Heroes of Old Lesson 1

Lesson Objectives

- The children will describe how Moses was kept safe when he was a baby.
- The children will list the people God gives us to protect us.
- The children will discuss ways they can serve and love others in their families.

Lesson Text

Exodus 1-2:10

Scripture Memory Verse

God said, "I will be with you." Exodus 3:12

Lesson Plan

Greeting and Registration

Preclass Activity: Rescue

Welcome and Singing

Centers:

Bible Story: Safe Keeping

Life Application: Our Protectors

Craft: God's Hand

NOTE: Be sure to allow sufficient time for a snack.





Winter 1

class







Moses' Birth

Heroes of Old Lesson 1

Rescue

The children will rescue "baby Moses" and put him safely to bed.

Materials

For the teacher:

- construction paper
- package of large paper clips
- small magnet (available at fabric stores)
- string
- glue or tape
- blue sheet
- a basket
- a small blanket

Reproducible Pages:

Page A, 6 copies for the teacher

Preparation

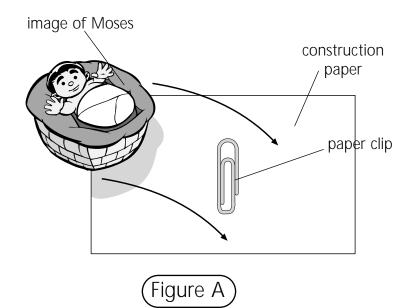
- 1. Cut the string into 4' pieces, one for each child.
- 2. Tape or glue a magnet to one end of each string to make a "fishing line."
- 3. Cut out the baby Moses figures from the copies of Reproducible Page A.
- 4. Cut the construction paper into 3" x 5" pieces.
- 5. Place a paper clip on each piece of construction paper and glue or tape the figure of Moses over the clip and onto the construction paper. See Figure A.

Instructions

- 1. Place the sheet on the floor and tell the children that it is a "river" as they sit down around it. Today you will hear a story about a baby named Moses who was rescued from a river. Show them a figure of baby Moses. This is baby Moses. I'm going to put lots of babies into the river and you will get to rescue them. Let me show you. Show the children how the magnet on the string will pick up a baby.
- 2. Have the children play two at a time. When a child rescues Moses, have him place the baby carefully in the basket, and cover it with the blanket.
- 3. Continue until all of the children have had a turn.

Conclusion

Some of the children in your group may have babies in their families. Ask them to tell the group how to treat a baby: hold it gently, speak to it softly, etc. Emphasize the importance of being gentle with a baby.





Winter 1

Heroes of Old Lesson 1

Safe Keeping

The children will hear the story about the birth of Moses.

Lesson Text

Exodus 1-2:10

Materials

For the teacher:

- baby doll
- basket
- blanket

Preparation

- 1. Wrap the baby in the blanket and place it in the basket.
- 2. Read through the story a few times to become familiar with it.

Moses' Birth

Show the children the baby in the basket. Open your Bible to Exodus 2 and place it in your lap.

Today we are going to learn about a baby that was in a basket just as this baby is. Does anyone know who the baby was? That's right. It was Moses.

A long, long time ago, the Jewish people worked very hard as slaves for people called the Egyptians. The Pharaoh was king of the Egyptians and he did not like the Jews. He thought that there were too many of them. So he told the people that all the Jewish baby boys had to be thrown into the river and killed (Exodus 1:22).

Moses was one of those baby boys who was supposed to be killed. I think that I would be very sad and scared if I was Moses' mother. How would you feel?

(Say this next section very quietly.) But remember, God was taking care of Moses. His mother hid him until he was three months old, and then she became afraid someone would hear the baby cry and the soldiers would find him. So she took a basket and put tar on the outside to keep the water out. Then she wrapped baby Moses in a nice soft blanket, and put him in the basket. She and Moses' sister. Miriam, took Moses and hid him in the bushes and the reeds in the water (Exodus 2:3).

Boy, that must have been hard to do. How many of you have a baby at your house? Wouldn't it be hard to leave that baby floating in

the water? But guess what? The mother didn't leave the baby alone. She left Miriam hiding in the bushes to watch over him. Do you remember who Miriam was? Yes, she was Moses' sister (Exodus 2:4).

