had never seen anything like this before in their whole lives! God wanted the Israelites, the Egyptian army and Pharaoh to see how powerful and strong he is. When the Egyptian army saw that the Israelites were getting away, they chased them into the dry ground where the sea had been.

However, by this time it was too late. God told Moses, "Stretch out your hand over the sea so that the waters may flow back over the Egyptians and their chariots and horsemen" (Exodus 14:26). Moses obeyed God and stretched out his hand over the sea. The water came back and covered the chariots and horsemen. As a matter of fact, it covered the entire army of Pharaoh that had followed the Israelites into the sea. Cover the Egyptians with the sea. Not one of them lived (Exodus 14:26-28).

When the Israelites saw the great power of God, they decided to trust God and his servant Moses. What a great day for God's people! The people learned that when they obeyed God he protected them.

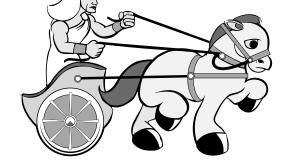
Conclusion

Ask the following questions to review the story:

- Who led God's people out of Egypt? (Moses)
- Why did Pharaoh and his armies follow the Israelites? (They wanted them back as slaves.)
- How did the Israelites feel when they saw the Egyptians chasing after them? (scared)
- What did Moses tell them to do when they were afraid? (trust God)
- What was the name of the sea that blocked the people's way? (the Red Sea)
- What powerful thing did God decide to do to save the Israelites from the Egyptians? (split the Red Sea in half so that the people could go through)
- What did God use to lead his people? (a pillar of cloud and a pillar of fire)

Teacher Tips

- Be sure to "cover the Egyptians with the sea" only for a few seconds, so that the children do not become frightened.
- Make sure that you are very expressive as you tell the story. For example, when talking about crossing the sea, emphasize that it was dry ground, not muddy but DRY! Help the children see and feel God's amazing power. Remember, this really happened!





Heroes of Old Lesson 3

The Way to Obey

The children will play a game in which they will practice obedience.

Scripture Memory Verse:

God said, "I will be with you." Fxodus 3:12

Materials

For the teacher:

- 1 piece of construction paper
- glue
- scissors

Reproducible Pages:

• Page B, 1 copy for the teacher

Preparation

- 1. Cut out the ears from the copy of Reproducible Page B.
- 2. Cut the construction paper into two 3" x 12" strips.
- 3. Glue the strips together end-to-end to make a headband to fit around your head. The headband may be small, but the children will wear it during the game.
- 4. Bend the tabs on the ears at the dots and glue them to the sides of the headband. See Figure A.

Instructions

- 1. Put on your "ears" and have the children stand in a line.
- 2. Explain the rules of the game to them. *In the Bible story today* we are learning that Moses obeyed God. We're going to play a game where we get to obey. Explain to the children that your ears are listening ears and that they help you to listen and obey.
- 3. Choose a child and put the ears on her. Andrea will obey when she hears what I say.
- 4. Give her a simple instruction to carry out, such as giving someone in the group a hug, sharing her snack with the person next to her, or answering a simple question.
- 5. After each child obeys, say: You did just as Moses did. He listened to God, too!

Scripture Memory Activity

Sing the memory verse to the tune of a popular children's song such as "Mary Had a Little Lamb" or "Three Blind Mice."

Conclusion

Ask the children when else they could obey, such as at home, in Bible class, in the car, etc.

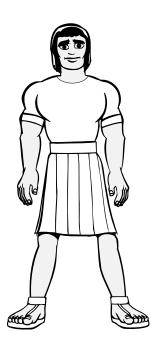
Remind the children that whenever they listen and obey, they are acting as Moses did, and it makes God very happy.

Choose a child to pray and thank God for protecting them.

Our friends need to know that God cares for them very much. He uses their families to protect them and take care of them. Who can you tell about God caring for them?

Teacher Tips

A tune or a rhythm will help the children to remember the Bible verse.