Very soon, someone came down to the river to take a bath. It was the Pharaoh's daughter! But she was not like her father. Listen while I read to you what happened. Read Exodus 2:5-7: "Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the river bank. She saw the basket among the reeds and sent her slave girl to get it. She opened it and saw the baby. He was crying, so she felt sorry for him...Then Moses' sister asked Pharaoh's daughter, "Shall I go get one of the Hebrew women to nurse the baby for you?" "Yes, go, she answered."

Who do you think Miriam went to get? That's right! She went to get Moses' Mom!

So Pharaoh's daughter gave Moses to the Hebrew woman. (She didn't know it was Moses' mom.) She told the woman to take care of him. The Bible says that when Moses was older, Pharaoh's daughter took him to live in the palace with her. He lived in the Pharaoh's palace! God had a plan to protect Moses.

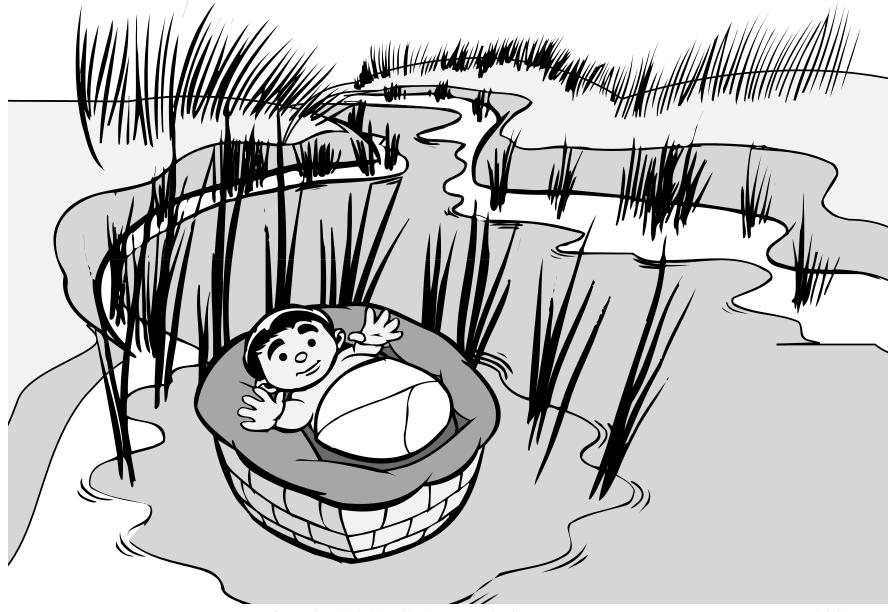
Conclusion

Ask the following questions as a review:

- Who protected Moses and kept him safe? (his mom, sister, God)
- How did God keep Moses safe? (His mom put him in a basket in the river and then the Pharaoh's daughter found him and took care of him.)
- Who protects us and keeps us safe? (our moms, dads, brothers, etc.)
- How can we thank God for protecting us? (help our parents, brothers and sisters)
- How can we be like Miriam and help with our brothers and sisters and friends? (be kind, share, use kind words)









Heroes of Old Lesson 1

Our Protectors

The children will talk about people that God has put in their lives to protect them.

Scripture Memory Verse

God said, "I will be with you." Exodus 3:12

Materials

For the teacher:

- magazines
- construction paper
- scissors
- glue
- 1 paper plate
- 1 craft stick
- marker

Preparation

- 1. Cut out magazine pictures of parents, firemen, police officers, nurses, teachers, crossing guards, babies, small children and older people.
- 2. Glue each picture to a piece of construction paper.
- 3. Divide the pictures into two groups. In group one put the pictures of public servants such as police, teachers and nurses. In group two put the pictures of children, babies and older people.
- 4. Draw a happy face on the plate.
- 5. Glue the craft stick to the paper plate so that it serves as a handle.

Instructions

1. Show the children a picture from group one. Ask the children who is in the picture and discuss the role that God has given that person. For example, if the picture is of a doctor ask the children: Who is this a picture of? That's right, it is a doctor. What does a doctor do? That's right, he helps us when we are sick. Who gives the doctor the job to take care of us? Yes, God does. Continue this with all of the pictures in group one.

- 2. Show the children a picture from group two. What is this a picture of? That's right, it is a baby. Do any of you have a baby at home? God has given you a job with your baby. Do you know what it is? That's right, it's to take care of the baby. To protect the baby and help it grow.
- 3. Talk with the children about each of the pictures in group two. Explain that everyone has the job of helping and caring for the people that God has put in their lives.
- 4. Discuss with the children the fact that it makes God happy when we take care of each other. Help them to see that it is God's plan for his people to get along well and to love each other.

Scripture Memory Activity

- 1. We are going to learn a new verse. God wanted Moses to know that he would protect him always. The verse is: God said, "I will be with you" (Exodus 3:12).
- 2. Have the children repeat the verse with you.
- 3. Show the children the happy face. How do you think God felt about Moses? How did Moses feel about God? That's right, they were happy.
- 4. Pass the happy face around and let each child say the memory verse while holding the happy face.

Conclusion

God wants us to be special helpers to the people around us so that they will learn that he loves them. Who can you be a special helper to this week? (mom, a younger brother or sister, a new friend in the neighborhood) What do you think that you can do to help? (clean your room, make a card, share a toy)

Choose a child to pray and thank God for taking care of them.

Teacher Tips

Make a note for yourself to follow up with the children next week and ask them who they helped, and how they helped them.



Winter 1

A P P L I C A T I O N

Life

God said, "I will be with you."

Exodus 3:12





Heroes of Old Lesson 1

God's Hand

This craft will help the children to visualize how "God's hand" powerfully protected Moses when he was a baby floating in a basket on the river.

Materials

For each child:

· white glue

For the teacher:

- colored poster board
- fabric
- brown construction paper
- straw, shredded paper or Easter grass
- scissors
- ruler

Reproducible Pages:

- Page B, 1 copy for the teacher
- Page C, 1 copy for each child

Preparation

- 1. Cut out the hand stencil from the copy of Reproducible Page B.
- 2. For each child, trace and cut out one hand from the poster board.
- 3. Cut out the baby Moses figures and the scripture text boxes from the copies of Reproducible Page C.
- 4. Make the "baskets" as follows:
 - A. Cut a 5" x 3" rectangle for each child from brown construction paper.
 - B. Measure and cut 1" slits in each of the four corners of the rectangles. See Figure A.
 - C. Bend the sides up and glue them together at each corner. See Figure B.
- 5. Cut a 2" x 1" piece of fabric for each child.
- 6. Make a model of the craft following the instructions.

Instructions

- 1. Show the children the model of the craft. What do you think our craft is about today? Whose hand do you think this is? (God's) Who is this in the basket? (Moses) The Bible says that God protected Moses when he was a baby. Moses was put into a basket and sent floating down the river. Who protected Moses when he was in the basket? That's right! God protected Moses!
- 2. Have the children assemble the baskets as shown in Figure C.
 - A. Give the children each a baby Moses figure and a piece of fabric. Have them glue the fabric onto the figures making "blankets."
 - B. Give the children each a basket and a small bit of straw. Have them glue the straw to the insides of their baskets.
 - C. Have the children glue their Moses figures to the inside of their baskets on top of the straw.
- 3. Give the children each a poster board "hand." Have them glue their baskets to the center of their poster board hands.
- 4. Give the children each a scripture text box and have them glue these onto their poster board hands. See Figure D.

Conclusion

Read the scripture to them. "God said, 'I will be with you'" (Exodus 3:12). God says that he will be with us and protect us. That makes me feel safe. How does it make you feel? Do you feel safe when you are with your family? God gave you a family to protect you and keep you safe. How else do you think that God protects you?