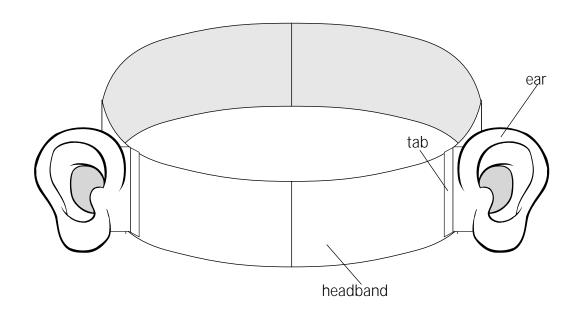




Life

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(Figure A)





Heroes of Old

Crossing Over

This craft will provide a visual representation of the events that took place during the Exodus from Egypt.

Materials

For each child:

- 1 piece of light blue felt, 81/2" x 11"
- 2 cotton balls
- crayons or markers
- glue stick

For the teacher:

- red tissue paper
- scissors
- yarn
- hole punch

Reproducible Pages:

• Page C, 1 copy for each child

Preparation

- 1. Cut out the pictures of Moses and the people, the Red Sea and the scripture text box from the copies of Reproducible Page C.
- 2. Make a "hanger" as shown in Figure A, as follows:
 - A. Punch two holes in the top of each piece of felt.
 - B. Cut a 12" piece of yarn for each child.
 - C. Thread the yarn through the holes in each piece of felt, and then tie the ends together making a hanger. See Figure A.
- 3. Cut the red tissue paper into 5" squares.
- 4. Make a model of the craft following the instructions.

Instructions

- 1. Show the children the completed craft. Point out each object in the craft and ask the children if they know what it is.
- 2. Give the children each a picture of Moses and the people and a picture of the Red Sea. Have them color the pictures.
- 3. Give the children each a piece of felt with the hanger. Have them glue their pictures to the felt. See Figure B.

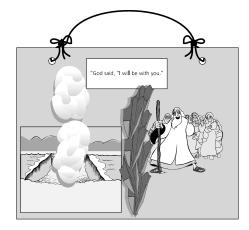
- 4. Have the children make a "pillar of clouds" as follows:
 - A. Give the children two cotton balls.
 - B. Have them pull the cotton balls apart to make them bigger.
 - C. Have the children glue the cotton to the felt making a pillar of clouds.
- 5. Have the children make a "pillar of fire" as follows:
 - A. Give the children each a red tissue paper square.
 - B. Have them crumple the tissue paper.
 - C. Have them glue the tissue paper to the felt making a pillar of fire.
- 6. Give a scripture text box to each child. Have the children glue these to the top of their felt pictures.

Conclusion

While they are finishing their crafts, read the memory verse to them. Discuss that God said that he would be with Moses. He protected Moses and the people from Pharaoh by letting them pass through the Red Sea.

Teacher Tips

- Construction paper can be used in place of felt.
- Be sure that the children understand that the pillar of fire came only at night and the pillar of clouds came only during the day.

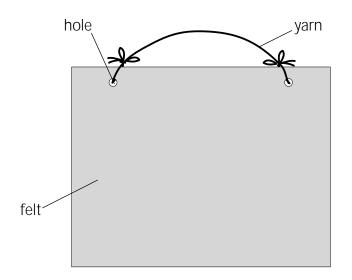


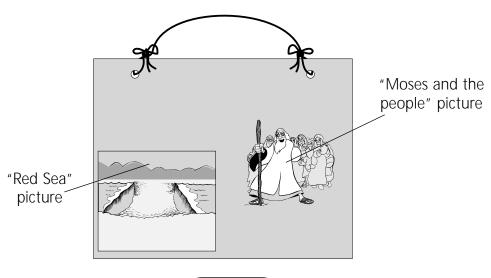






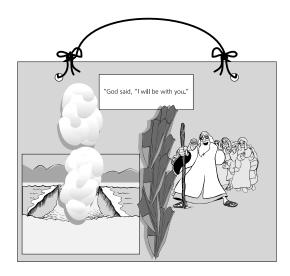






(Figure A)

(Figure B)



(Finished Craft





Heroes of Old

Lesson 3

Lesson Objectives

- The children will thank God for protecting them.
- The children will each choose a friend to talk to about how God protects us.
- The children will list ways they can obey God as Moses obeyed.