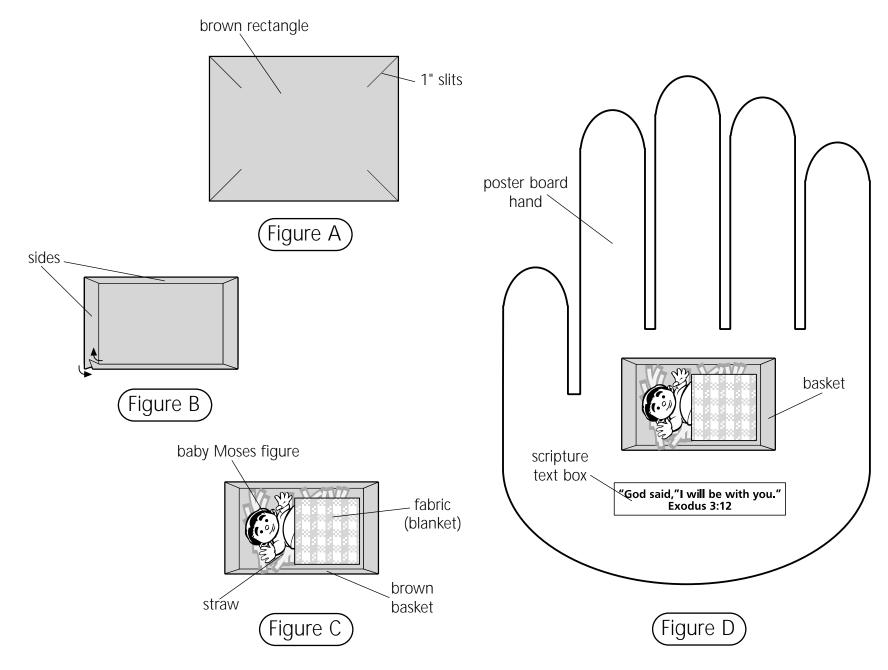




CRAFT

Moses' Birth

Heroes of Old Lesson 1



SEEDS SEEDS FAITH Pre class

Moses' Birth

Heroes of Old

Lesson 1

Lesson Objectives

- The children will describe how Moses was kept safe when he was a baby.
- The children will list the people God gives us to protect us.
- The children will discuss ways they can serve and love others in their families.

Lesson Text

Exodus 1-2:10

Scripture Memory Verse

God said, "I will be with you."

Exodus 3:12

Lesson Plan Greeting and Registration

Preclass Activity: The River

Welcome and Singing

Centers:

Game: Moses in a Basket

Craft: God Protects Us

Life Application: Our Protectors

NOTE: Be sure to allow sufficient time for a snack.

The River

The children will create a toy basket and a mural of the Nile River.

Materials

For each child:

- glue stick
- crayons and markers

For the teacher:

- newsprint
- magazines
- construction paper
- 1 cardboard box (to hold a child)
- 1 rope, 5'

Preparation

- 1. Cut out magazine pictures of things that would be in or near a river: animals, grass, trees, frogs.
- 2. Draw a "river" on the newsprint so that it runs the length of the paper.
- 3. Tie the rope to the box.

Instructions

- 1. Explain to the children that you have drawn a river on the paper. Who remembers the Bible story and what happened to Moses? That's right, he was put in a basket in the river so that he could be protected.
- 2. Have them color the river and glue the magazine pictures onto the paper.

- 3. Have the children color the box to look like a basket. Ask them, What do you think a basket is made of? That's right, reeds. Let's color this box to look like a basket.
- 4. Save the river mural and basket for use in the Game center.

Teacher Tips

If you cannot find a large box, substitute a smaller box with a doll instead.

Heroes of Old

Lesson 1



Moses in a Basket

The children will take turns pretending to be the baby Moses floating down the river in a basket.

Materials

For the teacher:

- river mural and basket and the small blanket from the Preclass Activity
- masking tape

Preparation

- 1. Tape the river mural to the wall in your area.
- 2. Place the blanket inside the basket.







Instructions

- 1. Place the box in front of the mural.
- 2. Who was in a basket in the river in the Bible story? Yes, Moses. Why was he in the basket? That's right, God was protecting him from the Pharaoh. Who put him in the basket? Yes, his mother. Who found him and took care of him? Yes, Pharaoh's daughter.
- 3. Sing "Moses in a Basket" from the Unit 4 Song Sheet.
- 4. Pick a child and have the child sit in the box and pretend to be Moses.
- 5. Using the rope on the box, pull the child "down the river."
- 6. Have the children take turns being Moses. As each child takes a turn, sing the first verse of "Moses in a Basket." Substitute the child's name for Moses' name while you sing.

Conclusion

Discuss with the children how Moses may have felt being in the basket or how Moses' mother felt putting him in the basket. (She must have believed that God would take care of her baby, Moses.)

Teacher Tips

IMPORTANT: Do not let the children pull each other around during this activity.



God Protects Us

The children will create a sculpture that illustrates how God puts people in their lives to protect them.

Materials

For each child:

- 1 pipe cleaner
- 1 clear plastic cup, 10 oz. or larger
- tape

For the teacher:

- cardboard
- 1 paper plate
- white glue

Reproducible Pages:

Page D, 1 copy for each child

Preparation

- 1. Twist the pipe cleaner into the shape of a person. Make one pipe cleaner figure for each child. See Figure A.
- 2. Cut a 4" x 4" square of cardboard for each child.
- 3. Poke two small holes in the bottom of each cardboard square. The holes should be large enough to fit the feet of the pipe cleaner figure.
- 4. Cut out the paper figures from the copies of Reproducible Page D.
- 5. Make a model of the craft following the instructions.
- 6. Just before class begins, pour some white glue onto a paper plate.

Instructions

- 1. Show the children the model of the craft. Point out the different figures: the teacher, doctor and police officer. Explain to them that God uses these people to protect them.
- 2. Give the children each a pipe cleaner figure and a cardboard square. Have them insert the figure's feet through the holes in the cardboard.

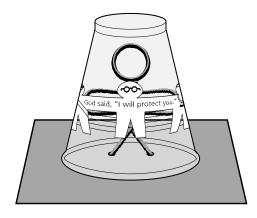
- 3. Have them bend up the figure's feet as shown in Figure B. Have them tape the feet to the cardboard to keep the figure in place.
- 4. Give the children each a plastic cup and have them place it upside down on the work area.
- 5. Give the children their paper figures and have them glue these around the cup. See Figure C.
- 6. Have each child dip the top of the cup into the glue to coat the rim of the cup, as shown in Figure D.
- 7. Have each child glue the cup over the pipe cleaner figure to the cardboard square. See Figure E.

Conclusion

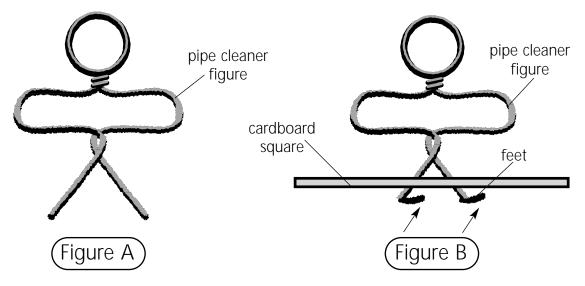
Pointing to the model, explain how God places people all around us to protect us. Discuss the people that God gives us to protects us. Talk about how we need to treat and respect these people.

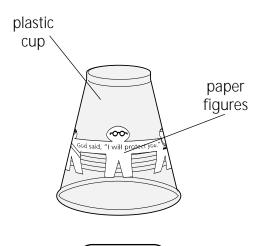
Teacher Tips

- The craft will take a while to dry. Place them in an area where they won't be disturbed.
- Remind the children to be careful when they take the craft home. The cup will easily come off the cardboard square if they are not gentle with it.

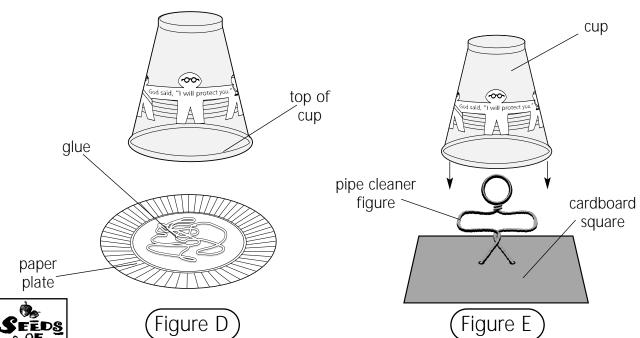


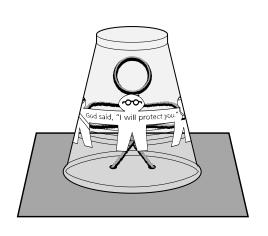






(Figure C)