Lesson Text

Exodus 13:17-22; 14

Scripture Memory Verse:

God said, "I will be with you."

Exodus 3:12

$\left(\right.$	Lesson Plan
	Greeting and Registration
	Preclass Activities: Sea Worthy
	Welcome and Singing
	Centers:
	Game: Chariot Race
	Craft: Maca-Moses
	Life Application: The Way to Obey
	NOTE: Be sure to allow sufficient time for a snack.



Pre class



Sea Worthy

The children will make the "Red Sea" to remind them of the way that God saved his people.

Materials

For each child:

• glue stick

For the teacher:

- construction paper, different shades of blue
- 2 pieces of banner paper, 5' each

Preparation

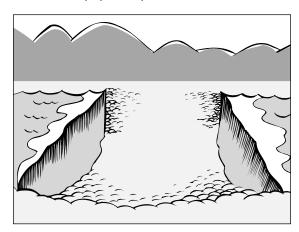
Read through the activity to familiarize yourself with it.

Instructions

- 1. Have the children tear the construction paper into pieces.
- 2. Lay the banner paper on the floor and have the children glue the pieces of paper onto the banner.

Teacher Tips

You may choose to use dishes of white glue to make it easier for the children to work. If so, be sure to put newspaper underneath the banner paper to protect the floor.





Heroes of Old

Lesson 3



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This activity will remind the children about Moses and his escape from Pharaoh.

Materials

For the teacher:

Chariot Race

- poster board
- ruler
- scissors
- tape
- laminate or clear contact paper (optional)
- 1 piece of paper to keep score
- pen

Reproducible Pages:

- Page D, 1 copy for the teacher
- Page E, 1 copy for the teacher

Preparation

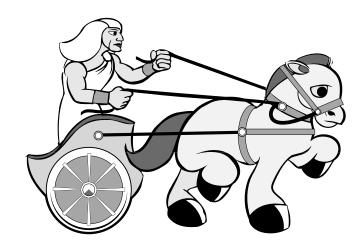
- 1. Cut the poster board into 4" strips. Tape the strips end-to-end to make a 4" x 52" long game strip.
- 2. Make a mark every four inches on the game strip so it looks like a ruler.
- 3. Cut out and color the images from the copy of Reproducible Page D.
- 4. Tape the 'Moses and the people' picture to one end of the game strip.
- 5. Tape the 'chariot and rider' picture to the other end of the game strip.
- 6. Read through the Game Questions from Reproducible Page E, and familiarize yourself with the answers.

Instructions

- 1. Divide the children into two teams and have each team choose a name.
- 2. Show the children the game strip. Explain that Moses and the people are being attacked by the chariot and the rider. We must help save Moses and his people from the chariot!
- 3. Play the game as follows:
 - A. Ask the first group a game question. If they answer the question correctly, they get one point. If they answer the question incorrectly, move the chariot one mark toward Moses.
 - B. Ask the second group a question. If they answer the question correctly, they get one point. If they answer the question incorrectly, move the chariot one mark toward Moses.
 - C. Continue the game until one of the teams gets 5 points or the chariot reaches Moses.

Teacher Tips

- With a younger group of children, have them work together as a single team.
- Laminate the game strip for later use.







Maca-Moses

The children will make a necklace to help them to remember Moses.

Materials

For each child:

- yarn, ribbon or shoe laces
- 10 pieces of macaroni (a wide type of pasta to string through, such as ziti or rigatoni)
- 1 clothespin
- markers
- glue stick

For the teacher:

- masking tape
- felt
- scissors

Reproducible Pages:

Page F, 1 copy for each child

Preparation

- 1. Cut out the Moses pictures from the copies of Reproducible Page F.
- 2. Cut a 30" piece of yarn for each child.
- 3. Make a model of the craft following the instructions.