(Finished Craft)

Heroes of Old

Lesson 1

Our Protectors

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Scripture Memory Verse

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Materials

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- construction paper
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- marker

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Conclusion

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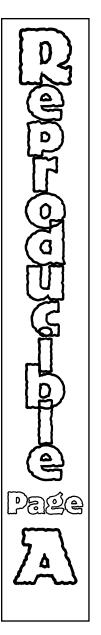
Choose a child to pray and thank God for taking care of them.

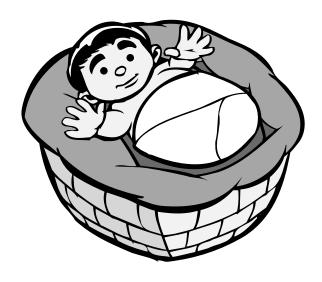
Teacher Tips

Make a note for yourself to follow up with the children next week and ask them who they helped, and how they helped them.

God said, "I will be with you." Exodus 3:12





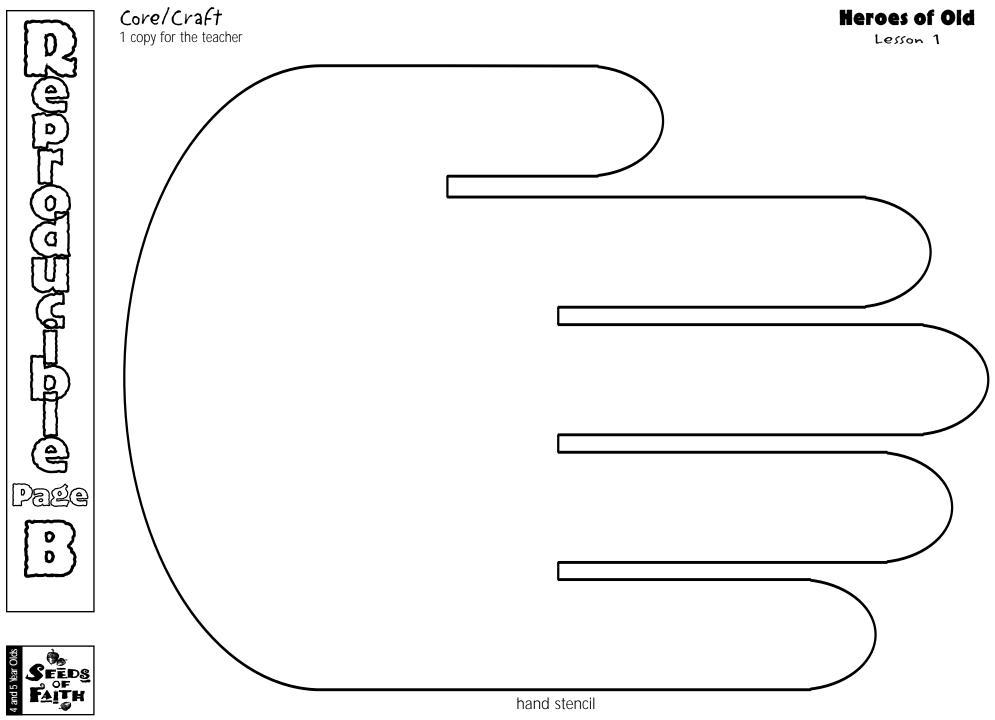


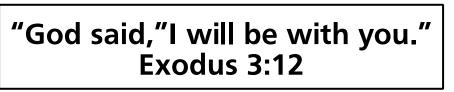




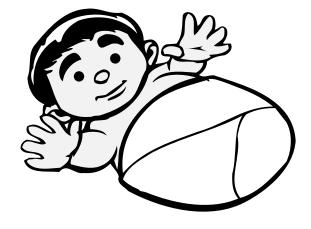
baby Moses figure







scripture text box



baby Moses figure