Instructions

- 1. Give the children each a picture of Moses and have them color them.
- 2. Have the children each glue their Moses pictures onto a clothespin, as shown in Figure A. Note that the head should be glued to the shorter end of the clothespin.
- 3. Give the children each a piece of yarn. Tape one end of the yarn to the table so that when they string the macaroni, it doesn't come off the other end.

- 4. Have the children string their necklaces as follows:
 - A. Give each child ten pieces of the macaroni.
 - B. Have the children thread five pieces of macaroni onto the open end of the yarn.
 - C. Have the children, clip the Moses clothespins onto their yarn.
 - D. Have the children thread their remaining five pieces of macaroni onto the open end of the yarn.
 - E. Help them remove the tape from the other end of the string, and then help them tie the two ends of the yarn together completing the necklace.
- 5. Have the children color their macaroni with markers.

Conclusion

Have each child put their necklace on, and then share one way that Moses obeyed God.

Teacher Tips

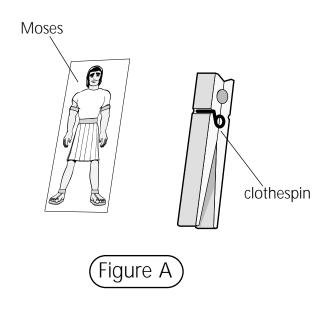
- Place a piece of tape around the end of the yarn to make it easier for the younger children to thread the macaroni.
- The children may want to color the macaroni specific colors to represent things in the Bible story: white for clouds, red for fire and blue for water.





Winter 1

supplement





Finished Craft





The Way to Obey

The children will play a game in which they will practice obedience.

Scripture Memory Verse:

God said, "I will be with you." Fxodus 3:12

Materials

For the teacher:

- 1 piece of construction paper
- glue
- scissors

Reproducible Pages:

Page B, 1 copy for the teacher

Preparation

- 1. Cut out the ears from the copy of Reproducible Page B.
- 2. Cut the construction paper into two 3" x 12" strips.
- 3. Glue the strips together end-to-end to make a headband to fit around vour head.
- 4. Bend the tabs on the ears at the dots and glue them to the sides of the headband. See Figure A.

Instructions

- 1. Put on your "ears" and have the children stand in a line.
- 2. Explain the rules of the game to them. *In the Bible story today* we are learning that Moses obeyed God. We're going to play a game where we get to obey. Explain to the children that your ears are listening ears and that they help you to listen and obey.
- 3. Choose a child and put the ears on her. Andrea will obey when she hears what I say.
- 4. Give her a simple instruction to carry out, such as giving someone in the group a hug, sharing her snack with the person next to her, or answering a simple question.
- 5. After each child obeys, say: You did just as Moses did. He listened to God, too!

Scripture Memory Activity

Sing the memory verse to the tune of a popular children's song such as "Mary Had a Little Lamb" or "Three Blind Mice."

Conclusion

Ask the children when else they could obey, such as at home, in Bible class, in the car, etc.

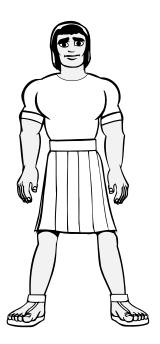
Remind the children that whenever they listen and obey, they are acting as Moses did, and it makes God very happy.

Choose a child to pray and thank God for protecting them.

Our friends need to know that God cares for them very much. He uses their families to protect them and take care of them. Who can you tell about God caring for them?

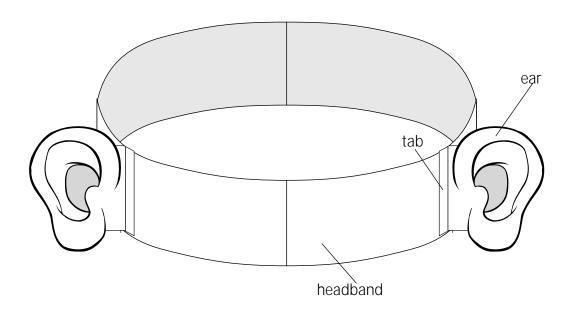
Teacher Tips

A tune or a rhythm will help the children to remember the Bible verse.



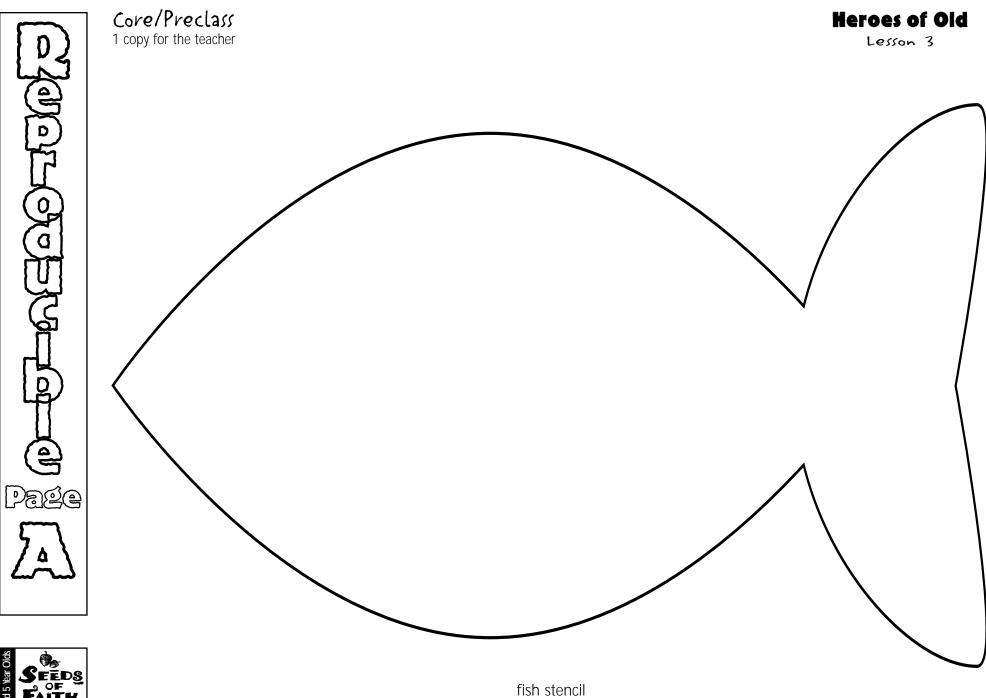


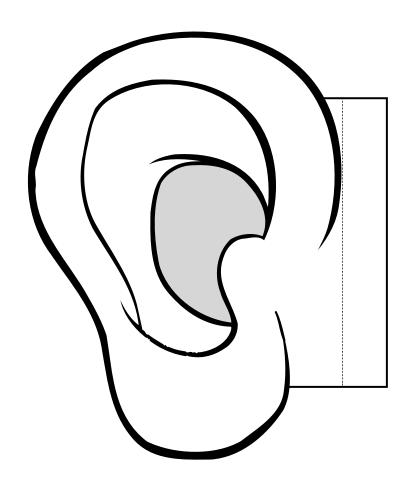
Life APPLICATION

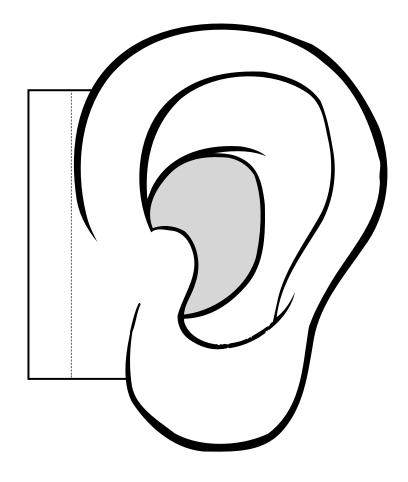


(Figure A)









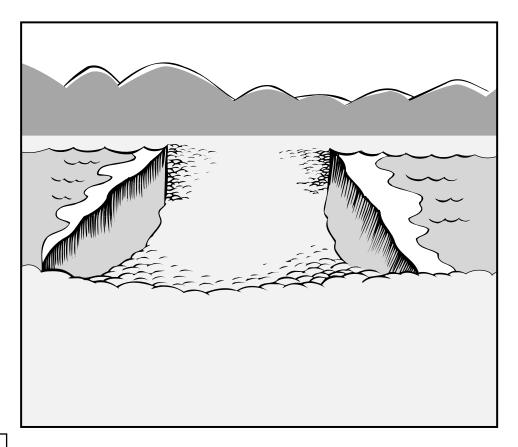


Page

ears



Moses and the people



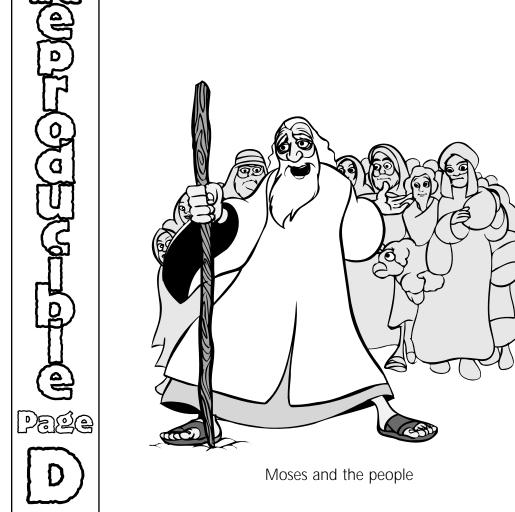
Red Sea

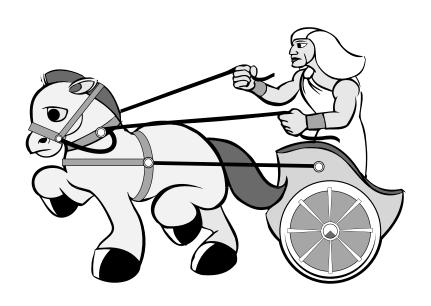
"God said, "I will be with you."



Page

scripture text box





chariot and rider



Core/Game
1 copy for the teacher

Heroes of Old

Lesson 3

Game Questions

- Who did Moses obey? (God)
- What powerful thing did God do for the people to help them get away from the Egyptians? (divided the Red Sea, gave them a pillar of clouds, or pillar of fire)
- Who was chasing Moses and the Israelites? (the chariots or the army or the Egyptians)
- How did the people get across the Red Sea? (they walked on dry ground)
- Were Moses and his people scared? (yes)
- Why did God protect his people? (because he loved them)
- Does God always keep his promises? (yes)
- How did God protect his people? (providing a way across the sea, or providing a way of escape or by being with them in the clouds or fire)
- What was Moses' sister's name? (Miriam)
- How was Moses kept safe as a baby? (he was put in a basket in the river)
- Who found him? (Pharaoh's daughter)
- Who didn't want to let Moses and the people go? (Pharaoh)
- Who was guarding Moses? (Miriam, his mother or God)

- What is the memory verse? (God said, "I will be with you" Exodus 3:12.)
- God talked to Moses from a burning _____? (bush)
- When Moses knew God was talking to him, he took off his
 _______? (shoes or sandals)
- How did Moses feel as God spoke to him through the burning bush? (afraid)
- Were Moses' people happy living in Egypt? (no)
- Who made Moses' people unhappy? (Pharaoh)
- From the burning bush, who did God tell Moses to go and speak with? (Pharaoh)
- How did God guide and protect his people as they were running away from the Egyptians? (a pillar of cloud and a pillar of fire)
- Should we always obey God? (yes)
- Why should we always obey God? (because he loves us or because it makes him happy)
- What was one way that Moses obeyed God? (talked to Pharaoh, took off his shoes, led the people out of Egypt, crossed the Red Sea)





Moses picture

